



ROCKY RIDGE ROYAL OAK

VIEW

Your Community Newsletter since 2005

Suburban Journal

Happy
Father's
Day

We are looking for your
input in the future of
Rocky Ridge Royal Oak

**RRROCA 8th Annual Community
Parade of Garage Sales
June 23, 24 & 25**

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Community and Residents Associations

Rocky Ridge Royal Oak Community Association

403-879-2820 • communications@rrroca.org • www.rrroca.org

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW
Calgary, AB T3G 4G1
403-547-6633 • officeadmin@rrrha.ca • www.rrrha.ca

Royal Oak Estates Homeowners Association

info@roeha.ca • www.roeha.ca

The Cascades in Royal Oak Residents Association

Email: contact@cascadesroyaloak.com
Website: cascadesroyaloak.com

Elected Officials

Ward 1 Councillor: Sonya Sharp
403-268-2430
ward1@calgary.ca

MLA: Sonya Savage
403-297-7104
calgary.northwest@assembly.ab.ca

MP: Pat Kelly, Calgary Rocky Ridge
403-282-7980
pat.kelly@parl.gc.ca

Editor & Article Submissionseditor@suburbanjournals.ca
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Phil: 403-660-7324phil@suburbanjournals.ca
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Councillor Report

Hello Ward 1! Summer is almost here. Here's what's happening in Ward 1 and at The City:

Neighbour Day

June 17 is the 10th Annual Neighbour Day. This special day was first created in recognition of the amazing community spirit we saw during the 2013 floods, and now stands as a great opportunity to connect with the people around us. Check with your neighbours or your community association to see if there's a Neighbour Day event happening near you, and visit calgary.ca/neighbourday to learn more.

Fluoride

Following the plebiscite held during the 2021 municipal election, fluoride remains on track to be reintroduced into Calgary's water supply. Work is actively underway. Based on current timelines, its expected the new fluoride system will be in place by June 2024. Visit calgary.ca/fluoride to learn more.

Mowing in Calgary parks

Calgarians have access to almost 8300 hectares of maintained parkland. The City maintains the great variety of Calgary parks spaces differently depending on their use. High use areas and sports fields may be mowed up to 20 times a season, while boulevards on major roadways may have 4 mows each season.

Mowing is sometimes delayed due to weather. Heavy rain can soften the soil, making it impossible for machinery like ride-on mowers to operate.

If you have any concerns about park maintenance, call 311 or visit calgary.ca/311.

Recreation

Due to continued staffing challenges, The City's Recreation unit has made the difficult choice to close Shouldice Aquatic Centre for the summer, beginning on June 26. Foothills Aquatic Centre will see increased operations, moving from four days to five days per week.

While this closure is unfortunate, there are still a number of other great indoor and outdoor City recreation facilities in our community. Visit maps.calgary.ca to view other recreation options near you.

Sonya Sharp, Councillor, Ward 1

Volunteer Corner

Volunteer from Home

Volunteers are always important to RRROCA as we work to make Royal Oak & Rocky Ridge an even better community. Thankfully, most of the work required can be done from your home. So if you are interested in living in a great community, and can spare a few hours in a month, please consider volunteering for RRROCA!

In addition to making an impact, you will certainly learn new skills, gain valuable volunteer experience and meet more neighbours. Please email volunteer@rrroca.org if you are interested in the following positions or have any questions about volunteering with RRROCA. Please check out our website at www.rrroca.org for all volunteer opportunities.



Programs Chair(s), and Lead(s) [CRITICAL]

The Programs team provides opportunities for the communities' diverse residents to participate in various programming and activities. The team will develop, implement and evaluate programs and activities in the community, coordinate and oversee the annual spring youth sports program (i.e. soccer, tball), and look for opportunities to expand programming (learn to skate, basketball, field hockey, etc). Planning for 2022 spring sports needs to begin immediately, if you believe you can assist, please reach out ASAP.

Time Commitment: Minimum 10 hours/month, will vary based on scheduled programming

Sponsorship Chair

This role works to help establish connections and fosters relationships with businesses and organizations in the community. By developing sponsorship opportunities that support Community Association events, programming and initiatives, and searching out partners in the community to fund or support these, the Sponsorship Chair is integral in providing services to residents, and connecting businesses to residents.

