

NOVEMBER 2020



ROCKY RIDGE ROYAL OAK

Your Community Newsletter since 2005

VIEW

Suburban Journal

**Lest We
Forget**

**Meet &
Knit
Program**

**RRROCA'S
Annual General Meeting on
Monday, November 23, 2020 at 6:30pm**



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Community and Residents Associations

Rocky Ridge Royal Oak Community Association

403-879-2820 • communications@rrroca.org • www.rrroca.org

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW
Calgary, AB T3G 4G1

403-547-6633 • officeadmin@rrrha.ca • www.rrrha.ca

Royal Oak Estates Homeowners Association

info@roeoha.ca • www.roeoha.ca

The Cascades in Royal Oak Residents Association

Email: contact@cascadesroyaloak.com
Website: cascadesroyaloak.com

Elected Officials

Ward 1 Councillor: Ward Sutherland
403-268-2430
ward01@calgary.ca

MLA: Sonya Savage
403-297-7104

calgary.northwest@assembly.ab.ca

MP: Pat Kelly, Calgary Rocky Ridge
403-282-7980
pat.kelly@parl.gc.ca

Editor & Article Submissionseditor@suburbanjournals.ca
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President's Message



Hello again everybody, I hope this message finds everyone doing well, and enjoying the end of the Autumn season. As many children in our community are back at some of their favorite activities, I know this can be a very busy time of year, and I hope everyone is managing it well and still finding some time to have some family fun.

With winter approaching, our volunteers at the community park are busy again this year getting the ice at our hockey rink into shape for the coming winter season. This winter we also have the addition of the leisure skating area as well as a great community fire pit for everyone to use. I hope everyone finds some time to use the park this winter as we are so happy to be able to provide such a fun gathering area for our community residents to enjoy.

A final reminder that the Rocky Ridge Royal Oak Community Association AGM is scheduled for 6:30 pm on November 23, 2020. This year due to COVID-19 restrictions we are forced to hold the meeting virtually. If non-members of the CA wish to attend the meeting please just follow the instructions on the community associations webpage (www.rrroca.org). Current members of the CA will be sent the meeting link and details via email about a week before the meeting. Thank you and all the best,

Dino Petrakos

Photographers Corner



"Rocky Ridge YMCA" by Mike Smith

Park News

Hello Everyone, my name is Kris Kasper and I am the Parks Director for the Rocky Ridge Royal Oak Community Association. So far this month it feels as though winter has settled in, making it harder to be outside with our families and friends. However, there is a beautiful park and outdoor rink in our community which is an outlet for many of our outdoor recreational activities. The COVID-19 pandemic will see that our park and skating rink is a hub of healthy social connection, while being compliant with public health guidance. You can be physically distanced at our park!

In our community, there are many nice homes to shelter us, schools to attend, and grocery stores for us to buy food. Though on the surface we appear well resourced, what we lack often is connection. It's too easy to stay inside our homes. When we lack community connectedness we cannot support each other, we don't see the lonely kid, we miss the chance to help the parent who is struggling, and the family that cannot afford hockey stays isolated at home. Our skating rink and community park is a powerful tool to amplify these health determinants. This park can connect the isolated kid to a group of friends, can help the sedentary adult get active, and can provide a social outlet for a group of teenagers.

My wife and I both see sadly, the tragic outcomes of childhoods of trauma and neglect through our professional careers. These people come from all backgrounds but often share the common stories of abuse and disconnection. The poverty we see at work can appear as a lack of resources but it also occurs when people lack connection to the community. We know that humans need many things to be healthy, from clean water, food, and shelter; but we also need social support, healthy environments, coping skills, and healthy child development, among others.

The park is an extension of our homes and an access point to our community. It is a meeting place, a symbol of a healthy neighborhood, an opening to learn new activities and an entryway in building new relationships.

I hope to see you all out there this winter!

**Kris Kasper, Director of Parks,
Outdoor Rink Coordinator
Rocky Ridge Royal Oak Community Association
(RRROCA)**

Meet & Knit Program (November - December)

We are excited to introduce a knitting meet-up this fall. RRROCA's knitting program will start in November and registration is open now.

6 sessions: Weekly, November 5th - December 10th

Time: Thursdays 12pm - 1pm.

Location: Royal Oak Victory Church

Registration: Free for members, \$30 for non-members
Maximum 10 participants

Please email programs@rrroca.org to register for the program. If you are not yet a RRROCA member, first visit our membership page at rrroca.org to sign up for a membership.



