

APRIL 2020



**ROCKY RIDGE
ROYAL OAK**

VIEW

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Suburban Journal

**Events & Spring
Sports Updates**

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**City of Calgary
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Community and Residents Associations

Rocky Ridge Royal Oak Community Association

403-879-2820 • communications@rrroca.org • www.rrroca.org

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW

Calgary, AB T3G 4G1

403-547-6633 • officeadmin@rrrha.ca • www.rrrha.ca

Royal Oak Estates Homeowners Association

info@roe-ha.ca • www.roe-ha.ca

The Cascades in Royal Oak Residents Association

Email: contact@cascadesroyaloak.com

Website: cascadesroyaloak.com

Elected Officials

Ward 1 Councillor: Ward Sutherland

403-268-2430

ward01@calgary.ca

MLA: Sonya Savage

403-297-7104

calgary.northwest@assembly.ab.ca

MP: Pat Kelly, Calgary Rocky Ridge

403-282-7980

pat.kelly@parl.gc.ca

Editor & Article Submissionseditor@suburbanjournals.ca

Submission deadlines for this monthly publication are the 10th of the month, prior to the distribution month.

Advertising Sales:

Phil: 403-660-7324phil@suburbanjournals.ca

The ad booking deadline is the 14th of the month prior to the distribution month.

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President's Message



Hi everyone,

I'd just like to start this month's message by sincerely wishing you all the best in this trying time. I hope you are all managing to stay healthy during this crisis, and are handling the added stress as well as possible. I also would like to encourage you all to follow the guidelines given to us by all of our levels of government for handling the Covid-19 pandemic. To work from home if possible, to wash your hands often, and to practice social distancing when in public spaces. To avoid some of the panic that wells up when researching information pertaining to the virus, I would also like to urge you to stick to the reputable sources, such as Alberta Health Services (albertahealthservices.ca), the Government of Canada's main webpage (www.canada.ca) or the World Health Organization (www.who.int).

The Community Association and the Journey Church, in following the city of Calgary's state of emergency directive of not gathering in large groups, had to unfortunately cancel the annual Easter Egg Hunt. In addition, we also had to close down our community rink early for the same reason. As far as the Spring soccer program goes, we will do what is necessary when the time comes. We are currently waiting on guidelines from the city, as well as Calgary Minor Soccer on whether we should postpone the start date, leave it alone, or cancel all together. We will make sure everyone who has signed up is kept in the loop.

As we continue to navigate this crisis, I truly believe our best course of action is for us to keep our heads so panic doesn't rule. To be kind to one another, and help people in need whenever possible. On that note, there are many elderly members of our community that may need a hand replenishing their essentials, so please let's keep an eye on our most vulnerable neighbours and lend a hand by running to the grocery store for them so that they can avoid potential exposure to the illness.

Take care,

Dino Petrakos



Alberta landscapes



Farmer's fields
near Edmonton



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Our Schools

St. Sylvester School

We continue to marvel at the growth of our students in showing care and respect for each other. Lent can be more than a time of fasting, it can also be a time of feasting: feasting on unity, patience, understanding, forgiveness, compassion, enthusiasm and joy.

As we continue on our Lenten journey, our students and staff discuss and practice the importance of this season. Some facts about why we as Catholics hold this time of year close to our hearts: The season of Lent is 40 days in duration. However, when most people try to count the number of days in Lent, they begin with Ash Wednesday and end with Holy Saturday resulting in 46 days.

The season of Lent precedes and prepares us for the celebration of Easter. The primary purpose of the Lenten season is both baptismal (to help us recall or prepare for baptism) and penitential (to call us to repentance). The period of Lent calls us to renew and strengthen our commitment to discipleship with Christ and we accomplish this task through our Lenten practices and devotions.

Compost Your Food Scraps

Follow these tips to make composting food scraps an easy part of your kitchen routine:

- Remember that all kinds food scraps can be composted! This includes meal prep peelings, leftovers from fridge cleanings and plate scrapings.
- Your kitchen pail is dishwasher safe! Clean it out every few weeks to help it neat and tidy.
- Empty the pail every 2-3 days into your green cart to help reduce odours.
- Moldy and expired food can go in the green cart – just make sure to separate from the container first before composting.