Time commitment: 10-20 hours/month

Membership Chair

The Membership Chair promotes, encourages and sees to administration tasks associated with managing the members of the Community Association. The Chair also explores and works with other committees to implement opportunities of benefits for membership.

Time commitment: Approx 10 hours a month

Safety & Security Chair

The Safety & Security Chair educates and liaises with the community to reduce crime, promote awareness of safety-oriented initiatives, helps to identify needs of the community and work to solve or educate residents in order to encourage behaviours to ensure safety and security. Time commitment: 8-10 hours a month

Events Lead

With direction from the Events Chair, an Event Lead helps to execute specific events, from the planning stage to the wrap up.

Time commitment: Approximately 2-5 hours/month (not including event attendance)

Did You Know?

Volunteering for RRROCA as a Board or a Committee member will:

1. gain valuable volunteering experience and essential work skills;
2. know the first-hand community news;
3. get the RRROCA membership (\$30) or one sport registration for free (~\$50 or \$65) annually;
4. the most important: help us to build a thriving community

DID YOU KNOW?

RRROCA has partnered with local businesses to bring product/services discounts to their members.

The list continues to grow. Check out current discounts here:

https://rrroca.org/en/businesses_discount/





Rocky Ridge Royal Oak
COMMUNITY ASSOCIATION



Community Wide Questionnaire

The Rocky Ridge Royal Oak Community Association is preparing a Community Amenity Needs Assessment to set the direction for outdoor recreation, social and cultural opportunities for the community over the upcoming years.

In order to develop the way forward, input from local residents, community groups, businesses, and stakeholders is crucial. We want to hear your feedback about your priorities regarding the future of Rocky Ridge Royal Oak, to ensure that your voices are reflected in community amenity updates.

We urge you to get involved by sharing your thoughts through our online (or paper) survey at <https://survey.alchemer.com/s3/7293560/Rocky-Ridge-Royal-Oak-Community-Association-Community-Amenity-Needs-Survey>. The feedback will help to highlight the issues of most importance to residents, businesses and other stakeholders in the community, helping to prioritize actions for the future.

Share your thoughts about the future of the amenities in the Rocky Ridge Royal Oak Community by completing an online or in-person survey. Fill out a survey in-person at The Ranch (Rocky Ridge Homeowners Association Building) 10709 Rocky Ridge Boulevard NW.

Your feedback will be fundamental in developing the Community Amenities Assessment. The assessment will set the direction for the community over the coming years, so your input is incredibly valuable. The survey is expected to close by June 15, 2023. The survey is available at <https://survey.alchemer.com/s3/7293560/Rocky-Ridge-Royal-Oak-Community-Association-Community-Amenity-Needs-Survey>.



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Do You Have Your RRROCA Membership?

In addition to the benefits listed below, 100% of membership fees go directly into program and resources funding, and future facilities development. The greater our membership base, the more funds we will have for projects, programs, and initiatives! We need your help with funds to continue dealing with municipal and provincial issues that affect your daily life.



Please visit our membership page at rrroca.org to sign up for a membership, or email membership@rrroca.org if you have any questions.

Benefits of RRROCA Membership

Here are some of the current benefits of RRROCA membership, please visit our website regularly for updates.

- Access to RRROCA's Babysitter Registry
- Register for community events and programs such as spring sports programs for children, parade of garage sales, etc. winning one of ten \$100 to hold block parties on Neighbour Day, etc.
- Borrow materials for hosting your own block party
- Purchase discounted tickets or enter draws as available annually
- Receive free pancake breakfast at annual Stampede Breakfast event
- Provide recreational insurance at Sports Program offered by RRROCA
- Accepted by Calgary West Soccer for their program registration
- Receive product and services discounts at participating local businesses (Membership Perks). Visit our website at www.rrroca.org to review the active offerings. **

We are continuously working to expand our Membership Perks Program. If you are a business owner who would like to provide product and/or services discounts to RRROCA members, please contact our membership team at membership@rrroca.org.

RRROCA Membership Registration

One Membership per household; valid January 1 to December 31 annually.

\$30 New membership Membership Renewal

Your personal information will be used for Association purposes only and will never be given to third parties.

Last Name: _____

First Name: _____

Address: _____

Postal Code: _____ Phone #: _____

Email*: _____

* Please note e-mail is used to communicate your membership number. If you choose "No" for updates below, the e-mail will be on file but won't be included in our news mailing list.