You are invited to our Annual General Meeting on
Monday, November 23, 2020 at 6:30pm.

This year the AGM will be held virtually as the COVID-19 restrictions and concerns make it difficult to hold a large gathering in person.

Come share your thoughts on matters that affect our community. Despite some difficulties, we had relevant accomplishments this year, and we would like to share them with you. We will also vote to elect our 2021 Board of Directors.

Please RSVP or Submit a Proxy

If you would like to attend, kindly fill and submit an RSVP, and we'll email you the meeting link. Otherwise, please submit a voting proxy form (RRROCA members-only). Find both electronic forms at www.rrroca.org

Do You Have Your RRROCA Membership?

In addition to the benefits listed below, 100% of membership fees go directly into program and resources funding, and future facilities development. The greater our membership base, the more funds we will have for projects, programs, and initiatives! We need your help with funds to continue dealing with municipal and provincial issues that affect your daily life.

Please visit our membership page at rrroca.org to sign up for a membership, or email membership@rrroca.org if you have any questions.

Benefits of RRROCA Membership

Here are all the current benefits of RRROCA membership, please visit our webpage regularly for updates.

- Access to Babysitter Registry
- Register for Community events and programs, including Spring Sports Program for children, Parade of Garage Sales, winning one of ten \$100 to hold block parties on Neighbour Day, etc.
- Borrow materials for holding Block party for free
- Purchase discount tickets or enter draws for free tickets to the shows at Shane Homes YMCA
- Receive free pancake breakfast at annual Stampede Breakfast event
- Receive discounts at Cloverdale Paint, Servus Credit Union, Stealth Alarms and iLoveKickboxing.
- Provide recreational insurance at Sports Program offered by RRROCA
- Accepted by Calgary West Soccer for their program registration

We are always working on expanding our membership perks. If you are a business owner who wants to give incentives to our members, please contact Linda Nwachukwu at membership@rrroca.org.



RRROCA Membership Registration

One Membership per household; valid January 1 to December 31 annually.

\$30

☐

New membership

☐

Membership Renewal

Your personal information will be used for Association purposes only and will never be given to third parties.

Last Name: _____

First Name: _____

Address: _____

Postal Code: _____ Phone #: _____

Email*: _____

* Please note e-mail is used to communicate your membership number.

If you choose "No" for updates below, the e-mail will be on file but won't be included in our news mailing list.

Would you like RRROCA news and updates by email? ☐ Yes ☐ No

Send form and cheque to: **RRROCA Membership**
P.O. Box 91009, RPO Royal Oak
Calgary, AB T3G 5W6

Councillor Report

The City of Calgary reviewed residential speed limits for Calgary, and presented their report along with other cities' practices. Several studies have been completed and other city's practices have been reviewed. For example, Edmonton's Council just passed non-posted roadways speed limits at 40km/h, instead of 50km/h.

This does not mean every road is designated at 40km/h; it would only be applicable on unposted roadways. If there is a sign posted that displays 60km, 70km, 80km or 100km, that is what the speed limit is on that particular roadway.

What we do know from studies conducted is that slower speeds result in less accidents and less severe injuries. These are proven facts; however, the question becomes - "What is the right speed?"

Studies show, and the pilot project in Edmonton proved, that once there is an absence of enforcement, the vehicular speeds will go back up. The City of Calgary does not have the money nor resources to increase enforcement. To assume everyone is going to abide by the new speed limits at all times is simply not realistic.

People are very polarized about changing the speed limit; there is not a large majority on either side. If we are going to reduce speed limits, I would support the 40km and focus on specific troubled areas identified through traffic calming.

Thank you to everyone who has already sent me their thoughts and opinions on the upcoming speed limit vote. I will be combining the total of the incoming emails, phone calls, survey, and conversations with my constituents to base my decision on when this report comes to Council for vote in November.

Ward Sutherland, Councillor, Ward 1

Volunteer Corner

Volunteer from Home

Volunteers are always important to RRROCA as we work to make Royal Oak & Rocky Ridge an even better community. Thankfully, most of the work required can be done from your home. So if you are interested in living in a great community, and can spare a few hours in a month, please consider volunteering for RRROCA!