Find more tips at calgary.ca/greencart

City of Calgary



View from the Events Chair

Easter Egg Hunt Cancelled

Hello Neighbours. In partnership with Journey Church, RRROCA was planning this year's Easter Egg Hunt for April. However, due to the COVID-19 pandemic, and to abide by recommendations to prevent its spread, the Easter Egg Hunt is now cancelled, and subsequent RRROCA events have been put on hold until further notice.

Please stay safe.

Nymisha Pabbaraju
Events Chair - RRROCA

Spring Sports

Our partnered organizer for Spring Sports, SoccerTech, is working hard to find a proper and safe start date. We understand that kids need activity, and to burn energy in a fun and safe environment. In the meantime, here's a official statement from SoccerTech:

We know that during this time of uncertainty due to the COVID -19 outbreak that outdoor soccer is low on the priority list. We do however want to keep you informed of where we are at, and in line with the directive from Canada Soccer, SoccerTech/ Calgary Rockies has suspended all leagues, activities, and camps through to April 15th, 2020.

This action has been taken to ensure the health and safety of our players, coaches, match officials, volunteers, spectators and staff.

Our expectation/hope is that the outdoor season will start close to expectations. Please rest assured that SoccerTech/ Calgary Rockies is working diligently to continue to provide a positive soccer experience and will provide further direction in the near future.

In light of this, we will extend registration dates and eliminate late registration fees.

We will continue to monitor the situation and provide updates. If you have any questions regarding the closure, please contact info@soccertech.ca or info@rockiessoccer.ca



Thank you for your understanding. Please stay safe.

Board and Staff
SoccerTech and Calgary Rockies

living in our city



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Do You Have Your RRROCA Membership?

In addition to the benefits listed below, 100% of membership fees go directly into program and resources funding, and future facilities development. The greater our membership base, the more funds we will have for projects, programs, and initiatives! We need your help with funds to continue dealing with municipal and provincial issues that affect your daily life.



Please visit our membership page at rrroca.org to sign up for a membership, or email membership@rrroca.org if you have any questions.

Benefits of RRROCA Membership

Here are all the current benefits of RRROCA membership, please visit our webpage regularly for updates.

- Access to Babysitter Registry
- Register for Community events and programs, including Spring Sports Program for children, Parade of Garage Sales, winning one of ten \$100 to hold block parties on Neighbour Day, etc.
- Borrow materials for holding Block party for free
- Purchase discount tickets or enter draws for free tickets to the shows at Shane Homes YMCA
- Receive free pancake breakfast at annual Stampede Breakfast event
- Receive discounts at Cloverdale Paint, Servus Credit Union, Stealth Alarms and iLoveKickboxing.
- Provide recreational insurance at Sports Program offered by RRROCA
- Accepted by Calgary West Soccer for their program registration

We are always working on expanding our membership perks. If you are a business owner who wants to give incentives to our members, please contact Linda Nwachukwu at membership@rrroca.org.

RRROCA Membership Registration

One Membership per household; valid January 1 to December 31 annually.

\$30

☐

New membership

☐

Membership Renewal

Your personal information will be used for Association purposes only and will never be given to third parties.

Last Name: _____

First Name: _____

Address: _____

Postal Code: _____ Phone #: _____

Email*: _____

* Please note e-mail is used to communicate your membership number.

If you choose "No" for updates below, the e-mail will be on file but won't be included in our news mailing list.

Would you like RRROCA news and updates by email? ☐ Yes ☐ No

Send form and cheque to: **RRROCA Membership**
P.O. Box 91009, RPO Royal Oak
Calgary, AB T3G 5W6

Photographers Corner



"Ribbon Creek Kananaskis" by Carole Westlake

To submit or for guidelines, send your photos as high quality JPEGs to newsletter@rrroca.org. Who knows, you just might see your photo(s) in print!

Volunteer Corner

Volunteer from Home

Volunteers are always important to RRROCA as we work to make Royal Oak & Rocky Ridge an even better. And most of the work required can be done from your home. So if are interested in living in a great community, and can spare a few hours in a month, please consider volunteering for RRROCA!

In addition to making an impact, you will certainly learn new skills, gain valuable volunteer experience and meet more neighbours. Please email volunteer@rrroca.org if you are interested in the following positions or have any questions about volunteering with RRROCA.

