



ROCKY RIDGE ROYAL OAK

VIEW

Your Community Newsletter since 2005

Suburban Journal

Back to
School



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Councillor Report

Community and Residents Associations

Rocky Ridge Royal Oak Community Association

403-879-2820 • communications@rrroca.org • www.rrroca.org

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW
Calgary, AB T3G 4G1
403-547-6633 • officeadmin@rrrha.ca • www.rrrha.ca

Royal Oak Estates Homeowners Association

info@roeoha.ca • www.roeoha.ca

The Cascades in Royal Oak Residents Association

Email: contact@cascadesroyaloak.com
Website: cascadesroyaloak.com

Elected Officials

Ward 1 Councillor: Sonya Sharp
403-268-2430
ward1@calgary.ca

MLA: Rajan Sawhney **MP:** Pat Kelly, Calgary Rocky Ridge
403-297-7104 403-282-7980
calgary.northwest@assembly.ab.ca pat.kelly@parl.gc.ca

Editor & Article Submissionseditor@suburbanjournals.ca
Submission deadlines for this monthly publication are the 10th of the month, prior to the distribution month.

Advertising Sales:

Phil: 403-660-7324phil@suburbanjournals.ca
The ad booking deadline is the 14th of the month prior to the distribution month.

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Silver Springs, Tuscany, Valley Ridge, Varsity in the NW;
Skyview Ranch (including Redstone) in the NE

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Hello Ward 1! It's hard to believe summer is winding down already. While kids are back in school and Council is back in session, I hope we still have some warmer days ahead!

Calgary Transit service updates

Four times a year, Calgary Transit reviews services levels, schedules, and routes. This September, there are several changes affecting Ward 1 including Bowness and service to Bowness High School. Visit calgarytransit.com/serviceupdates for details.

Housing and Affordability Task Force

Later this month, the Community Development Committee will receive the recommendations of the Housing and Affordability Task Force, including a chance to hear public comments. I still welcome your feedback on the proposed recommendations. You can learn more at calgary.ca/housing.

Valley Ridge pathway

Unfortunately, early summer storms again washed out the multi-use pathway connecting Valley Ridge to Bowness Park. At the time of writing, the timeline for a repair remains unclear. My office is working with City Administration and the province to get this fixed as quickly as possible. Visit calgary.ca/pathwayclosures for a map of temporary pathway closures around the city.

9 PM routine

The Ward 1 Office and the Calgary Police Service remind Calgarians of the importance of maintaining safe and secure practices for your home and vehicle. Ward 1 residents are encouraged to follow the 9 PM routine by ensuring valuables are removed from vehicles, house and vehicle doors are closed and locked, garage doors are closed and locked, and an outside light is turned on.

Calgarians are encouraged to report all crimes at calgarypolice.ca or by calling 403-266-1234. Your reports help police identify trends and direct resources accordingly.

Traffic safety

Improving pedestrian and traffic safety in Ward 1 continues to be one of my top priorities. There have been several improvements made in Ward 1 over the summer, including in Crestmont and the ongoing pilot in Silver Springs.

Sonya Sharp, Councillor, Ward 1

Volunteer Corner

Volunteer from Home

Volunteers are always important to RRROCA as we work to make Royal Oak & Rocky Ridge an even better community. Thankfully, most of the work required can be done from your home. So if you are interested in living in a great community, and can spare a few hours in a month, please consider volunteering for RRROCA!

In addition to making an impact, you will certainly learn new skills, gain valuable volunteer experience and meet more neighbours. Please email volunteer@rrroca.org if you are interested in the following positions or have any questions about volunteering with RRROCA. Please check out our website at www.rrroca.org for all volunteer opportunities.



Programs Chair(s), and Lead(s) [CRITICAL]

The Programs team provides opportunities for the communities' diverse residents to participate in various programming and activities. The team will develop, implement and evaluate programs and activities in the community, coordinate and oversee the annual spring youth sports program (i.e. soccer, tball), and look for opportunities to expand programming (learn to skate, basketball, field hockey, etc). Planning for 2022 spring sports needs to begin immediately, if you believe you can assist, please reach out ASAP.