In addition to making an impact, you will certainly learn new skills, gain valuable volunteer experience and meet more neighbours. Please email volunteer@rrroca.org if you are interested in the following positions or have any questions about volunteering with RRROCA.

Membership Chair

The Membership Chair is in charge of managing member-related activities. Supported by an assistant, this director develops and executes plans for retaining and growing the count of RRROCA members.

Time commitment: 10 hrs/month

Events Lead

With direction from the Events Chair, an Event Lead helps to execute specific events, from the planning stage to the wrap up. **Time commitment:** 3 - 7 hrs/month

Communications Lead

Implements and maintains internal communications



tools within RRROCA, and also assists with external communications as directed by the Communications Chair and/or President. **Time commitment:** 5 hours/month

Signage Lead

The Signage Lead works with our Communications team to announce important information. This person takes care of a couple of those bold signs on the side of Rocky Ridge Road. **Time commitment:** 0 – 3 hours/month

Sponsorship Lead

With direction from the Sponsorship Chair, the Sponsorship Lead helps to develop and maintain relations with sponsors for RRROCA events and programs.

Time commitment: 0 – 3 hours/month

Did You Know?

Volunteering for RRROCA as a Board or a Committee member will:

1. **gain valuable volunteering experience and essential work skills;**
2. **know the first-hand community news;**
3. **get the RRROCA membership (\$30) or one sport registration for free (\$50 or \$65) every year;**
4. **the most important: help us to build a thriving community!**

Want to receive emails about any volunteer opportunities for the community association?

Please email volunteerlead@rrroca.org to sign up.

Photographers Corner



“Fall Colours at Pond (Rocky Ridge Road).” by Mike Smith

Yielding to Emergency Vehicles

Time is the enemy in an emergency. For everyone's safety, it is important for motorists to understand how to correctly yield right of way to emergency vehicles with lights and siren activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection;
- On a one or two lane road, motorists should move to the right side of the road, slow down, and then stop. Remember to signal;
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal;
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles (there is often more than one) before re-entering traffic flow. Remember to signal;
- Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., in order to pass other traffic.

When operating a vehicle:

- It is Alberta law for motorists to slow down to at least 60 km/hour (unless a lower speed is posted) when driving in the lane next to a stopped emergency vehicle, including tow trucks, with their lights activated. If you're not in the lane next to the stopped vehicles, reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light, or making an illegal turn. Actions such as these jeopardize all motorists in the area;
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is



\$287.00;

- Always leave plenty of space between your vehicle and an emergency vehicle, should it be required to stop suddenly.

Emergency Medical Services, Alberta Health Services

Did You Know... These Facts About Poppies

- When we think of Poppies, usually the bright red variety is the first to come to mind. Poppies come in a variety of colors; orange, yellow, white, pink, and purple.
- Inspiration for the Poppy campaign in Canada was inspired by Colonel John McCrae who wrote the famous poem, 'In Flanders Fields'.
- The seeds are edible, and often a favorite for bakers and chefs who add them into loaves and muffins, salad dressings and cooking oils.
- Poppies are symbolic for 'eternal sleep' (as portrayed in 'The Wizard of Oz'), 'resurrection after death' (classical mythology) and 'remembrance' (wartime symbolism of the blood of fallen soldiers).

Larynda McKay



ROCKY RIDGE RANCH

HOMEOWNERS ASSOCIATION

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW

Calgary, AB T3G 4G1

Phone: 403-547-6633 Fax: 403-547-6634

www.rrrha.ca officeadmin@rrrha.ca

Office Hours

Changes to office hours will be updated online

Board of Directors

| | |
|-------------------------|------------------|
| President | Garett Wohlberg |
| Vice President | Amanda Tischer |
| Secretary | Colin Smith |
| Treasurer..... | Val Ostopowich |
| Director at large | Michael Morrison |
| Director at large | Bunmi Oyeibanji |

RRRHA October Update

Office Hours:

Changes to office hours will be updated online.

Annual General Meeting (AGM) update: :

At the time of printing for the November edition of the Suburban Journal, our AGM had not yet been held. An update will be available in the December edition of the Journal, and on our website after the meeting.

Calendar of Events:

Holiday Market

November 28th 10:00 a.m. – 2:00 p.m.

If you are looking for unique gifts to give away during the holiday season, be sure to check out the Holiday Market. We will have a variety of vendors selling a wide array of treasures. Watch for details in the October edition.