Membership Chair

The Membership Chair is in charge of managing member-related activities. Supported by an assistant, this director develops and executes plans for retaining and growing the count of RRROCA members.

Time commitment: 10 hrs/month

Communications Chair

The Communications Chair directs efforts to connect community residents with the CA by conveying the work, events and initiatives of the organization. Assistance is provided by Leads dedicated to each medium: newsletter, website, social media, signage and advertising.

Time commitment: 6 - 10 hrs/month

Communications Lead

Implements and maintains internal communications tools within RRROCA, and also assists with external communications as directed by the Communications Chair and/or President. **Time commitment:** 5 hours/month

Events Lead

With direction from the Events Chair, an Event Lead helps to execute specific events, from the planning stage to the wrap up. **Time commitment:** 3 - 7 hrs/month

Newsletter Editor

Curating content from the community and the RRROCA Board, the Newsletter Editor works with the publisher to create RRROCA's official newsletter, the RRROCA View.

Time commitment: 5 hours/month

Signage Lead

The Signage Lead works with our Communications team to announce important information. This person takes care of a couple of those bold signs on the side of Rocky Ridge Road. **Time commitment:** 0 - 3 hours/month



Volunteers Lead

The Volunteers Lead handles reception for volunteer recruiting, and coordinates volunteers for community events. This role also provides support for the Volunteers Chair in other aspects of the portfolio.

Time commitment: 3 - 6 hours/month

Sponsorship Lead

With direction from the Sponsorship Chair, the Sponsorship Lead helps to develop and maintain relations with sponsors for RRROCA events and programs.

Time commitment: 0 - 3 hours/month

Did You Know?

Volunteering for RRROCA as a Board or a Committee member will:

1. **gain valuable volunteering experience and essential work skills;**
2. **know the first-hand community news;**
3. **get the RRROCA membership (\$30) or one sport registration for free (\$50 or \$65) every year;**
4. **the most important: help us to build a thriving community!**

Want to receive emails about any volunteer opportunities for the community association?

Please email volunteerlead@rrroca.org to sign up.

Did You Know... These Facts About April

- The birthstone of April is the diamond.
- The birth flower is the Daisy.
- The two zodiac signs in April are Aries (March 21 - April 19) and Taurus (April 20 - May 20).
- April is named for the Greek goddess of love, Aphrodite. The name for the month of April originally came for Aprilis which means to open.
- April is Global Child Nutrition Month, Humor Month, and Mathematics Awareness Month.
- April Fool's Day may stem from a calendar change in 1582. Pope Gregory XIII moved New Year's Day from April 1 to January 1, when the Gregorian calendar was adopted. Many people continued to celebrate New Year's Day on April 1st, rather than the new date of January 1st, and were referred to as "April fools".

Councillor Report

City of Calgary Council Accountability

As outlined in the Code of Conduct for elected officials, councillors are required to disclose their budget and expenses posted online. To view Councillor Ward Sutherland's budget and expenses, visit <https://bit.ly/2wvX3kV>. If you have any questions regarding Ward's budget or expenses, please contact his office at ward01@calgary.ca.

Bowness Park update

The West Calgary Ring Road project, led by The Province, includes expanding the Stoney Trail bridge across the Bow River near Bowness Park. The City of Calgary would like to share with you some of the construction activities scheduled in Bowness Park.

Pathway detour

Access is needed for trucks to haul material in and out of the bridge construction area. To allow that access and to keep park users safe, a pedestrian detour was installed on the north side of the park. This detour will be in place for the duration of the bridge project. For a picture of the map, visit www.Calgary.ca/ward1.

Temporary Park Closure

There will be a large volume of construction materials being delivered to site this spring. To minimize the disruption to the site and ensure the safety of Calgarians, Bowness Park will be closed for approximately two to three weeks to accommodate the increased construction traffic. The park will be closed to vehicles but open to pedestrians in specific areas for the entire duration of these weeks. Please obey all signage for your own safety during construction activities. The closure is expected to take place in April, information will be shared when dates are known.

Bookings will be temporarily unavailable while the park is closed, but available once re-opened. For more information, visit: swcrrproject.com.

