



ROCKY RIDGE ROYAL OAK

Your Community Newsletter since 2005

VIEW

Suburban Journal



Lest We Forget

RRROCA AGM
November 25

Volunteer
Corner

RRRHA Holiday Market
November 23

"Fall Pathway" Photo by Chelsea Marsolais



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Community and Residents Associations

Rocky Ridge Royal Oak Community Association

403-879-2820 • communications@rrroca.org • www.rrroca.org

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW
Calgary, AB T3G 4G1

403-547-6633 • officeadmin@rrrha.ca • www.rrrha.ca

Royal Oak Estates Homeowners Association

info@roeha.ca • www.roeha.ca

The Cascades in Royal Oak Residents Association

403-299-1810 • contact@cascadesroyaloak.com
www.cascadesroyaloak.camp7.org

Elected Officials

Ward 1 Councillor: Ward Sutherland
403-268-2430
ward01@calgary.ca

MLA: Sonya Savage
403-297-7104
calgary.northwest@assembly.ab.ca

MP: Pat Kelly, Calgary Rocky Ridge
403-282-7980
pat.kelly@parl.gc.ca

Editor & Article Submissions editor@suburbanjournals.ca
Submission deadlines for this monthly publication are the 10th of the month, prior to the distribution month.

Advertising Sales:

Phil: 403-660-7324 phil@suburbanjournals.ca
The ad booking deadline is the 14th of the month prior to the distribution month.

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- 32 Calgary communities
- more than 80,000 homes
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www.SuburbanJournals.ca

President's Message

Hi everyone,

I hope everyone had a wonderful summer. I would first like to thank our Vice President Dino Petrakos for delegating for me whilst I was in Bonny Scotland for my vacation. I returned just before our "Cauld Blast" reminder in September that winter is coming!



Along with 14 other communities, we hosted the Federal Election Candidate Forum on October 7, which was well attended and proved to be a good insight into the 6 candidates standing. Thanks to all the volunteers from all the communities and the Victory Church for once again letting us use their facility. A further thanks to Jim Palmer, Kirk Schmidt, Jonathan Neufeld, Dave and Quinn Cheung for their parts in the organizational aspects.

The community clean-up took place on September 22nd and was well supported with members and volunteers, thank you to everyone involved.

Like myself you are all no doubt preparing the last garden clean-up before winter is finally upon us, so please be careful not to overdo it and be safe doing any manual and strenuous activities, especially when the snow hits us! If fit and able, help out your neighbor who may have disabilities or not as fit as they used to be.

Along with the present board and committee members, we have a number of new members joined since my last message, and I appreciate all their commitment in helping the community. If you feel you can assist in any way, please contact our volunteer team at **volunteer@rrroca.org** for more information or to sign up. We all would appreciate your support.

Our secretary Patience Fagbenro is stepping down after our next board meeting, and I thank her on behalf of myself and the board for her time and hard work during her 3 year tenure. At present we require a replacement and if you believe you can assist in filling this Executive position, please contact us through the Volunteer links above, or by contacting myself as per below.

A reminder that the RRROCA Annual General Meeting is on November 25th 2019. Feel free to attend, or please use the Proxy Voting form on the website.

If you need to contact me, please reach me by email at **president@rrroca.org**, and I will respond to you in an appropriate timeframe.

Enjoy the beautiful fall views of the countryside and city, stay safe as the nights start closing in and hope you enjoyed your Thanksgiving.

Henry Cairney
RRROCA President



RRROCA Annual General Meeting (AGM)

Monday, November 25; 6:30pm
Royal Vista Multi-Use Facility

You are invited to attend your Community Association's AGM on the 26th of November. Come share your thoughts on matters that affect our community. Together we have accomplished much this year; we would like to share these accomplishments with you. We will also vote to elect our 2020 Board of Directors.

If you would like to attend, kindly RSVP to secretary@rrroca.org. If you are not able to attend or you are unsure, we would be grateful if you complete a proxy and return to secretary@rrroca.org.

To download the proxy form and meeting agenda visit www.rrroca.org

Henry Cairney
AGM Chair

Membership Card

Digital membership cards were emailed to RRROCA members in October.