To become a vendor please contact the office at 403-547-6633 or info@rrrha.ca. Priority will be given to small-scale sellers, and the location of tables will be determined once the list of vendors is complete. Tables are \$20 (members), \$25 (non-members).

***due to the evolving regulations and guidelines surrounding COVID-19, please watch our website for details including entrance protocols and cancellation notice.*

Word Search

| | |
|----------|-----------|
| BRAVE | PEACE |
| CANADA | POPPY |
| COUNTRY | REMEMBER |
| FIELDS | RESPECT |
| FLANDERS | SACRIFICE |
| FREEDOM | SERVICE |
| HEROES | SILENCE |
| HONOR | SOLDIERS |
| MEDALS | WAR |
| MEMORIAL | WORLD |
| NOVEMBER | WREATHS |

Q V A Q E C K X A R H M X V S K J M
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O E B T H F O J U S P W W D W D X K
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L A R O D K D Y H Q Z T K X P O H R
L H B Q G N O V E M B E R W Z N P S

RRRHA October Update

ROCKY RIDGE RANCH HOMEOWNERS ASSOCIATION

Fall Programs

The session will run from September to December. Registration is available online at www.rrrha.ca or through the office. Please visit our website for the full details and class descriptions.

ADULT CLASSES

BALANCED YOGA *13 classes*
Mondays w/ Marcy: September 14th - December 14th, excluding October 12th. **Time:** 9:30am - 10:45am
Cost: \$165.00 for members; \$185.00 for non-members.
Minimum 5 participants

PILATES *NEW TIME* *12 classes*
Mondays w/Laurie: September 14th – December 14th, excl. October 12th & November 30th. **Time:** 6:30pm - 7:20 pm. **Cost:** \$145.00 (member); \$165.00 (non-member).
Minimum 5 participants

THERAPEUTIC YOGA FOR A BETTER BACK *14 classes*
Tuesdays w/ Vanitha: September 15th - December 15th

Time: 7:30pm - 8:45pm. **Cost:** \$175.00 for members; \$190.00 for non-members. Minimum 6 participants.

50+ YOGA *14 classes*
Wednesdays w/ Vanitha: September 16th – December 16th
Time: 10:00am – 11:30am. **Cost:** \$185.00 (member); \$205.00 (non-member). Minimum 6 participants.

YOGA *14 classes*
Thursdays w/ Vanitha: September 17th – December 17th
Time: 9:00am - 10:30am **Cost:** \$185.00 (member); \$205.00 (non-member) Minimum 6 participants.

Other Programs At The Ranch

CALGARY GOJUKAI KARATE: Please visit <http://calgarygojukai.com/> to sign up for child and adult Karate classes.

DEBORAH LAXTON SCHOOL OF DANCE: To register for child and adult dance lessons visit: <https://deblaxtondance.com/>

ROCKY RIDGE ROCKERS: Join the rockers every Tuesday at the Ranch from 1-3pm for coffee and crafting (bring a project to work on). Free and open to everyone.

SPORTBALL: Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Please visit <https://www.sportball.ca/calgary/to-register>.

Photographers Corner



“Larch Hike 1 (Ptarmigan Cirque, Kananaskis)” by Carole Westlake
THE ROCKY RIDGE & ROYAL OAK VIEW

Staying Safe at Home

Build a Great Neighbourhood

Preventing residential break-and-enters doesn't mean looking out for just your own home — it covers your whole neighbourhood. The first step you can take to prevent crime in your neighbourhood is to work together. The Calgary Police Service suggests these tips to help you get started:

Get to know each other: Become familiar with the routines in your neighbourhoods and get to know your neighbours. Help build community spirit by hosting community or street-wide block parties or yard sales. Be aware of strangers and call police at 266-1234 if something or someone looks suspicious.

Talk to each other: Good neighbours look out for each other and let others know when they will be away. Leave keys and emergency phone numbers with a trusted neighbour, friend or relative.

Keep up appearances: A well-kept community is less attractive to criminals and vandals. Appearance often reflects residents' concerns, pride and willingness to work together.

Be suspicious, and report the following to the Calgary Police Service:

- Unusual noises, such as someone yelling for help.
- Vehicles moving slowly and randomly through the neighbourhood.
- A stranger running or walking randomly through the neighbourhood.
- A stranger sitting in a car, stopping to talk to a child, or looking into homes or parked cars.
- Furniture being removed from homes when the owners are on vacation or at work.
- Abandoned vehicles.
- Unusual activities of pets, such as the repeated barking of a dog that is normally quiet.
- Someone going door-to-door soliciting, and who refuses to provide proper identification.
- If you see homes with open doors, front doors with keys left in the locks, or a neighbour's car with the trunk left open, give them a quick call to let them know.