Ward Sutherland, Councillor, Ward 1

DID YOU KNOW??

A hummingbird's heart beats at over a 1,000 times a minute



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Stephen Avenue

Bicycle Helmet Safety

Head injuries are the leading cause of serious injury and death to kids on wheels*. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. Remember – it's the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

Getting informed

- Wearing a helmet while cycling can prevent a serious injury, or even save a life;
- Brain injuries can cause permanent disability or death;
- Reduce your risk by always wearing your helmet;
- Replace any helmet that has been involved in a crash, even if it appears undamaged.

Getting started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them;
- Start the habit early. Young children learning to ride tricycles need to wear helmets;
- Parents must lead by example – always wear a helmet when cycling.

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash;
- When worn properly, helmets should fit level, not tilted up, or down over the forehead;
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened;
- Adjust the chin straps to form a “Y” below and slightly forward from the ears;



- Only one finger should be able to fit under the chin strap when it is fastened;
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort and safety.

*Parachute Canada

<http://www.parachutecanada.org/injury-topics/item/wheeled-activities1>

Emergency Medical Services, Alberta Health Services

Sudoku Corner

The objective is to fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes contains the digits 1 – 9 only one time each.

6	9		1			8		
5				9	7			6
		1			2	7		
		6				4		2
	4			1			5	
2		5				9		
		8	9			2		
4			6	3				9
		3			1		4	8

Answer on Page 15

DID YOU KNOW??

The first story of a rabbit (later named the “Easter Bunny”) hiding eggs in a garden was published in 1680.





ROCKY RIDGE RANCH

HOMEOWNERS ASSOCIATION

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW

Calgary, AB T3G 4G1

Phone: 403-547-6633 Fax: 403-547-6634

www.rrrha.ca officeadmin@rrrha.ca

Office Hours

Changes to office hours will be updated online

Board of Directors

President.....	Garett Wohlberg
Vice President	Amanda Tischer-Dees
Secretary	Tony Scherpenisse
Treasurer.....	Val Ostopowich
Director	Bunmi Oyebanji
Director	Collin Smith
Director	Michael Morrison

Events & Programs

UPCOMING RRRHA Events

Easter Party – Saturday April 4th 1:00-3:00pm

Join us for an Easter egg hunt, crafts and family fun!

Please RSVP with the office by Tuesday, April 1st.

Spring Programs

The session will run from April until June for adult classes. Registration is available online at www.rrrha.ca or through the office. Please visit our website for the full details and class descriptions.

BALANCED YOGA

Mondays w/Marcy 10 classes
April 6th – June 22nd (excl. April 13th & May 18th)
Time: 9:30am – 10:45am
Cost: \$125.00 (member); \$140.00 (non-member)
Minimum 5 participants

PILATES

Mondays w/Laurie 10 classes
April 6th – June 22nd (excl. April 13th & May 18th)
Time: 6:45pm - 7:35 pm
Cost: \$120.00 (member); \$135.00 (non-member)
Minimum 5 participants

GENTLE HATHA YOGA FOR BEGINNERS

Tuesdays w/ Vanitha 12 classes
April 7th – June 23rd
Time: 6:00pm – 7:15pm
Cost: \$150.00 (member); \$165.00 (non-member)
Minimum 6 participants

THERAPEUTIC YOGA FOR A BETTER BACK

Tuesdays w/ Vanitha 12 classes
April 7th – June 23rd
Time: 7:30pm – 8:45pm
Cost: \$150.00 (member); \$165.00 (non-member)
Minimum 6 participants

50+ YOGA

Wednesdays w/ Vanitha 12 classes
April 8th – June 24th
Time: 10:00am – 11:30am
Cost: \$160.00 (member); \$175.00 (non-member)
Minimum 6 participants

YOGA

Thursdays w/ Vanitha 12 classes
April 9th – June 25th
Time: 9:00am - 10:30am
Cost: \$160.00 (member); \$175.00 (non-member)
Minimum 6 participants

Children's Classes

MUSIC FOR LITTLE MOVERS & SHAKERS

Thursdays w/Becki 6 classes
April 23rd - May 28th
10:00am – 11:00am
1 – 4 years old parented
Cost: \$60.00 (members); \$75.00 (non-members)

UKULELE FUN!