Would you like RRROCA news and updates by email? Yes No

Send form and cheque to: **RRROCA Membership**
P.O. Box 91009, RPO Royal Oak
Calgary, AB T3G 5W6

Important Phone Numbers

If you require emergency supports to meet basic needs, income support is available 24-7.

- Income Support Contact Centre: 1-866-644-5135

For anyone facing family violence, bullying or abuse, the following resources are available 24 hours a day, seven days a week, in more than 170 languages:

- Family Violence Info Line: 310-1818
- Child Abuse Hotline: 1-800-387-KIDS (5437)
- Bullying Helpline: 1-888-456-2323

Help is also available 24-7 for anyone dealing with mental health challenges.

- Mental Health Helpline: 1-877-303-2642

You can also contact the Alberta Supports Contact Centre at 1-877-644-9992 (toll free) for information regarding AISH, Child Care Subsidy, Disability Supports, Financial Supports, Health Benefits, Career Information, Seniors Benefits, Public Guardian/Trustee.



St. Sylvester School News

St. Sylvester Elementary School is still open for 2023 enrollment into their French Immersion School. Deciding on your child's educational path can be stressful but we at St. Sylvester hope that you will choose our local NW Calgary Catholic French Immersion school. We invite you to visit us on location to learn more about our community and culture.

St. Sylvester Kindergarten registration is open - we offer Kindergarten AM, PM, and Grades 1-6 programs. Kindergarteners will have access to free bus transportation. Childcare may be needed for your family and there is a licensed childcare provider located within our school. Parents can send their child to school in the morning or afternoon and will have reciprocating childcare all in the same building. Contact the school for complete details and the fee schedule.

St. Sylvester School, 7318 Silver Springs Blvd NW, Calgary, AB T3B 4N1, Tel: 403-500-2063

Child Writers Wanted!

Do you have a child or teen at home who enjoys writing? Would they like to share this passion in the community newsletter? Perhaps a teen who is studying journalism, or simply loves to write in general. Did you know that RRROCA has a number of teens volunteering within our committees today? It is such a great experience for all involved and we'd love to get more youth engaged. If this is something of interest for your child, please reach out to the Communications team at communications@rrroca.org.



Want to receive emails about any volunteer opportunities for the community association?

Please email volunteerlead@rrroca.org to sign up.

RRROCA 8th Annual Community Parade of Garage Sales

June 23, 24 & 25

You can choose to host your garage sales on any or all of the dates.

Registration will start from May 23rd and deadline will be June 3rd. Garage sale signs will be handed over on June 20th between 4:30-6:00 pm.

Published hours:

- 3 to 8 pm on Friday
- 10 am to 5 pm on Saturday & Sunday
- *you can stay open earlier/later, but this will be the time advertised!*

NEW FOR 2023!!!

- Non-members of RRROCA and local businesses will also be able to advertise their garage sales and sidewalk sales / weekend deals for a nominal fee. Connecting families & local businesses to build a true sense of community spirit.

RRROCA will publish a list of addresses for participating homes & businesses. The list will be available on our website and Facebook page. AND an event page will be made available on Facebook to allow participating homes and businesses to post photos and share info.

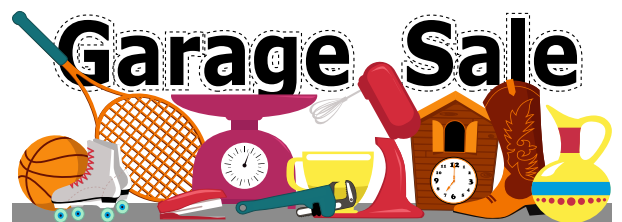
Register in the Member Portal through this link:

<https://admin.sportzsoft.com/apps/regWeb.dll/Login?OrgId=1901>

- RRROCA members - FREE
- Non-Members - \$10
- Business registration - \$25

Once logged in to RRROCA, you will need to add registration and then select member, non-member or business.

Questions? Please contact events@rrroca.org, comment down below or send us a message"





ROCKY RIDGE RANCH

HOMEOWNERS ASSOCIATION

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW

Calgary, AB T3G 4G1

Phone: 403-547-6633 Fax: 403-547-6634

www.rrrha.ca info@rrrha.ca

Office Hours

Updates to office hours are available online.

ROCKY RIDGE RANCH HOMEOWNERS ASSOCIATION

RRRHA HAS A NEW OPERATIONS MANAGER!

