



ROCKY RIDGE ROYAL OAK

VIEW

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Suburban Journal



Happy
Halloween

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Councillor Report

Community and Residents Associations

Rocky Ridge Royal Oak Community Association

403-879-2820 • communications@rrroca.org • www.rrroca.org

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW
Calgary, AB T3G 4G1
403-547-6633 • officeadmin@rrrha.ca • www.rrrha.ca

Royal Oak Estates Homeowners Association

info@roeha.ca • www.roeha.ca

The Cascades in Royal Oak Residents Association

Email: contact@cascadesroyaloak.com
Website: cascadesroyaloak.com

Elected Officials

Ward 1 Councillor: Sonya Sharp
403-268-2430
ward1@calgary.ca

MLA: Rajan Sawhney
403-297-7104
calgary.northwest@assembly.ab.ca

MP: Pat Kelly, Calgary Rocky Ridge
403-282-7980
pat.kelly@parl.gc.ca

Editor & Article Submissionseditor@suburbanjournals.ca
Submission deadlines for this monthly publication are the 10th of the month, prior to the distribution month.

Advertising Sales:

Phil: 403-660-7324phil@suburbanjournals.ca
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Silver Springs, Tuscany, Valley Ridge, Varsity in the NW;
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Hello Ward 1! I'm wishing you and your families a Happy Thanksgiving, and looking a little further ahead this month, a happy Halloween, too!

Halloween Safety

A reminder to take extra care this Halloween whether you're out trick-or-treating, on our roads, or expecting trick-or-treaters at your home. The City of Calgary has important safety tips for everyone to have a safe and spooky Halloween at calgary.ca/halloweensafety.

Bowness Wading Pool Update

Construction is expected to begin this fall and continue throughout the winter to repair the wading pool in Bowness Park. The project should be completed in the spring and the pool is expected to resume normal operations for Summer 2024.

Ward 1 Website

The Ward 1 Office has been working hard over the last several months adding additional content to the Ward 1 website. You can find information on how to report issues or share your feedback on various City topics, progress updates on ongoing issues and projects in Ward 1, and more information on important Council votes. Check it out at calgary.ca/ward1.

2023 Budget Adjustments

Next month, Council will debate adjustments to the municipal budget for the coming year. It's my priority to keep taxes as low as possible while ensuring you continue to have all of the services you rely on. I'm interested in hearing your feedback on what we need to prioritize most. Visit calgary.ca/ward1 to get in touch.

Fair Entry

The City of Calgary offers assistance with a number of programs and services for individuals and families with lower incomes. The Fair Entry program allows eligible Calgarians to submit one application for all qualifying programs, including Transit passes, recreation fee assistance, senior services home maintenance, and more. Apply in-person, online at calgary.ca/fairentry, or by calling 311.

Sonya Sharp, Councillor, Ward 1

Volunteer Corner

Volunteer from Home

Volunteers are always important to RRROCA as we work to make Royal Oak & Rocky Ridge an even better community. Thankfully, most of the work required can be done from your home. So if you are interested in living in a great community, and can spare a few hours in a month, please consider volunteering for RRROCA!

In addition to making an impact, you will certainly learn new skills, gain valuable volunteer experience and meet more neighbours. Please email volunteer@rrroca.org if you are interested in the following positions or have any questions about volunteering with RRROCA. Please check out our website at www.rrroca.org for all volunteer opportunities.



Programs Chair(s), and Lead(s) [CRITICAL]

The Programs team provides opportunities for the communities' diverse residents to participate in various programming and activities. The team will develop, implement and evaluate programs and activities in the community, coordinate and oversee the annual spring youth sports program (i.e. soccer, tball), and look for opportunities to expand programming (learn to skate, basketball, field hockey, etc). Planning for 2022 spring sports needs to begin immediately, if you believe you can assist, please reach out ASAP.