Don't hesitate to call: Many people believe that the police don't want to be called if the caller is merely suspicious. This isn't true: when in doubt — call the police. Use the general police line at 266-1234 for suspicious activities; use 911 for crimes in progress.



If you have community concerns, you could also call your Community Liaison Officer — every district of the city has several of these officers who act as points of contact for community policing initiatives and problem solving. Check www.calgarypolice.ca for a district map and phone numbers or call the police general line at 403-266-1234 — they'll put you in contact with the CLO who looks after your community.

City of Calgary

Did You Know... These Facts About November

- The birthstone for the month of November is the topaz.
- There are two zodiac signs that fall in November: Scorpio (Oct. 23 – Nov. 21) and Sagittarius (Nov. 22 – Dec. 21)
- The chrysanthemum is the birth flower for November.
- November is believed to derive from 'novem' which is the Latin for the number 'nine'. November was the ninth month after March, the first month in the ancient Roman calendar.
- Bell Telephone Company introduced to the public the push button phone on November 18, 1963.
- John Fitzgerald Kennedy was assassinated in Dallas, Texas on November 22, 1963.

The Must-Do Things in Alberta This Winter

Winter in Alberta doesn't mean hibernating indoors until the snow melts. The bright and sunny bluebird days, ice-covered lakes and fluffy powder are beautiful in their own right, so bundle up, get outside and make the most of the season. Here are some suggestions to create your winter bucket list.

Hit the slopes

Let's check the most obvious choice off first. An Alberta winter bucket list wouldn't be complete without skiing or snowboarding in the Canadian Rockies. Alberta is home to some of the best skiing in the world, whether you're a first-timer or ready to tackle black diamond runs.

The most well-known of Alberta's ski resorts are the Big 3 – Sunshine Village, Lake Louise Ski Resort and Marmot Basin – but others throughout the province are well worth exploring. In the south, you'll find Castle Mountain Resort, which is also where you can try cat skiing; venture into Kananaskis Country and ski Nakiska; or spend a day skiing and snow tubing at Mount Norquay near the Banff townsite.

Skate on Lake Louise

Have you ever gone skating on a frozen lake in the Canadian Rockies? What about one that looks straight out of a postcard? Skating on Lake Louise is a winter right of passage in Alberta. You've got plenty of opportunities to enjoy it too, since skating is offered from mid-December to mid-April, depending on the weather. The lake is cleared daily, so you'll have ideal conditions to practice your footwork. It's also lit up in the evening for night skating. When you're ready to hang up your skates for the day, settle in for a cocktail and dinner at the Fairview Bar & Restaurant in the Fairmont Chateau Lake Louise.

Snowshoe in the Rockies

A snowshoe-assisted trek through powdery snow on a crisp winter day is a longstanding Canadian pastime. It's also an easy way to get outside and enjoy some fresh air. Banff Adventures offers several different snowshoe tours, ranging from beginner excursions to more scenic experiences. If you're feeling adventurous, give heli-

snowshoeing a try for epic views and snowshoeing on a mountain top.

Snowshoeing is a fun – and easy – way to enjoy the outdoors.

If you'd rather sit back and relax while you take in the mountain scenery, let a pack of friendly sled dogs lead the way. Snowy Owl Sled Dog Tours in Kananaskis Country – or K-Country, as the locals say – will take you on an unforgettable ride. And you may even meet some celebrity pups during your visit. The pack at Snowy Owl has been in several movies, including the 2019 Disney film, *Togo*.

Let a team of sled dogs be your guide in Kananaskis Country.

There's a nostalgic quality to a horse-drawn sleigh ride. Dash through the snow on a cozy sleigh ride for two or book a larger group adventure. Even better? It's a winter activity that's not limited to one part of the province. In Banff National Park, visit Banff Trail Riders at Warner Stables or hitch a ride at Lake Louise with Brewster Adventures, to name a couple of options. Boundary Ranch in Kananaskis Country offers sleigh and wagon rides through picturesque scenic wooded trails. In Central Alberta, pay a visit to Heritage Ranch.