Thursdays w/ Becki 6 classes
April 23rd – May 28th
4:00pm – 4:30pm
Ages 7 - 13
Cost: \$45.00 Members; 55.00 Non-members

Spring Tennis

Please visit our website for details and dates.

Other Programs at the Ranch

CALGARY GOJUKAI KARATE: Please visit calgarygojukai.com to sign up for child and adult Karate classes.

DEBORAH LAXTON SCHOOL OF DANCE: To register for child and adult dance lessons visit deblaxtondance.com

ROCKY RIDGE ROCKERS: Every Tuesday at the Ranch from 1-3pm, coffee and crafting (bring a project to work on). Free and open to everyone.

SPORTBALL: Visit www.sportball.ca/calgary to register.

YOUNG REMBRANDTS: www.youngrembrandts.com

Alberta Chickadees

There are three types of chickadees habitually living in Alberta: the Black-capped, Boreal, and Mountain Chickadees. They are all songbirds with slightly different but overlapping (conifer forest) habitats. It can sometimes be tricky to figure out which type you are hearing or seeing. They are all known for the part of their song that gives this bird its name – “*chick-a-dee-dee-dee*”.

These three types of chickadees are much alike in their mating (monogamous) and nesting behaviours, feeding styles and food preferences, flight patterns, food hoarding behaviours and physiological adaptations for winter. They are frequently in mixed flocks so it is very hard to tell them apart by sight or sound, but fun to try!

Fun Chickadee Information:

- The chickadee is one of the most important pest exterminators in the forest and is a hard working little bird. It eats huge amounts of insect eggs, larvae and pupae; caterpillars, sawflies, other insects and spiders. They will even hang upside down to access food!
- Chickadees spend most of their day feeding and are so good at finding food that other birds (such as nuthatches and warblers) hang around to hear the call that means a good source of food has been found. Most of its diet consists of invertebrates during the breeding season, and invertebrates are about half of its diet during the winter (the rest being berries, nuts and seeds rich in fat).
- When there is a lot of food, and in the late summer and fall, the chickadee becomes a food hoarder. It carefully hides food under a piece of bark, in a knothole or in a patch of lichen or foliage. A chickadee may cache many dozens of food items in a single day, and can find these hours and even many days later (up to 4 weeks) ... filling its ‘cupboards’ for when food supplies run low. It even remembers when it has used up a food cache.
- A Chickadee has the skills and a special

ability that makes it a uniquely adapted bird for Alberta winters. It knows how to find good roosting spots to shelter from the cold winter nights (in holes in trees, dense evergreens or thick bushes). To keep warm the chickadee stands up its soft, dense, thick ‘winter’ under-feathers to trap warm air close to its body to serve as good insulation against the cold (sort of like a parka).

- Even more notable is the Chickadee’s ability to drop its body temperature at night by 6-10° C below its daytime body temperature. This allows it to save energy and insulating fat (although it does take a while to warm up and get going in the morning). Its hard work finding and storing food comes into play here too, as food not needed for the immediate activity of moving around and foraging for more food is stored as body fat. This fat provides the energy that the chickadee needs to survive while sleeping and fasting through the long, cold Alberta winter nights. The foods (such as raw sunflower seeds, shelled unsalted peanuts, suet) offered at our backyard bird feeding stations in winter really help this little bird survive the cold.

Chickadees are engaging, gregarious, entertaining little songbirds that make bird feeder observing and walking in the woods fun in any season.

If you find an injured or orphaned Chickadee or other wild bird or animal, please contact the Calgary Wildlife Rehabilitation Society at 403-239-2488 for tips, instructions and advice, or look at the website at www.calgarywildlife.org for more information.

J.G. Turner, CWRS



Photo Credit: Andrea S. H. Hunt

Calgary River Valleys

Spring Citizen Science Opportunity

Calgary River Valleys is a non-profit organization dedicated to building a strong and effective voice for river valley protection and water quality in Calgary. We consider ourselves “the voice of our rivers.” In 2020 Calgary River Valleys will be working on a variety of projects, including distributing educational information about the importance of having healthy river and creek-adjacent areas, also known as riparian areas, for water quality, flood mitigation, and preventing erosion. These efforts are funded in part by a Watershed Resiliency and Restoration Program grant provided by the Government of Alberta.