My name is Erika Rodriguez, and I am the new Operations Manager at Rocky Ridge Ranch. It is my pleasure to join the team. I have a degree in Journalism and Public Relations, many years of Experience in Communications, Management, Administration, Customer Service, and Non-Profit Sector.

I love helping people and am all about supporting the community. I embrace inclusion and multiculturalism. I believe that if we work hard and together, we can accomplish wonderful things.

I want to make RRRHA a space where people feel safe, happy and can interact with other members of the community. I want to hear your opinions: what would you like to see at the Ranch, what activities, events, or programs you are interested in. Please come and talk to me, call or email me.

I have lots of ideas to create a fun, respectful and inclusive atmosphere at Rocky Ridge Ranch, and with your ideas I believe we can do it. Looking forward to meeting you and working to create a great place for the community.

WANT TO LEARN A NEW LANGUAGE?

Join us for some lessons in Spanish!

For more details about dates, time and registration please check our website, info will be posted soon.

SPRING IS HERE!

Our community is looking very Spring-y and there have been many wildlife sightings around our area. The birds are starting to nest, and the hares are turning brown—always welcome signs that Spring has truly arrived. However, our neighbourhood has also had many larger visitors; deer, moose and coyotes. While it is exciting to catch a glimpse of them in our suburban environment, it is also important to remember they are wild animals. Please be mindful of keeping a safe distance and do not approach them. Many sightings have occurred on the Ridge pathways as well as our wetland ponds. It is important to keep dogs in control on a leash while walking and to keep cats from wandering outside. However, feel free to snap a photo of them and post it to the RRRHA Facebook page at <https://www.facebook.com/groups/rrrha.ca>

We'd also love to see your photos of the recent lightshows that the Northern Lights recently gave us! Unfortunately, many of us couldn't stay awake all night to see them but those who were lucky enough to, got a real treat from Mother Nature.

Also, be on the lookout for the cheery baskets and planters that the Ranch Centre staff will be planting to brighten up the public areas.

SUMMER IS COMING

The RRRHA board and staff also want our community to have some summer fun. The opening date for the pool is still tentative and as of the newsletter printing, it has not been confirmed. The opening information will be posted on social media as well as the signs around the community. The tennis courts are also open for reservations through the website too (and yes, there are markings on the court for pickleball too!). Watch for announcements of summer food truck evenings. If you have any suggestions on what you, the community, would like to see at the Ranch then please reach out and let us know.

STAMPEDE BREAKFAST

Mark your calendars for the annual community Stampede Breakfast! This year, it will be a joint venture between RRRHA, RRROCA and the Victory Church as well as the Stampede Caravan. It will be held July 14th and the Shane Homes YMCA. Over 3100 people are expected to attend. All community members of all ages who live in Royal Oak and Rocky Ridge of all ages are invited to a morning of great food, entertainment and children's activities.

RANCH CENTRE RENTALS

If you are planning a summer soirée such as a wedding,

party, bridal or baby shower or anything else you can think of, the Ranch Centre would love to host it. Rental information can be found on our website. Anyone in either Royal Oak or Rocky Ridge, even if they aren't HOA members can rent the building.



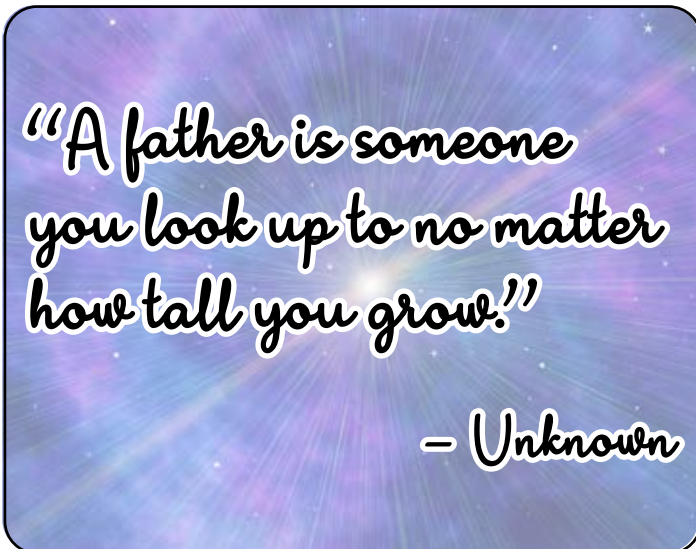
ROCKY RIDGE RANCH HOA

SPANISH LESSONS

DETAILS COMING SOON!