Get cozy under a blanket and take in the scenery.

Maligne Canyon is an iconic landmark in Jasper National Park – not to mention, it's the deepest accessible canyon you'll find there. The canyon is a great photo op in the summer, but it's like another world when you experience it in winter. The Maligne Canyon ice walk tour will take you into the canyon to explore frozen waterfalls and ice caves.

See the Ice Bubbles at Abraham Lake

You've likely seen the famous Abraham Lake ice bubbles on Instagram, but nothing beats experiencing them in real life. December to March is prime bubble-spotting time, and Pursuit Adventures can show you the best places to see this natural phenomena. Exploring with a guide will also mean you have access to ice cleats – safety first, after all – and delicious homemade hot chocolate, marshmallows and graham crackers.

Reprinted with kind permission from Travel Alberta



Save Food in the Spirit of Waste Reduction Week

Preventing or reducing food waste at home is one way you can help achieve Calgary's waste reduction goals. Saving food also saves you money – the average Canadian throws \$1,100 of food away each year.

Try these tips for saving good food from being tossed in the bin:

- Freeze holiday food scraps for soup stock, such as turkey bones, herbs, and celery and carrot tops.
- Apples ripen 6 to 10 times faster at room temperature. Store apples in the low humidity drawer of the fridge in a breathable bag to maintain freshness.
- Designate the top shelf of your fridge for leftovers and pre-cut vegetables and fruit, so nothing gets forgotten at the back of the fridge.

For food scraps you can't save, learn how to sort it right at calgary.ca/greencart.

Find more tips to prevent food waste at lovefoodhatewaste.ca.

City of Calgary



*"Strive not to be a success,
but rather to be of value."
—Albert Einstein*

Drive Safely This Winter by Being Prepared

When driving during the winter season, be sure to plan for long trips carefully, listen to the radio or television for the latest weather forecasts, and monitor road conditions. If poor weather is forecasted, drive only if necessary.



Prepare your vehicle for winter:

Have the following checked on your vehicle prior to the winter season:

- Antifreeze levels
- Battery and ignition system
- Brakes
- Exhaust system
- Fuel and air filters
- Heater and defroster
- Lights
- Oil
- Thermostat
- Windshield wiper equipment and washer fluid level

Safety tips for your vehicle during the winter season:

- Keep your gas tank full
- Install good winter tires
- Have your emergency car kit updated for the winter season

What to include in your emergency car kit:

- First aid kit
- Jumper cables
- Flares or reflective triangles
- Ice scraper
- Car cell phone charger
- Sand or kitty litter for better tire traction
- Non-perishable food
- Blankets, hats, gloves, scarves
- Small shovel
- Face covering/mask
- Hand sanitizer or soap

Visit calgary.ca/getready for more emergency preparedness tips.

City of Calgary

Remembrance Day

Facts

- Remembrance Day commemorates Canadians who died in service to Canada from the South African War to current missions. It is held every November 11.
- The first Remembrance Day was conducted in 1919 throughout the Commonwealth. Originally called Armistice Day, it commemorated the end of the First World War on Monday, November 11, 1918, at 11 a.m.: the eleventh hour of the eleventh day of the eleventh month. From 1923 to 1931, Armistice Day was held on the Monday of the week in which November 11 fell. Thanksgiving was also celebrated on this day.
- In 1931, MP Allan Neill introduced a bill to hold Armistice Day on a fixed day—November 11. During the bill's introduction, it was decided the word "Remembrance" would be used instead of "Armistice." The bill passed and Remembrance Day was first conducted on November 11, 1931. Thanksgiving Day was moved to October 12 that year.
- The poppy is the symbol of Remembrance Day. Replica poppies are sold by the Royal Canadian Legion to raise money for Veterans.



*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*

—John McCrae

How Should The Poppy Be Worn?

The Royal Canadian Legion suggests that the poppy be worn on the left lapel of a garment and / or as close to the heart as possible.

The official start of the Poppy Campaign and the distribution of poppies to the general public begin on the last Friday in October and run until November 11.

The lapel poppy may be worn throughout the whole of the remembrance period and is removed at the end of Remembrance Day. Many people place their poppy at the base of the cenotaph, as a sign of respect, at the end of the Remembrance Day ceremony.



*"Freedom consists not in doing
what we like, but in having the
right to do what we ought."*

— Pope John Paul II

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