We will also be promoting related projects by other groups that support Calgarians’ connection to natural areas and protection of these areas. One such project we think you may want to participate in is the Calgary City Nature Challenge 2020 (<http://citynatureyy.ca>). It’s incredibly easy to participate, you can do it on your own, or with others, and you can be part of this world-wide Citizen Science project to document the natural world within each city that participates. If you want to learn more about the awesome power of Citizen Science, check out this short video on YouTube. C’mon Calgary, you’re up for a challenge, right?

City Nature Challenge 2020: Calgary Metropolitan Region

Building on the efforts made in 2019, once again in 2020, volunteers who participate in the City Nature Challenge will see how Calgary’s urban biodiversity stacks up to cities around the world. Calgary and surrounding municipalities will be under a total bio-blitz and compete with cities such as Berlin, Cape Town, San Francisco, Halifax and 275 other cities around the world. Calgary’s goal is to gather 10,000 observations of everything wild that lives in our regional ecosystem, including Calgary, Airdrie, Cochrane, Okotoks, and Chestermere. We are trying to beat other cities around the world for bragging

DID YOU KNOW??

Eggs have been seen as ancient symbol of fertility, while springtime is considered to bring new life and rebirth.



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Highland Games

Coalitions Collaborating for Impact

Canada's 24-Hour Movement Guidelines

Did you know that...

- Infants should not be restrained (i.e. stroller or a high chair) for more than 1 hour at a time?
- Toddlers should get 11-14 hours of sleep (including naps) each day?
- Preschoolers should be physically active for 180 minutes or more each day?
- Children should have no more than 2 hours of recreational screen time a day?



The Canadian Society of Exercise Physiology (CSEP) has created Canada's first age-based guide to physical activity, sedentary behaviour and sleep. These guidelines help to create a balance between moving, sitting and sleeping, and they are available for all ages (including adults). The benefits of following these recommendations have been associated with:

- Healthy growth
- Better learning and thinking
- Improved motor development
- Higher fitness levels
- Increased quality of life
- Reduced injuries
- Fun!

Take a few minutes to visit csepguidelines.ca to familiarize yourself with the guides, and then get active!

Coalitions Collaborating for Impact (CCI) consists of parents, community members, organizations and professionals who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children based on the Early Development Instrument.

*Adapted from <https://csepguidelines.ca/>
Calgary NW Early Childhood Coalitions*

rights as to which city can log the most observations, the most species, and the most participants. The bonus is that every observation helps to identify our urban natural environment, which can help support land use and policy decisions to make our urban environment a better place.

How Do I Become a Citizen Scientist in the City Nature Challenge?

Nature is everywhere in the city. By mapping where nature is in the Calgary region we can build on our understanding as to why and how flora and fauna exist in certain locations in Calgary. How do you take part you ask? First, get outside and discover nature between April 24 and 27. It is as easy as walking in your own yard, your street or alley, a creek or river valley, or a local park. Then, take one or more pictures of each natural thing you find (or even record audio, such as bird calls). This can be anything from trees, shrubs, grasses, lichens, animals, bugs, and birds. If possible, take multiple pictures of the item so it can be properly identified by experts later. Finally, upload your pictures to iNaturalist.org (you can create an account for free) by midnight on May 3 and your observations will count toward Calgary's participation in the City Nature Challenge. Once your pictures are uploaded, experts will identify the species of what you saw, which helps to build on our knowledge of urban biodiversity. The winning cities will be announced on May 4 on the global CityNatureChallenge.org website.

Contact us at CalgaryRiverValleys2@outlook.com if you would like more information about the City Nature Challenge 2020, or about Calgary River Valleys projects for this year.

Calgary River Valleys

Sudoku Corner Solution

6	9	7	1	5	3	8	2	4
5	2	4	8	9	7	1	3	6
3	8	1	4	6	2	7	9	5
1	3	6	5	7	9	4	8	2
8	4	9	2	1	6	3	5	7
2	7	5	3	8	4	9	6	1
7	6	8	9	4	5	2	1	3
4	1	2	6	3	8	5	7	9
9	5	3	7	2	1	6	4	8