Time Commitment: Minimum 10 hours/month, will vary based on scheduled programming

Sponsorship Chair

This role works to help establish connections and fosters relationships with businesses and organizations in the community. By developing sponsorship opportunities that support Community Association events, programming and initiatives, and searching out partners in the community to fund or support these, the Sponsorship Chair is integral in providing services to residents, and connecting businesses to residents.

Time commitment: 10-20 hours/month

Membership Chair

The Membership Chair promotes, encourages and sees to administration tasks associated with managing the members of the Community Association. The Chair also explores and works with other committees to implement opportunities of benefits for membership.

Time commitment: Approx 10 hours a month

Safety & Security Chair

The Safety & Security Chair educates and liaises with the community to reduce crime, promote awareness of safety-oriented initiatives, helps to identify needs of the community and work to solve or educate residents in order to encourage behaviours to ensure safety and security. Time commitment: 8-10 hours a month

Events Lead

With direction from the Events Chair, an Event Lead helps to execute specific events, from the planning stage to the wrap up.

Time commitment: Approximately 2-5 hours/month (not including event attendance)

Did You Know?

Volunteering for RRROCA as a Board or a Committee member will:

1. gain valuable volunteering experience and essential work skills;
2. know the first-hand community news;
3. get the RRROCA membership (\$30) or one sport registration for free (~\$50 or \$65) annually;
4. the most important: help us to build a thriving community

DID YOU KNOW?

RRROCA has partnered with local businesses to bring product/services discounts to their members.

The list continues to grow. Check out current discounts here:

https://rrroca.org/en/businesses_discount/



École Tuscany School News

Hello! Bonjour!

We hope that everyone enjoyed their summer break and was able to relax and enjoy the great outdoors! We would like to welcome our French Immersion families from the communities of Rocky Ridge and Royal Oak, as your designated Early French Immersion School we would like to share our monthly updates with you.

Our first day back at school is August 31st, which will lead us into the Labour Day weekend with no school Monday September 4th. Classes resume again Tuesday September 5th. We hope you all enjoyed the Welcome Back signage and had an opportunity to take fantastic photos of your kiddos as they embarked on another fabulous school year. On September 21st our students will participate in the annual Terry Fox Run. There's no school on September 22nd for a non-instructional day. September 26th & 27th are photo day. More details will be shared by homeroom teachers.

Our first Tuscany School Council meeting of the 2023-2024 school year will be held on Thursday September 14th, at 6:30 p.m., and will be in person and on-line through TEAMS. We look forward to seeing everyone again! Details will be sent out closer to the date. We look forward to seeing our new parents and welcoming our current parents back that evening!

Upcoming events:

An early reminder that Tuscany School will honour National Truth and Reconciliation Day towards the end of September. During the week staff and students are encouraged to wear orange shirts. Please visit <https://www.orangeshirtday.org/> to learn more about this nation-wide initiative. Tuscany School will mark Orange Shirt day with an assembly on September 28th. There will be no school on September 29th for National Day for Truth and Reconciliation.

As we head into the new school year we will again be partnering with Ryder & Reece – a local Tuscany business – to provide some of our spirit wear options. You can now purchase École Tuscany School branded cotton t-shirts, key chains, and pink shirts directly through their website anytime! Follow the QR code, which will lead directly to our school collection. The shirts can be worn at anytime throughout the school year, but are especially great for assembly days, Fun

Lunch and FUNdraiser Treat days and field trips.

On the evening of September 21st, the School Councils from Tuscany, Eric Harvie, TMC and Bowness have come together to provide a presentation for parents by Dr. Alan Donsky. Dr. Donsky is an expert in child psychology, capacity building and mindfulness. We hope this will be an informative evening, as well as a chance for all parents and guardians to connect with others in our community.