Members may print or save the email, to show their membership cards on mobile devices to prove the validity of membership. All

members living in the same household will be able to prove their membership status by showing both the RRROCA membership card along with a government issued photo ID card. If you did not receive an email of your membership card, please contact me at membership@rrroca.org.



Benefits of RRROCA Membership

Here are all the current benefits of RRROCA membership, please visit our webpage regularly for updates.

- Access to Babysitter Registry
- Register for Community events and programs, including Spring Sports Program for children, Parade of Garage Sales, winning one of ten \$100 to hold block parties on Neighbour Day, etc.
- Borrow materials for holding Block party for free
- Purchase discount tickets or enter draws for free tickets to the shows at Shane Homes YMCA
- Receive free pancake breakfast at annual Stampede Breakfast event
- Receive discounts at Cloverdale Paint, Servus Credit Union, Stealth Alarms and iLoveKickboxing.
- Provide recreational insurance at Sports Program offered by RRROCA
- Accepted by Calgary West Soccer for their program registration

We are working on expanding our membership perks. If you are a business owner who wants to give incentives to our members, please contact me at membership@rrroca.org.

Joanna Tjia Membership Chair - RRROCA

RRROCA Membership Registration

One Membership per household; valid January 1 to December 31 annually.

\$30 ☐ New membership ☐ Membership Renewal

Your personal information will be used for Association purposes only and will never be given to third parties.

Last Name: _____

First Name: _____

Address: _____

Postal Code: _____ **Phone #:** _____

Email*: _____

* Please note e-mail is used to communicate your membership number.
If you choose "No" for updates below, the e-mail will be on file but won't be included in our news mailing list.

Would you like RRROCA news and updates by email? ☐ Yes ☐ No

Send form and cheque to: **RRROCA Membership**
P.O. Box 91009, RPO Royal Oak
Calgary, AB T3G 5W6

DID YOU KNOW??

Approximately 18,000,000 poppies are distributed around the world every year.



Volunteer Corner

Volunteers for Casino Fundraiser

Your Community Association has an urgent need for volunteers to work our fundraising efforts at a casino on the 19th and 20th of this month!



Casino fundraiser is the biggest source of funding for the Community Association. It represents the majority of our operating budget and as such pays for things like, our hockey rink up keep, park up keep, and various community events and programs throughout the year. Also, without the money from this fundraiser we are in danger of losing our government grant for our park development project, which is started but not completed. It takes many volunteers to pull off this fundraiser, and anyone able to help us out with this has our eternal gratitude and appreciation.

If you or anyone you know is able to help out, please find sign-up link on the home page at www.rrroca.org

When and Where:

Tuesday, November 19th & Wednesday, November 20th, 2019 at Cowboys Casino

* Shifts run: 11:00am - 7:30pm, 6:45 pm - 3:30 am,
& 11:15 pm - 3:30 am

** Meals, beverages and snacks are provided

Dino Petrakos
Vice President – RRROCA

Your Community Needs Your Leadership

Volunteers are always important to RRROCA, so if you have a few hours of spare time in a month and are interested to help for the community you are living, why not consider volunteering for RRROCA? There is flexibility in time to volunteer for RRROCA and board meeting is always close to home. You will also learn new skills, gain valuable volunteer experience and meet more neighbours. Please email volunteer@rrroca.org if you are interested in the following positions.

Secretary

The Secretary handles the clerical duties for RRROCA, including recording and distributing minutes of Board meetings, maintaining current filing system and overseeing general Board correspondence. The Secretary is an executive member of the Board.

Time commitment: 10 hrs/month

Membership Chair

The Membership Chair is in charge of managing member-related activities. Supported by an assistant, this director develops and executes plans for retaining and growing the count of RRROCA members.

Time commitment: 10 hrs/month



Events Lead

With direction from the Events Chair, an Event Lead helps to execute specific events, from the planning stage to the wrap up. **Time commitment:** 3 - 7 hrs/month

Newsletter Editor

Curating content from the community and the RRROCA Board, the Newsletter Editor works with the publisher to create RRROCA's official newsletter, the RRROCA View.