¡Hola! ¡Hola!

Contact our office for more information: (403)-547-6633 or info@rrrha.ca



"A father is someone you look up to no matter how tall you grow."

- Unknown



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Residential Parking Permit Program

There are important policy changes to the Residential Parking Permit (RPP) Program that were approved by Council in January 2021 following two years of engagement with Calgarians. The revised program aims to increase street use efficiency and fairness, support businesses, and be better positioned for long-term sustainability.

As part of these changes, permit eligibility is now based on building type and a new fee structure for parking permits is being introduced later this year. On-street parking is public space managed by The City of Calgary for all Calgarians. Permits allow residents the option to park on-street and close to their residence in areas near major parking generators where parking

demand is high such as hospitals, schools, and LRT stations. Parking permit fees have been introduced to cover the cost of this service from those who use it.



If you live in a Residential Parking Zone (RPZ), you only need a parking permit if your block has RPP restrictions ('except by permit' signs) or if you want to overstay in time-restricted zones (ex. two-hour parking signs).

If RPP restrictions are no longer needed on your block, requests for modifying restrictions signs can be made by calling 311 or filling out a 311 online request.

To learn what parking permit your address is eligible for and to view the new fee structure, please visit calgary.ca/RPP. Information on when the new fee structure will be implemented will be shared when available.

City of Calgary

Rideshare Passengers Play a Key Role in Ensuring They Have a Safe Ride This Stampede

The City of Calgary works closely with the rideshare industry and the Calgary Stampede to ensure Calgarians get home safely. However, passengers should do a few important checks before they get into any vehicle, both during Stampede and throughout the year.

When booking a rideshare, the app provides passengers with a photo of the driver, the licence plate number, the make and model of the vehicle and real-time GPS tracking. Double-checking these details for the driver and the car will safeguard riders against getting into a vehicle with a potentially unsafe, unlicensed driver.

When street-hailing a taxi, passengers should ensure that the driver and vehicle are both licensed. A taxi plate verifies these on the car's rear bumper, and the driver's ID must be posted in a visible location. Passengers are also reminded to take note of the taxi number, company and



colour of the vehicle.

For more information on regulations and safety tips, visit calgary.ca/taxi.

If you have any concerns or are approached by a driver soliciting business, please report the incident to 3-1-1 for investigation. If your safety is threatened, call 9-1-1 immediately.

City of Calgary

Stripey Neighbours

They're black, they're white, and they're cute? Hello June, and baby skunks!

Early morning or late evening is when one might encounter a family of skunks. Striped skunks are nocturnal and are most active when we sleep. Skunks naturally manage local rodent populations, while also eating wasps, slugs, snails, and other grubs.

Skunk kits are born in May and June. Kits are born blind and require their mother's milk and care. Six-week-old kits can forage with their mother.

Skunks have an excellent sense of smell leading them to our garbage. Unrinsed peanut butter jars and food cans are attractants. Because a skunk's head is wedge shaped, they can put their head into these containers but not get them out. Please rinse and crush cans and cut any plastic rings and lids to avoid ensnaring a skunk!

A skunk's best defense relies on teaching predators (and people) to "stay away". The skunk does this in several ways:

- High-contrast black and white fur is memorable and visible. Colouring which warns predators to "stay away" is called aposematic colouring (wasps and bees are further examples of this).
- When feeling threatened, skunks will stomp



their feet, charge, hiss, and raise their tail. These behaviours give predators (and people) a chance to back away. A skunk would prefer to retreat, or have the threat retreat, rather than spray.

- Skunks have a limited amount of spray. Skunks can spray up to fifteen feet with accuracy. They curl in a c-position and look where they are aiming. Skunks can spray five or six times. Once their supply is exhausted, it can take ten days to regenerate! Skunks use this potent defense in moderation—skunks do not want to spray us!

Skunks have poor vision and rely on us to spot and avoid them. Please keep pets on leashes during times when skunks may be foraging. See stripes? Back away and be alright!

If you find injured or orphaned wildlife, please contact Calgary Wildlife at 403-214-1312.

