

JANUARY 2019



ROCKY RIDGE ROYAL OAK

Your Community Newsletter since 2005

VIEW

Suburban Journal

NEW!
RRROCA
Updates
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**RRRO
Community
Garden**

**Volunteer
Corner**

**Cannabis
Stores
Near You?**



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Community and Residents Associations

Rocky Ridge Royal Oak Community Association

403-879-2820 • communications@rrroca.org • www.rrroca.org

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW
Calgary, AB T3G 4G1

403-547-6633 • officeadmin@rrrha.ca • www.rrrha.ca

Royal Oak Estates Homeowners Association

info@roe-ha.ca • www.roe-ha.ca

The Cascades in Royal Oak Residents Association

403-299-1810 • contact@cascadesroyaloak.com
www.cascadesroyaloak.camp7.org

Elected Officials

Ward 1 Councillor: Ward Sutherland
403-268-2430
ward01@calgary.ca

MLA: Minister Sandra Jansen
403-297-7104
calgary.northwest@assembly.ab.ca

MP: Pat Kelly, Calgary Rocky Ridge
403-282-7980
pat.kelly@parl.gc.ca

Editor & Article Submissions editor@suburbanjournals.ca
Submission deadlines for this monthly publication are the 10th of the month, prior to the distribution month.

Advertising Sales:

Phil: 403-660-7324 phil@suburbanjournals.ca
The ad booking deadline is the 14th of the month prior to the distribution month.

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President's Message

My name is Henry Cairney and I was elected President for the Rocky Ridge Royal Oak Community Association (RRROCA) on December 10th 2018. Myself and my wife Shona have lived in Royal Oak for the past 8 years. My daughter, her husband and grandchildren reside in Royal Oak also. I retired from business on August 2018 and have decided to donate some of that 'spare' time to the community.



Although new in the RRROCA, I bring a vast experience from my past engineering management, sports coaching and board roles, and look forward to working with the other RRROCA board members and the many volunteers who actively support their work on an annual basis. I thank them all for their previous endeavors and hope they, and newer volunteers keep that up.

I would be amiss if I did not reach out to everyone in the community to keep working with us going forward into 2019 (doesn't the time fly!) quite apart from volunteering, but just getting involved in some way, you never know, it could be fun! If you have that time to spare, we would be delighted to hear from you.

Please e-mail volunteer@rrroca.org for more information about all current opportunities, and anything you could contribute.

Also please feel free to contact me on anything that you believe should be brought to my attention. You can reach me by email at president@rrroca.org. I will respond to you in an appropriate time, and if I don't know the answer, I will find out or direct you to someone who does!

We thank Suburban Journals for stepping in at such short notice and providing our magazine content.

Myself and the board/teams hope you had a wonderful festive time, and we look forward to seeing you all at our events in 2019.

Henry Cairney
RRROCA President



RRRO Community Garden: Grow & Get to Know

Gardening is a great way to connect with your local environment and community, and to gain an appreciation for what it means to grow your own food. Whether you have tried your hand at gardening before or have ever wondered what it feels like to grow a plant from a seed, community garden offers opportunities to connect with others and learn new things.

The RRRO community garden has been in the community for 9 years and together with the community and the city, we have secured a suitable spot to keep the garden growing strong. Today the garden has 39 raised garden plots, fruit trees, flower and berry beds. Also, on site are 3 compost bins, tool box with garden tools and access to water.

If you haven't had a chance to see the RRRO Garden yet, go for a walk and take a tour! The garden is located north of the baseball diamonds in the field near Royal Oak Drive and Royal Birch Gate N.W. Though the garden is not green and lush quite yet, another community garden season awaits!

Join the RRRO Community Garden: Plot Registration Open Soon!

Registration for this year's garden will open March 15, 2019. Everyone from the RRRO community is welcome to join. Interested gardeners can send an email to rrrocommunitygarden@gmail.com to find out about open plot opportunities. The time commitment per month is 4-6 hours including watering, plot care, maintenance and

garden volunteer opportunities. For 2019 plot registration fees are \$30.00 a valid RRRO community membership is mandatory.

Stay Connected

You can now connect with RRRO Community Garden on Facebook. Here you can learn about upcoming events and volunteer opportunities, share ideas, photos and get inspired about gardening and growing your own food. Visit www.facebook.com/rrrocommunitygarden. We look forward to sharing the garden season with you.

RRRO Community Garden Committee

Do you have RRROCA Membership?

Please support your community by purchasing a membership. The benefits you get is lot more than the value! 100% of association membership fees go directly into program and resources funding, and future facilities development. The greater our membership base, the greater funds we will have accessible for projects, programs, and initiatives! We need your help with funds to continue dealing with municipal and provincial issues that affect your daily life.

Please visit our membership page at rrroca.org to sign up for a membership, or email membership@rrroca.org if you have any questions. We are also working on providing more benefits to our members. If you are business owners who would like to join our 'discounts for members' program, please email us.

Did You Know?