Time Commitment: Minimum 10 hours/month, will vary based on scheduled programming

Sponsorship Chair

This role works to help establish connections and fosters relationships with businesses and organizations in the community. By developing sponsorship opportunities that support Community Association events, programming and initiatives, and searching out partners in the community to fund or support these, the Sponsorship Chair is integral in providing services to residents, and connecting businesses to residents.

Time commitment: 10-20 hours/month

Membership Chair

The Membership Chair promotes, encourages and sees to administration tasks associated with managing the members of the Community Association. The Chair also explores and works with other committees to implement opportunities of benefits for membership.

Time commitment: Approx 10 hours a month

Safety & Security Chair

The Safety & Security Chair educates and liaises with the community to reduce crime, promote awareness of safety-oriented initiatives, helps to identify needs of the community and work to solve or educate residents in order to encourage behaviours to ensure safety and security. Time commitment: 8-10 hours a month

Events Lead

With direction from the Events Chair, an Event Lead helps to execute specific events, from the planning stage to the wrap up.

Time commitment: Approximately 2-5 hours/month (not including event attendance)

Did You Know?

Volunteering for RRROCA as a Board or a Committee member will:

1. gain valuable volunteering experience and essential work skills;
2. know the first-hand community news;
3. get the RRROCA membership (\$30) or one sport registration for free (~\$50 or \$65) annually;
4. the most important: help us to build a thriving community

DID YOU KNOW?

RRROCA has partnered with local businesses to bring product/services discounts to their members.

The list continues to grow. Check out current discounts here:

https://rrroca.org/en/businesses_discount/



École Tuscany School

Hello to our families in Tuscany, Rocky Ridge and Royal Oak. The leaves are starting to turn and there is that familiar chill to the morning air, fall is here and with it a lot of our favorite things!

Thanks to the Social Committee for the giant welcome lawn sign on the first day of school. We also welcomed our kindergarten families with a sweet photo booth for the kids and some sweet treats for the parents. The Teacher Appreciation Committee has been busy welcoming our fabulous teachers back to school and we can't wait to see what they have in store for the teachers in the coming months.

We kick-started our school's first fundraiser this year with the very popular and scrumptiously delicious apple fundraiser - perfect for fall snacks, pies and yummy candy apples! It was a tremendous success again this year, thank-you to everyone who supported our students by ordering. Apple pick-up will be Thursday October 5th, please watch your email for the specific pick-up time and location. If you can not pick up your apples during the specified date and time, please email Laura or Sasha at tuscanyfundraisingchair@gmail.com. Any apples not picked up will be donated to the Calgary Food Bank.

Tuscany School Council is pleased to announce that Kiss 'n Drop is returning in October! If you need to use this service, please adhere to all protocols by remaining in your vehicle and allowing the volunteers to assist your child to exit your vehicle. Please ensure your child enters and exits your vehicle from the curb side of your car, and not into the active traffic lane. If the Kiss and Drop area is full, please do not double park as this is meant to be an active loading/unloading zone in the morning and afternoon. As always, the Kiss 'n Drop team are always looking for volunteers to help out. If this is something you could assist with, please email tuscanykissndrop@gmail.com for further details.

Our Fun Lunch and Kinder Snack Days are also starting in October. We kick off this year with our first Fun Lunch (Papa John's) - (Grades 1-5) and Kinder Snack Day on Thursday October 19th. Please log into www.healthyhunger.ca (Grade 1-5 students) and submit your orders the Friday before to ensure your child can participate. Don't forget to wear your Spirit Wear! A big thank you to our fabulous volunteers who make these Fun Lunch and FUNdraiser Treat days possible for our kids.

We are so excited to bring back our super fun Hallowe'en dance party this year! It will be held in the school gym later in October! We look forward to seeing everyone dressed

up and ready to have some Hallowe'en fun! More details will be sent to parents via email shortly. In addition, École Tuscany School will continue with their outdoor Annual Pumpkin Patch Festival, and we look forward to showcasing everyone's creativity and efforts.