Calgary Wildlife

Animal Barcodes

High contrast stripes (aposematic colouring) say, "Stay away!" Striped skunks also stomp, charge, hiss, and raise their tail when threatened. Skunks would rather retreat than use their limited amount of spray. Skunks help us by eating rodents, snails, slugs, and wasps!

www.calgarywildlife.org

"A DAD IS SOMEONE WHO WANTS TO CATCH YOU WHEN YOU FALL. INSTEAD HE PICKS YOU UP, BRUSHES YOU OFF AND LETS YOU TRY AGAIN."

— UNKNOWN

Natural Areas Don't Like to be Mowed

Natural areas are a type of park space that are managed to maintain natural characteristics. They're natural environment spaces where plants, insects, birds, and other wildlife (broadly known as biodiversity) can live, while balancing public access and enjoyment.



Compared to manicured parks, natural areas don't require the same level or frequency of management.

While it may seem tempting to mow and trim natural area vegetation near your property line, it's damaging to the natural area because it removes wildlife habitat and alters the local ecological system. Mowing diminishes the health and integrity of natural areas and reduces their ability to provide benefits like stormwater storage and filtration, carbon sequestration and pollinator habitat.

Mowing also interferes with all citizens' ability to enjoy the natural aesthetic of these areas. To conserve this, maintenance methods like mowing and weed control are different for natural areas versus manicured parks. By avoiding mowing into natural areas, you can help protect native plants, animals and the ecological systems that allow them to thrive in our city.

Park space is available for all Calgarians to enjoy. For more information on natural areas and how they are maintained please visit <https://www.calgary.ca/parks/natural-areas> or contact 311.

City of Calgary

the Gutter Doctor

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Backyard Play Safety

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure that their backyard play area(s) is made safe for children. Although direct supervision is the best method to reduce the chance of injury, always ensure play equipment in your yard is in good repair and is suited to the age and skill of the children using it. Check the equipment often; replace or repair any worn or broken parts.



Water hazards

- Drowning contributes to unintentional injury-related death among young children;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres(*) high and have a self-latching, self-closing, lockable gate. (*Alberta Building Code)

Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors;
- If your child has received an 'EpiPen Junior' prescription from your physician (for anaphylactic reactions) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.

Alberta Health Services

Preparing Your Property for Heavy Rain

Along with warm weather, Calgary summers can also bring heavy rains. Here are five tips to help you prepare:

1. Clean out eavestroughs and downspouts. Repair any damaged parts.
2. Extend downspouts away from yours and your neighbours' homes. Direct them onto your garden or grassy area so the water can soak into the ground.
3. If you have a swale on your property, remove yard debris to ensure water flow.
4. If you have a sump pump, check to make sure it's working.
5. Ensure any storm drains near your house are clear and free of debris.

During a heavy rainfall, if driving can't be avoided, use caution

- If possible, wait until the rain has slowed or stopped to continue your journey.

- Avoid roadway underpasses, drainage ditches, low lying areas and areas where water collects – they can unexpectedly flood or overflow.
- Do not try to drive through deep water on a roadway. You can't see potential risks or conditions that might be submerged and unsafe.



When to report pooled water on streets
During intense rainfalls, storm drains can be temporarily overwhelmed, and it may take time for water to drain. If you see water pooling around storm drains and it hasn't drained within 90 minutes, take a photo and submit it on the 311 app or online request at calgary.ca/stormdrains. Pictures help City crews respond on a priority basis. If immediate safety is a concern or water is entering a building, contact 311 immediately.

City of Calgary

Support our Farmers, Connect with Neighbours, Enjoy Great Food

We've partnered with local and regional farmers and distributors to operate farm stands at over 25 community hubs and train stations around Calgary. This year we have added seven new locations, helping us provide fresh and healthy food to more Calgarians. Our first farm stand launches on May 2, and additional stands continue to open into early June. Market days and times vary by location. Find a farm stand near you, see the schedule and learn more about the program at calgary.ca/localfood.

City of Calgary



Did You Know... These Facts About Father's Day

- Father's Day falls on the third Sunday in June.
- There are some suggestions that the idea of Father's Day may originate in pagan sun worship. Some branches of paganism see the Sun as the father of the universe. The June solstice occurs around the same time of year as Father's Day so some people see a link between the two.
- Father's Day has been celebrated in June since 1910.
- On Father's Day many people make a special effort for their fathers or father figures. Some people visit their fathers, while others give cards, flowers or other gifts, such as clothing or sporting equipment, or luxury food items.

www.timeanddate.com