With the resumption of school comes the reopening of our fabulous Kiss 'n Drop service on the west side of the school on Tuscany Hill. If you need to use this service, please adhere to all protocols by remaining in your vehicle and allowing the volunteers to assist your child to exit your vehicle. Please ensure your child enters and exits your vehicle from the curb side of your car, and not into the active traffic lane. If the Kiss n' Drop area is full, please do not double park, this is an active loading/unloading zone at all times. Volunteers are essential for the smooth and continued operation of this vital service, and our Kiss 'n Drop team is always looking for new volunteers to help out. If this is something you could assist with, please use our sign-up genius <https://www.signupgenius.com/go/4090e4eaea72aa1fa7-kiss5#/> or email tuscanykissndrop@gmail.com for further details. A valid CBE police security check is required to volunteer.

As a reminder to all our parents and guardians, please follow all traffic and pedestrian by-laws and refrain from J-walking as this creates additional safety concerns for motorists and our students.

Please check out our website at www.tuscanycouncil.ca for up-to-date info, and follow us on social media Facebook www.facebook.com/tuscanycouncil; Instagram @tuscanycouncil and twitter @Tuscanycouncil for reminders and photos of our adventures together. If you have any questions about becoming involved with the School Council or volunteering for a committee, please email tuscanycouncilchair@gmail.com.

You can also follow Tuscany school on Twitter @Tuscany_cbe.

Wishing everyone a wonderful start to the 2023-24 school year!!

Do You Have Your RRROCA Membership?

In addition to the benefits listed below, 100% of membership fees go directly into program and resources funding, and future facilities development. The greater our membership base, the more funds we will have for projects, programs, and initiatives! We need your help with funds to continue dealing with municipal and provincial issues that affect your daily life.



Please visit our membership page at rrroca.org to sign up for a membership, or email membership@rrroca.org if you have any questions.

Benefits of RRROCA Membership

Here are some of the current benefits of RRROCA membership, please visit our website regularly for updates.

- Access to RRROCA's Babysitter Registry
- Register for community events and programs such as spring sports programs for children, parade of garage sales, etc. winning one of ten \$100 to hold block parties on Neighbour Day, etc.
- Borrow materials for hosting your own block party
- Purchase discounted tickets or enter draws as available annually
- Receive free pancake breakfast at annual Stampede Breakfast event
- Provide recreational insurance at Sports Program offered by RRROCA
- Accepted by Calgary West Soccer for their program registration
- Receive product and services discounts at participating local businesses (Membership Perks). Visit our website at www.rrroca.org to review the active offerings. **

We are continuously working to expand our Membership Perks Program. If you are a business owner who would like to provide product and/or services discounts to RRROCA members, please contact our membership team at membership@rrroca.org.

RRROCA Membership Registration

One Membership per household; valid January 1 to December 31 annually.

\$30 New membership Membership Renewal

Your personal information will be used for Association purposes only and will never be given to third parties.

Last Name: _____

First Name: _____

Address: _____

Postal Code: _____ Phone #: _____

Email*: _____

* Please note e-mail is used to communicate your membership number. If you choose "No" for updates below, the e-mail will be on file but won't be included in our news mailing list.

Would you like RRROCA news and updates by email? Yes No

Send form and cheque to: **RRROCA Membership**
P.O. Box 91009, RPO Royal Oak
Calgary, AB T3G 5W6

Important Phone Numbers

If you require emergency supports to meet basic needs, Income support is available 24-7.

- Income Support Contact Centre: 1-866-644-5135

For anyone facing family violence, bullying or abuse, the following resources are available 24 hours a day, seven days a week, in more than 170 languages:

- Family Violence Info Line: 310-1818
- Child Abuse Hotline: 1-800-387-KIDS (5437)
- Bullying Helpline: 1-888-456-2323

Help is also available 24-7 for anyone dealing with mental health challenges.

- Mental Health Helpline: 1-877-303-2642

You can also contact the Alberta Supports Contact Centre at 1-877-644-9992 (toll free) for information regarding AISH, Child Care Subsidy, Disability Supports, Financial Supports, Health Benefits, Career Information, Seniors Benefits, Public Guardian/Trustee.