A few other important dates coming up in October include:

- Thanksgiving Monday October 9th – No School
- Non instructional Day Friday October 20th – No School

Our next council meeting of the 2023-24 school year will be held on Thursday, October 12th, at 6:30 p.m. at the school and online. We look forward to seeing everyone in person! Please check out our website at www.tuscanycouncil.ca for up-to-date info, and follow us on social media Facebook www.facebook.com/tuscanycouncil; Instagram [@tuscanycouncil](https://www.instagram.com/tuscanycouncil) and twitter [@TuscanyCouncil](https://twitter.com/TuscanyCouncil) for reminders and photos of our adventures together. If you have any questions about becoming involved with the School Council or volunteering for a committee, please email tuscanycouncilchair@gmail.com. You can also follow Tuscany school on Twitter [@Tuscany_cbe](https://twitter.com/Tuscany_cbe).

Wishing everyone a Happy Thanksgiving and a safe and wonderful Hallowe'en season!



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Do You Have Your RRROCA Membership?

In addition to the benefits listed below, 100% of membership fees go directly into program and resources funding, and future facilities development. The greater our membership base, the more funds we will have for projects, programs, and initiatives! We need your help with funds to continue dealing with municipal and provincial issues that affect your daily life.



Please visit our membership page at rrroca.org to sign up for a membership, or email membership@rrroca.org if you have any questions.

Benefits of RRROCA Membership

Here are some of the current benefits of RRROCA membership, please visit our website regularly for updates.

- Access to RRROCA's Babysitter Registry
- Register for community events and programs such as spring sports programs for children, parade of garage sales, etc. winning one of ten \$100 to hold block parties on Neighbour Day, etc.
- Borrow materials for hosting your own block party
- Purchase discounted tickets or enter draws as available annually
- Receive free pancake breakfast at annual Stampede Breakfast event
- Provide recreational insurance at Sports Program offered by RRROCA
- Accepted by Calgary West Soccer for their program registration
- Receive product and services discounts at participating local businesses (Membership Perks). Visit our website at www.rrroca.org to review the active offerings. **

We are continuously working to expand our Membership Perks Program. If you are a business owner who would like to provide product and/or services discounts to RRROCA members, please contact our membership team at membership@rrroca.org.

RRROCA Membership Registration

One Membership per household; valid January 1 to December 31 annually.

\$30 New membership Membership Renewal

Your personal information will be used for Association purposes only and will never be given to third parties.

Last Name: _____

First Name: _____

Address: _____

Postal Code: _____ Phone #: _____

Email*: _____

* Please note e-mail is used to communicate your membership number. If you choose "No" for updates below, the e-mail will be on file but won't be included in our news mailing list.

Would you like RRROCA news and updates by email? Yes No

Send form and cheque to: **RRROCA Membership**
P.O. Box 91009, RPO Royal Oak
Calgary, AB T3G 5W6

Important Phone Numbers

If you require emergency supports to meet basic needs, Income support is available 24-7.

- Income Support Contact Centre: 1-866-644-5135

For anyone facing family violence, bullying or abuse, the following resources are available 24 hours a day, seven days a week, in more than 170 languages:

- Family Violence Info Line: 310-1818
- Child Abuse Hotline: 1-800-387-KIDS (5437)
- Bullying Helpline: 1-888-456-2323

Help is also available 24-7 for anyone dealing with mental health challenges.

- Mental Health Helpline: 1-877-303-2642

You can also contact the Alberta Supports Contact Centre at 1-877-644-9992 (toll free) for information regarding AISH, Child Care Subsidy, Disability Supports, Financial Supports, Health Benefits, Career Information, Seniors Benefits, Public Guardian/Trustee.



Child Writers Wanted!