Time commitment: 5 hours/month

Signage Lead

The Signage Lead works with our Communications team to announce important information. This person takes care of a couple of those bold signs on the side of Rocky Ridge Road. **Time commitment:** 0 – 3 hours/month

IT Lead

The IT Lead provides advice and maintenance for the information technologies of RRROCA. Experience with administering web infrastructure (e.g. hosting services) is required. **Time commitment:** 0 – 3 hours/month

Sponsorship Lead – Occupancy Pending

With direction from the Sponsorship Chair, the Sponsorship Lead helps to develop and maintain relations with sponsors for RRROCA events and programs. **Time commitment:** 0 – 3 hrs/month

Did You Know?

Volunteering for RRROCA as a Board or a Committee member will:

1. gain valuable volunteering experience and essential work skills;
2. know the first-hand community news;
3. get the RRROCA membership (\$30) or one sport registration for free (\$50 or \$65) every year;
4. the most important: help us to build a thriving community!

Want to receive emails about any volunteer opportunities for the community association?
Please email volunteerlead@rrroca.org to sign up.



ROCKY RIDGE RANCH

HOMEOWNERS ASSOCIATION

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW

Calgary, AB T3G 4G1

Phone: 403-547-6633 Fax: 403-547-6634

www.rrrha.ca officeadmin@rrrha.ca

Office Hours

Changes to office hours will be updated online

Board of Directors

President.....	Garett Wohlberg
Vice President	Amanda Tischer-Dees
Secretary	Tony Scherpenisse
Treasurer.....	Val Ostopowich
Director	Bunmi Oyebanji
Director	Collin Smith
Director	Michael Morrison

Facebook Page

Check out our Facebook page for the latest updates from the Ranch! facebook.com/rockyridgeranchHA

Green Cart Pickup Moves to Every Other Week in November

With winter on the way, green cart pickup will change to once every other week starting in November.

Find your new winter schedule online at calgary.ca/collection

You can also sign up for free reminders or download the free Garbage Day app so you never miss a collection day.

Did you know? Your carts must be out by 7 a.m. on pickup day.

City of Calgary



RRRHA October Update

Annual General Meeting (AGM) Update

At the time of printing for the November edition of the Suburban Journal, our AGM had not yet been held. An update will be available in the December edition of the Journal, and on our website after the meeting.

Senior's Activities

Do you find yourself wishing there were more activities for you to take part in? Would you like to see a book club, a walking group, a cribbage/games club, or any other types of activities that may be of interest organized through the Ranch? If so, we would love to hear from you. Please connect with us either by phone, email or in person as your ideas and feedback are important to us.

Calendar of Events

Mark your calendars and join us at one of our member functions taking place over the coming months. Our parties are family friendly environments with various entertainment and/or activities. Please be sure to check for more details online or in the upcoming editions of the Suburban Journal.

Holiday Market

November 23rd 10:00am – 2:00pm

If you are looking for unique gifts to give away during the holiday season, be sure to check out the Holiday Market. We will have a variety of vendors selling a wide array of treasures. Watch for details in the October edition.

To become a vendor please contact the office at 403-547-6633 or info@rrrha.ca. Priority will be given to small-scale sellers, and the location of tables will be determined once the list of vendors is complete. Tables are \$20 (members), \$25 (non-members).

Christmas Party

December 7th 1:00 – 3:00pm

Our most popular party is a hit with young and old alike. This very holiday themed family event is complete with a visit from Santa!

**RSVP will begin November 1st and will be available until capacity is reached. Due to the capacity restrictions, only those families that have RSVP'd are able to attend.*

Fall Programs

The session will run from September to December. Registration (and class descriptions) are available online at www.rrrha.ca or through the office.