Child Writers Wanted!

Do you have a child or teen at home who enjoys writing? Would they like to share this passion in the community newsletter? Perhaps a teen who is studying journalism, or simply loves to write in general. Did you know that RRROCA has a number of teens volunteering within our committees today? It is such a great experience for all involved and we'd love to get more youth engaged. If this is something of interest for your child, please reach out to the Communications team at communications@rrroca.org.



Community Wide Questionnaire

The results are in!

Over the past months we have received your responses to the user needs assessment survey. There were many useful answers to what matters most in the community and comments about what could be improved. The survey results are being incorporated into the RRROCA Strategic Plan for the next few years. Check into the rrroca.org website to see the summary of the survey results.

Want to receive emails about any volunteer opportunities for the community association?

Please email
volunteerlead@rrroca.org
to sign up.



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ROCKY RIDGE RANCH

HOMEOWNERS ASSOCIATION

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW

Calgary, AB T3G 4G1

Phone: 403-547-6633 Fax: 403-547-6634

www.rrrha.ca info@rrrha.ca

Office Hours

Updates to office hours are available online.

ROCKY RIDGE RANCH HOMEOWNERS ASSOCIATION

Food Trucks

RRRHA is excited to partner with Calgary Food Trucks to host food trucks at the Ranch! Several trucks will be parked in the Ranch Centre parking lot September 11th, and October 2nd. from 5:00 p.m.– 8:00 p.m. each day. Look out for signs around the community, posts on our FB page <https://www.facebook.com/groups/rrrha.ca>, or follow @yycfoodtrucks on Instagram for the details of what trucks will be there.

Zumba Classes

Starting on August 14, every Monday join our weekly Zumba Class. • Member: \$15.00 per class, \$60 per month (4 Mondays) • Non- members \$17.00 per class, \$68.00 per month (4 Mondays) • If you pay in advance for the month (\$55.00). • August will be \$45 for the month. (3 lessons) or \$40.00 if you pay in advance. • Drop-In Fee \$17.00 To register please call Thais at 403-837-0003 or send an email to: zeuchthais@gmail.com

Park Passes: Royal Oak & Rocky Ridge

We are pleased to announce our pilot program to offer Park passes to Rocky Ridge & Royal Oak homeowners who are ineligible to access the Ranch due to being unencumbered HOA members. We are offering 100 memberships for \$300.00 each. The membership will expire 12 months from purchase. This will give you access to the splash park, tennis court & playground during the summer as well as skating in our pond during the winter. For more information and to sign up please come to the office and see Erika.

Spanish Classes

Spanish Classes will start on September 11 on Mondays from 5:30 p.m. to 6:30 p.m., once a week for one hour, learn a new language and have fun.

Rocky Ridge Homeowners Associations
10709 Rocky Ridge Blvd. N.W.

Hola, Amigos!

ARE YOU
READY TO
SPEAK
SPANISH ?

LEARN SPANISH

Classes starts on September 11, 2023

Every Monday

5:30 pm - 6:30 pm



Gracias

INTERESTED?
Send us an email
erika@rrrha.ca

\$15 per classes for members

\$18 per classes for non-members

DID YOU KNOW??

An adult panda can spend up to 12 hours a day eating, and in order to fulfill their dietary needs, they need to eat at least 28 pounds of bamboo.



Halloween at the Ranch



**Celebrate Calgary
Culture Days**

Calgary Culture Days takes place September 1 – 30, 2023 and is an opportunity for all Calgarians to discover, experience and celebrate arts and culture in their community, downtown and across the city.

Calgary Culture Days coincides with Alberta Culture Days through the month of September and with National Culture Days, which is celebrated September 22 – October 15, 2023.

Find out more information on Calgary Culture Day events on calgary.ca/culturedays.