Do you have a child or teen at home who enjoys writing? Would they like to share this passion in the community newsletter? Perhaps a teen who is studying journalism, or simply loves to write in general. Did you know that RRROCA has a number of teens volunteering within our committees today? It is such a great experience for all involved and we'd love to get more youth engaged. If this is something of interest for your child, please reach out to the Communications team at communications@rrroca.org.



Want to receive emails about any volunteer opportunities for the community association?

Please email
volunteerlead@rrroca.org
to sign up.

Did You Know... These Facts About October

- The birthstones are the Tourmaline and the Opal.
- The birth flowers for October is the Calendula
- The two zodiac signs in October are Libra (September 23 - October 22) and Scorpio (October 23 - November 21).
- October was named after *octo*, Latin for “eight”, when the original Roman calendar started in March, so October was the eighth month.
- The Anglo-Saxons called the month Wintirfylith because it was the first full moon of the winter season.



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ROCKY RIDGE RANCH

HOMEOWNERS ASSOCIATION

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW

Calgary, AB T3G 4G1

Phone: 403-547-6633 Fax: 403-547-6634

www.rrrha.ca info@rrrha.ca

Office Hours

Updates to office hours are available online.

ROCKY RIDGE RANCH HOMEOWNERS ASSOCIATION

Zumba Classes

Every Wednesday join our weekly Zumba Class.

- Member: \$15.00 per class, Non- members \$17.00 per class, If you pay in advance for the month (\$55.00).
- Drop-In Fee \$17.00 To register please call Thais at 403-837-0003 or send an email to: zeuchthais@gmail.com

Spanish Classes on Mondays

Mondays from 5:30 p.m. to 6:30 p.m., once a week for one hour, learn a new language and have fun.

Park Passes: Royal Oak & Rocky Ridge

Park passes to Rocky Ridge & Royal Oak homeowners who are ineligible to access the Ranch due to being unencumbered HOA members. We still have some memberships left for \$300.00 each. The membership will expire 12 months from purchase. This will give you access to the splash park, tennis court & playground during the summer as well as skating in our pond during the winter. For more information and to sign up please come to the office and see Erika.

DID YOU KNOW??

Only male turkeys, called toms, gobble. Females, called hens, cackle.



ROCKY RIDGE
HOMEOWNERS
ASSOCIATION PRESENTS

HOLIDAY MARKET

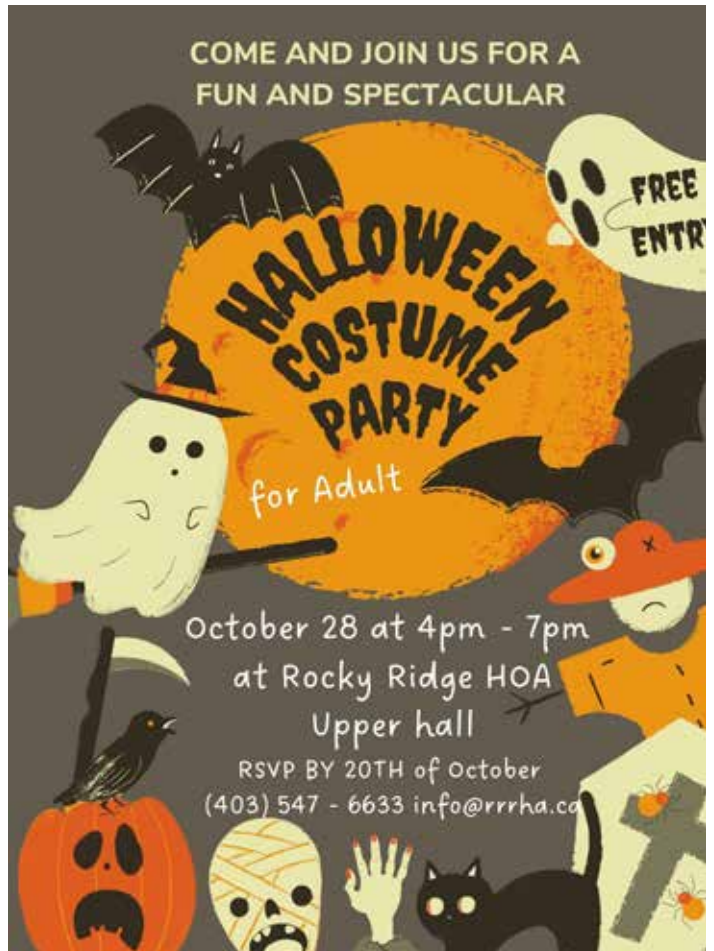
AN EVENT FOR THE ENTIRE FAMILY TO ENJOY!