ADULT CLASSES

BALANCED YOGA 12 classes
Mondays w/Marcy: September 9th – December 9th (*excl. Oct 14 and Nov 11*). **Time:** 9:30am – 10:45am **Cost:** \$155.00 (member); \$170.00 (non-member) *Minimum 5 participants*

PILATES 12 classes
Mondays w/Laurie: September 9th – December 9th (*excl. Oct 14 and Nov 11*) **Time:** 7:30pm – 8:20pm. **Cost:** \$145.00 (member); \$155.00 (non-member) *Minimum 5 participants*

THERAPEUTIC YOGA FOR A BETTER BACK 14 classes
Tuesdays w/ Vanitha: September 10th – December 10th
Time: 8:00pm – 9:00pm. **Cost:** \$170.00 (member); \$185.00 (non-member) *Minimum 6 participants*

50+ YOGA 14 classes
Wednesdays w/ Vanitha: September 11th – December 11th. **Time:** 10:00am – 11:30am. **Cost:** \$180.00 (member); \$195.00 (non-member) *Minimum 6 participants*

YOGA 14 classes
Thursdays w/ Vanitha: September 12th – December 12th
Time: 9:00am - 10:30am **Cost:** \$180.00 (member); \$195.00 (non-member) *Minimum 6 participants*

CHILDREN'S CLASSES

MUSIC FOR LITTLE MOVERS AND SHAKERS
Thursdays w/Becki 6 classes **Dates TBA**
Time: 10:00am – 11:00am 1 – 2 years old parented
Cost: \$60.00 (members); \$75.00 (non-members)

YOGA FOR MOM & BABY
Tuesdays w/Sylvia 8 classes **Dates TBA**
Time: 10:00am – 11:00am
Cost: \$75.00 (members); \$85.00 (non-members)

Other Programs At The Ranch

ROCKY RIDGE ROCKERS: Join the Rockers every Tuesday at the Ranch from 1-3pm for coffee and crafting (bring a project to work on). Free and open to everyone.

CALGARY GOJUKAI KARATE: calgarygojukai.com

DEBORAH LAXTON SCHOOL OF DANCE:
deborahlaxtondance.com

SPORTBALL: www.sportball.ca/calgary

YOUNG REMBRANDTS: www.youngrembrandts.com

THE ROCKY RIDGE & ROYAL OAK VIEW

living in our city



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Councillor Report

This year, Remembrance Day falls on Monday. As per my tradition, I am attending the Royal Canadian Legion Branch (No. 238) Ceremony in Bowness. Join me in observing a moment of silence to mark the sacrifice of the many who have fallen in the service of their country, and to acknowledge the courage of those who still serve to protect our freedoms and rights.

The Bowness Legion Remembrance Day Ceremony will be held at the Bowness Community Association, located at 7904 43 Ave NW. The ceremony begins at exactly 11:00 a.m. and ends at 11:45 a.m.

Want to help our veterans? Consider donating food, money or your time to the Veterans Association Food Bank (VAFB). This not-for-profit registered charity is designed to relieve poverty by providing food and basic fundamental needs for veterans and their families. The Veterans Association Food Bank promotes a stable environment for veterans affected by loneliness, isolation, addictions, mental health or other health-related issues, by providing peer support programs and social activities.

The Veterans Association Food Bank accepts non-perishable and perishable food items, financial donations, empty bottles and cans, as well as extra hands to help around the warehouse. Drop off perishable food at their warehouse, or through a pick-up option, by appointment through their office.

For your convenience, the Veterans Association Food Bank offers drop-off locations for non-perishable donations all over the city. For more information, visit: www.veteransassociationfoodbank.ca

Did you know that my monthly report in community newsletters is just a fraction of the updates my office provides to residents? Get updates straight from City Hall. Sign up at www.WardSutherland.com.

Ward Sutherland, Councillor, Ward 1

DID YOU KNOW?

Lieutenant Colonel John McCrae, famous Canadian army doctor who wrote "In Flanders Fields", was born in Guelph, Ontario on November 30, 1872.



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Stephen Avenue

ROYAL OAK ESTATES

Homeowners Association



Board of Directors:

President: Laura Parsons

Secretary: Cecilia Chung

Treasurer: Alan Hildebrandt

Directors: Stein Yang
Zeena Taghvai
Louise Boucher

Royal Oak Estates
Homeowners Association
info@ROEHA.ca
<http://roeha.ca>



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Alberta landscapes



Farmer's fields
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