City of Calgary

**Be Safe. Watch Out.
Park Smart.**

With the excitement of return to school comes many distractions – distractions that can be dangerous for both drivers and children. This September, The City wants to remind and encourage anyone who is driving kids to school to operate their vehicles safely and responsibly. We ask parents and guardians not to park where it’s prohibited during drop off and pick up times, such as blocking crosswalks, laneways and private driveways.

We know pick up and drop off times can get quite busy. We ask you to give yourself extra time to navigate safely around schools, whether you are walking, wheeling, or driving.

For those who drive, you can help alleviate congestion by parking a block or two away and walking in, wherever possible. And please talk to your kids about safe practices like using crosswalks with patrols, and not jaywalking across the roadways as a shortcut. Learn more by visiting calgary.ca/BeSafe and let’s all have a safe school year!

City of Calgary

RRROCA Community Clean Up

Thank you Rocky Ridge Ranch Homeowners Association for organizing the food truck for our Community Clean Up. It was so great to meet community members and see them enjoying poutine, lobster rolls and balls in beautiful weather with their families. — with Rocky Ridge Royal Oak Community Association.





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In Our City

Back to School Safety Tips

The school year should be safe and educational for everyone - kids and parents should be aware of the following safety tips before the start of the semester.

Safety tips for your child

Make sure your child knows:

- Their full name, age, address, area code, home phone number and parents' work/cellphone number.
- How to contact police, fire and EMS in an emergency (9-1-1) and in a non-emergency (403-266-1234).
- To use the same route to and from school.
- Where the safe places are to play (front and backyards, playgrounds).
- What places to avoid (vacant lots, dark, wooded, bushy areas).

If your child is being followed by a person or car, make sure they know to do the following:

- turn and run in the opposite direction;
- get a description and licence number of the stranger's vehicle if possible;
- run to the closest safe place; and,
- stay in open areas that are visible.

Remember to tell them that uniformed police officers are friends who can be trusted.

The stranger rules

Familiarize your child with "the stranger rules" - these rules will help keep them safe.

- Never talk to strangers.
- Never take anything from strangers.
- Never go anywhere with a stranger.
- Do not be fooled by tricks or phoney conversation.
- If a stranger tries to grab you, yell, scream and kick.
- Never tell a stranger you are by yourself or that your parents or guardian are not home.
- It's a good idea to implement a difficult to guess, but easy to remember "code word" that an adult must share with your child before your child trusts/goes anywhere with them (e.g., the colour of their shirt, what they had for breakfast that morning, etc.).

For more resources, check out the Federation of Calgary Communities website (www.calgarycommunities.com)

*A message from the
Federation of Calgary Communities*

North American Beavers

The ponds and lakes that make picturesque sunset photos across the Canadian Shield are largely due to the industrious *Castor canadensis*, or North American Beaver. This rodent, the largest in North America, is often described as an ecosystem engineer, modifying its environment to create dams and raise water levels to evade predators.

Beavers are not agile land animals but are well-adapted to living in water. They have flaps that close over their nose and ears as well as a third eyelid (the nictitating membrane) for swimming. Their tail serves as a rudder, and the webbing between their toes helps them navigate underwater for up to fifteen minutes.

Beavers' historical importance has landed them a spot on our nickel, but they are also important to solving problems in our future! Once a concern in causing floods, the beaver is now combating floods. Beaver habitat is full of canals, twisting waterways, healthy aquifers, and vegetation ready to act like a sponge to slow the flow of heavy rainfall or snow melt. Conversely, this habitat also shows resilience in the face of drought and is an important fire-breaker and refuge for wildlife during fire season. Wetlands also help restore water purity, filtering out pollution by letting heavy metals and other pollutants settle in the slower-moving ponds and streams. Wetland habitat



also increases biodiversity building homes for so many other creatures!

Beavers don't hibernate but set aside leafed branches of willow and poplar in an "underwater fridge" near their lodge which they forage from during the winter months.

Beavers are family-oriented animals, living with their parents for their first two years. Kits are born in the spring. Kits are nursed for the first six weeks. Parents will often carry kits in their paws or on their tails.