FREE ENTRANCE & PARKING

Local vendors and handmade goods.

NOVEMBER 25, 2023 - 10AM - 3PM

10709 Rocky Ridge Blvd., Calgary AB T3G 4M1
403-547-6633 / info@rrrha.ca



COME AND JOIN US FOR A
FUN AND SPECTACULAR

HALLOWEEN COSTUME PARTY

for Adult

October 28 at 4pm - 7pm

at Rocky Ridge HOA

Upper hall

RSVP BY 20TH of October
(403) 547 - 6633 info@rrrha.ca



Halloween Party for kids
FREE ENTRY

SCAVENGER HUNT
(WEATHER PERMITTING)

OCT 28 AT ROCKY RIDGE HOA
10709 ROCKY RIDGE BLVD. N.W.
1 PM - 3PM

RSVP BY 20TH of October at
(403) 547 - 6633 info@rrrha.ca

Halloween Trick-or-Treating Tips

Halloween can be a fun and exciting event for kids (and adults). Follow along below for some informative tips to increase safety on October 31.

Trick-or-Treating Tips:

Residents:

- Turn on outdoor lights and replace burnt-out bulbs.
- Clear a path from the road to your front door and remove any potential obstacles or tripping hazards.
- Keep your pets safe. Confine animals indoors away from the unfamiliar (and spooky) guests at the front door.
- Beware of potential food allergies; consider alternative goodies.
- If you're driving, be cautious of Goblins, Ghouls and Ghosts out and about in your neighbourhood.

Parents:

- Costumes should be short enough to avoid tripping.
- Having your child wear light-coloured clothing or reflective tape will help them be better seen by drivers.
- Create an easy-to-follow route with your children and teenagers.
- Travel in groups of three or four. Young children should be accompanied by a responsible adult.
- Practice crosswalk safety. Make your way up one side of the street and cross to the other side looking both ways; don't crisscross back and forth.
- Double-check your child's goodie bags to ensure everything is safe to eat.

For more resources, check out the Federation of Calgary Communities website (www.calgarycommunities.com)

*A message from the
Federation of Calgary Communities*



Did You Know... These Facts About Thanksgiving

- After the Wampanoag Indians taught the pilgrims how to cultivate the land in 1621, the pilgrims leader Governor William Bradford invited the Indians for a three-day Thanksgiving feast.
- The biggest turkey according to the Guinness book of world records was 86 lbs.
- At maturity, turkey's have approximately 3,500 feathers.
- The average weight of a turkey purchased at Thanksgiving is 15 pounds.
- 46 million turkeys are eaten each Thanksgiving, compared to 22 million on Christmas and 19 million turkeys on Easter.



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In Our City

Changes to Green Cart Collection This Fall: What You Need to Know

Starting in November, green cart collection will be once every other week, resuming weekly in the spring. Here's what you need to know:

Fill Your Green Cart First: Leaves, branches, grass, and plants can go directly inside the green cart. If it's full, use paper yard waste bags for extra waste.

Extra Yard Waste Bags: Place them at least 0.5 meters (2 feet) away from your cart. Roll the tops closed to prevent spills, and make sure you can lift the bag with one hand.

No Plastic Bags: They are not allowed in your green cart.

Do You Have Too Much Yard Waste?

You can drop off yard waste free of charge at any landfill from Friday, September 22, 2023, to Saturday, November 4, 2023.

Check your schedule at calgary.ca/collection and sign up for reminders.

Visit calgary.ca/waste/drop-off/yard-waste for more information and make your yard clean-up a breeze!

City of Calgary, Waste & Recycling Services



The North American Porcupine

Thirty-thousand quills have given the North American Porcupine a bit of a prickly reputation, but this slow-moving rodent is generally a gentle herbivore, and it also plays an important role in forest ecosystems.

A porcupine's feeding habits create opportunity in the ecosystem. They are messy eaters, often dropping buds and branches at the base of their "favourite feeding tree" making an offering to white-tailed deer, hares and other hungry herbivores in the winter months.

As this favourite feeding tree decomposes, it opens canopy space, letting sunlight reach the understory and allowing for new plants and seedlings to grow. This tree also becomes a snag, or "wildlife tree". This is a feeding ground for insectivores (like woodpeckers and salamanders), a home for primary and secondary cavity nesters (such as squirrels, woodpeckers, and owls) and provides perches for large raptors like the bald eagle.

Like all rodents, porcupines have ever-growing incisors (this is called open-rooted dentition). This allows them to chew through bark and wood. Porcupines often crave salt, which is why they sometimes chew on the painted wood of a house or shed.



It is a common misconception that porcupines shoot their quills. Porcupine quills are largely located on their back (the rosette) and tail and held in place by a spring-like mechanism. The quills are released by the inward pressure of a predator's touch.

Porcupine quills are hollow, helping them float and swim. This allows porcupines to forage in ponds and lakes where they will eat aquatic plants like sedges. The hollow air tubes also help insulate porcupines in the winter!

Porcupines give warnings to other creatures to stay away: they have aposematic colouring like a skunk, with the white patch of quills contrasting the darker surrounding hair. The quills in the rosette are coated in an oil that releases a repellent odour. They will also chatter their teeth.

One final fun porcupine fact—did you know baby porcupines are called porcupettes? Isn't that adorable?

Please keep pets on leash while walking in grassy areas, especially during the evening hours and keep an eye out for these slow-moving nocturnal herbivores when driving!

Found injured or orphaned wildlife? Please call Calgary Wildlife at 403-214-1312.

Calgary Wildlife



The Calgary Zoo: Past and Present

It's autumn – fall colours are out and days are noticeably shorter. Before the snow falls, it's time to visit the Calgary Zoo!

The Zoo is located on St. George's Island. In 1887, the Bow River islands were leased for development as parks. A ferry serviced them from 1891 until St. George's Zoo Bridge was constructed in 1908.

An animal park popped up in 1917, which became the Calgary Zoo in 1929. Dr. Omer Patrick from Ontario practiced medicine in Michigan before arriving in Calgary to develop Drumheller's coal fields. He took an interest in the city's beautification and natural spaces and was the founding president of the Calgary Zoological Society, until 1944.

An early addition to the Zoo was "Dinosaur Gardens". Lars Willumsen (president of the Zoological Society, 1959 – 1965) suggested it to Dr. Patrick after visiting a dinosaur park in Hamburg, Germany. Work on Calgary's Natural History Park began in 1935. German sculptor Dr. Charlie Beil designed the first dinosaurs, with Finnish engineer Aarne Koskelainen and Finnish sculptor John Kanerva constructing them.

The only survivor of these 56 pieces is Dinny the Dinosaur. In 1983, Prehistoric Park was created north across the river to make room for more animal enclosures. The original concrete figures were too costly to move during the recession. They were destroyed and replaced with fibreglass ones. To preserve the 110 tonne Dinny, it was designated a provincial historical



John Kanerva, 1956 (Libraries and Cultural Resources Digital Collections, University of Calgary)

resource in 1987 and recently underwent repairs thanks to donations from Calgarians.