Coexistence with beavers is happening! Flooding caused by beaver dams can now be regulated using pond levelers or flow devices. These devices allow beavers to keep a safe depth of water without causing overland flooding that might affect homes in the area. Trees can be preserved by wrapping their lower trunks in metal wire cages, with some un-caged trees left for beavers!

Found injured or orphaned wildlife? Please call Calgary Wildlife at 403-214-1312.

Calgary Wildlife



American beavers dam to raise the water for protection from predators. This creates wetland habitat for species like the tiger salamander and moose. Beaver habitat has increased resistance to flooding, fire, and drought!
www.calgarywildlife.org

Calgary's Bar, Pub and Restaurant Heritage

In virtually every Western movie, there's the inevitable confrontation in the town saloon. As a western prairie town, there's little doubt Calgary was home to a saloon when its first neighbourhood, Inglewood, was settled in 1875. Indeed, the area was first known as Brewery Flats.

The 1890 Italianate-style Alberta Hotel building boasted the longest bar between Winnipeg and Vancouver. But it's the King (Eddy) Edward that lasted, opening in 1905 until it closed 99 years later as Calgary's longest operating bar. In 2018, it resumed its storied place in the city's nightlife as part of the National Music Centre.

There's the Palliser Hotel, which opened in 1914 and entertained Calgarians in its Oak Room (now remodelled). After prohibition ended in Alberta in 1924, the Palliser was the first to receive a liquor licence. Also opened in 1914 was the (in)famous St. Louis Hotel.

Another city establishment is Hy's Steakhouse, Calgary's oldest restaurant. Hy Aisenstate, the son of Russian Jewish immigrants, opened it in 1955. He had started law school at UBC but was forced into entrepreneurship due to a family crisis. The current iteration opened in 2014.

Let's not forget Caesar's Steak House, part of local folklore. It opened in 1972 because Greek immigrant Con Giannoulis wanted to own a restaurant and the building housing it. It's said the Caesar cocktail was popularized here, though it was perfected and named in 1969 at the Calgary Inn (now the Westin) by Italian bartender Walter Chell. Nevertheless, who doesn't want a Caesar at Caesar's?

Then there's more recent but no less important places, like Bottlescrew Bill's Pub, opened in 1985 by the Allan family in the old Calgary Press Club site, and Kensington

Pub (K-Pub), established in 1982 in a residence from 1911.

Nowadays, several establishments occupy the buildings and residences of the city's past. There's Bank & Baron, located in the Bank of Nova Scotia building built in 1930, and Civic Tavern, operating in a 1905 Queen Anne Revival-style home. Next time you're heading out on the town, keep an eye out for some of Calgary's heritage.

Anthony Imbrogno is a volunteer with The Calgary Heritage Initiative Society

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To discover more about Calgary's heritage, visit:

HERITAGE *inspires* **YYC.org**



*Bartender Dick Bellamy serving drinks at the Calgary Press Club," 1969, Bill Onions Fonds, City of Calgary Archives, Item CaLA 2011-006-0880
Permission obtained from City of Calgary Archives*



Alberta Hotel under construction, Calgary, Alberta., 1888-12-20, (CU1127189) by Ross, Alexander J. Courtesy of Libraries and Cultural Resources Digital Collections, University of Calgary.



Civic Tavern, 213 12 Ave SW. Calgary, 2023. Photo courtesy of Anthony Imbrogno.



Kensington Pub, 207 10A St NW. Calgary, 2023. Photo courtesy of Anthony Imbrogno.



John Matthew McCloy in bar of Alberta Hotel, Calgary, Alberta., [ca. 1907], (CU1100425) by Cockburn. Courtesy of Libraries and Cultural Resources Digital Collections, University of Calgary.



Bar at King Edward Hotel, Calgary, Alberta., 1910, (CU178910) by Unknown. Courtesy of Libraries and Cultural Resources Digital Collections, University of Calgary.