Part of Calgary's conservation heritage is the Zoo's work. The Calgary Zoo is the oldest registered charity in Alberta (since 1967). It was among the first in Canada accredited by three zoo associations, who provide support for animal care, conservation, and environmental education. In 2013, the Association of Zoos and Aquariums wrote, "the Calgary Zoo sets itself apart as one of the top zoos in the world".

The Zoo continues its conservation work as part of the Wilder Institute and is a prime destination for enjoyment and education. A favourite is ZOO LIGHTS, a holiday tradition for many that celebrated its 25th anniversary in 2021.

**Anthony Imbrogno is a volunteer with
The Calgary Heritage Initiative Society**

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To discover more about Calgary's heritage, visit:

HERITAGE *inspires* **YYC.org**



Alberta Hotel under construction, Calgary, Alberta., 1888-12-20, (CU1127189) by Ross, Alexander J. Courtesy of Libraries and Cultural Resources Digital Collections, University of Calgary.



Dinny, from St. George's Zoo Bridge, 2023 (Anthony Imbrogno)



Dinosaur at St. Georges Island Natural History Park, 1940-1945 (Libraries and Cultural Resources Digital Collections, University of Calgary)

Flame-Proof Your Kitchen: Fire Prevention Week Puts Safety on the Front Burner!

As autumn begins to set in and the cozy scent of comfort foods fills the air, we're reminded of the joys of cooking in our kitchens. With the joy of cooking, it's essential to remember our responsibility for fire safety.

This year, from October 8 - 14, the Calgary Fire Department (CFD) is proud to observe Fire Prevention Week with the theme, "Cooking safety starts with you. Pay attention to fire prevention."

Cooking-related incidents are the leading cause of indoor fires and injuries in Calgary. The CFD urges everyone to prioritize safety in the kitchen.

Never leave cooking unattended and set a timer to remind yourself. If you must leave the kitchen, turn off the burners.

Turn pot handles away from the stove's edge. Keep a lid and oven mitt nearby to smother small grease fires.

Maintain a one-meter "kid- and pet-free zone" around cooking areas. This includes tripping hazards such as toys.

Additional tips and reminders:

- Keep flammable items away from the stovetop.
- Educate children about hot objects to prevent scalding injuries.
- Grill outdoors, away from structures, with a one-metre safety zone for children and pets.
- Use microwave ovens safely; avoid extension cords and open food cautiously.
- Avoid cooking when tired or after consuming alcohol or medication.

Follow these tips to keep your homes and loved ones safe. Together, we can ensure our kitchens remain places of joy and comfort, free from the risk of fires.

For more information, visit calgary.ca/firepreventionweek or call 3-1-1.

City of Calgary

Tips for Preparing Your Home and Limit the Impact of Emergencies

Don't wait until it's too late! Emergencies can happen anytime, anywhere. Before a disaster, you can take various actions to minimize your home's potential risk of damage and help reduce the stress of an emergency. Steps you can take to prepare your home for when an emergency event occurs include:



- Create an emergency action plan for your household, including a home escape plan.
- Ensure working smoke alarms and carbon monoxide alarms are on every level of your home.
- Know how to turn off utilities. This includes the power, and water supplied to your home.
- If applicable, know how to check sump pumps and backflow valves in your home to ensure they are working.
- Know what to do if you suspect a gas leak in your home and who to call.
- Ensure there is proper drainage around your home to help reduce the possibility of flooding.
- Secure items around your property, such as bikes, patio furniture, and potted plants.
- Keep your roof and downspouts clean and free of debris. Check for loose shingles regularly.
- Having adequate insurance coverage can help you recover as quickly as possible. Reach out to your insurance representatives for any questions related to your insurance.

The Calgary Emergency Management Agency's Prepare Your Home video series provides helpful tips to prepare and protect your home and family in the event of an emergency. The videos are available in multiple languages, including American Sign Language.

To learn more about disaster risks and ways to prepare, visit Calgary.ca/getready

City of Calgary