Benefits of membership

- Access to Babysitter Registry
- Register community events and programs, including Spring Sports Program for children, Parade of Garage Sales, winning one of five \$100 to hold block parties on Neighbour Day, etc.
- Borrow materials for holding block party for free
- Receive discounts at Cloverdale Paint, Servus Credit Union, and Stealth Alarms.
- Provide recreational insurance at Sports Program offered by RRROCA
- Accepted by Calgary West Soccer for their program registration*
- More benefits are coming!

Joanna Tjia Membership Chair - RRROCA

Volunteer Corner

Introducing the New Communications Chair and Programs Co-Chair

We are pleased to introduce two board member volunteers: Tatyana Sandroyan as a Programs Co-Chair and Immanuel as the Communications Chair. Although new to these board roles (since November), both Tatyana and Immanuel were key volunteers within their respective portfolio committees in the past couple of years. We are very thankful that they stepped up to fill these critical positions, and for their dedication to serving the community through RRROCA over the years.

Message from Tatyana

Hello dear neighbors,
It is a pleasure and a privilege to introduce myself as the new Programs Chair for RRROCA. Having lived in this beautiful area almost 5 years, I am very excited to give back to the community that welcomed my family with open arms!



We move to the Royal Oak area in early 2014. We immediately felt welcomed and made many dear friends. There is no shortage of a community feel when it comes to Royal Oak and Rocky Ridge! We know that we can always count on our neighbors for support and guidance, whether it is through the Royal Oak school, the Community Association or our wonderful Royal Oak/Rocky Ridge Families Facebook page!

My two sons (Daniel and Nikolas) participate in Spring Sports in the community every single year. It has been a great way to meet and play with all our wonderful neighbors and friends, while also keeping the kids busy and providing an opportunity for fresh air and exercise. This is why I am very excited to take on this role and am dedicated to include as many families as possible! Our programs are almost entirely run by volunteers! Each and every parent that signs up to help out is appreciated and is valued dearly! I encourage you to sign up for a role (any role!) and promise to provide guidance, support and clear expectations so that you can succeed in your position and in turn make each program successful.

Please feel free to contact me for any questions relating to Programs via email at programs@rrroca.org.

Go Spring Sports!

-Tatyana

Message from Immanuel

Hello neighbours,

As a resident of Rocky Ridge for 6 years, I must say, I am proud to be a member of this community. After 4 years of living in Rocky Ridge, my wife and I had an opportunity to move to our young family an ideal house; a move that would've taken us out of this community. But we liked RR/RO so much that we opted to find a similar house here.



Around the same time, I started volunteering at RRROCA as the Communications Lead. Frankly, I was initially purely motivated by the career-building experience offered, but soon after getting involved, my main motivation to continue became to help maintain the value residents get from being members of our community.

I'm committed to hold this new role for at least one year. My main goals surround developing a process that eases the onboarding of new board members and committee leads. We've already made good progress in this regard for our internal communication and email system over the past 2 years. This year we will focus of improving our external communications system (i.e. for newsletter, social media, and website).

However, we cannot function without your support, so if you have any input or are interested in helping out, please send me a message at communications@rrroca.org

Have a great New Year!

- Immanuel

Vacant Positions

Volunteers are always important to RRROCA. Many of our board members recently moved on after serving the board for several years, so if you have a few hours of spare time in a month and are interested to help for the community you are living, why not consider volunteering for RRROCA? There is flexibility in time to volunteer for RRROCA and board meeting is always close to home. You will also learn new skills, gain valuable volunteer experience and meet more neighbours. Please email volunteer@rrroca.org if you are interested in the following positions.

Volunteers Chair

Volunteers Chair oversees the volunteer needs by recruiting and managing volunteers, liaising with members of the Board to understand their volunteer needs and works towards fulfilling those needs, as well as ensuring the welfare of volunteers.
Time commitment: varies/month

continued on page 8

Volunteer Corner *continued*

Parks Chair

The Parks Chair will be responsible for parks and recreation in the community. He/she will liaise between the community and the board on issues related to parks within the community. He/she will volunteer closely with the Parks Lead to oversee the sports facility at RRROCA park, train and coordinate ice rink volunteers in the winter.

Time commitment: varies/month

Sponsorship Co-Chair

The Sponsorship Co-Chair will approach and maintain relations with sponsors for RRROCA events and programs.

Time commitment: 10 hrs/month

Programs Co-Chair

The Programs Co-chair will provide the opportunity for the communities' diverse residents to participate in sports program and activities.

Time commitment: varies/month

Did You Know?

Volunteering for RRROCA as a Board or a Committee member will:

1. gain valuable volunteering experience and essential work skills;
2. know the first-hand community news;
3. get the RRROCA membership (\$30) or one sport registration for free (\$50 or \$65) every year;
4. the most important: help us to build a thriving community!

Want to receive emails about any volunteer opportunities for the community association? Please email volunteerlead@rrroca.org to sign up.

Spring Sports

Registration for Spring Sports will begin on February 1st. Register early as space will be limited this year! T-Ball, Coach Pitch and U4 to U12 soccer will run for 8 weeks starting April 27, 2018.

NOTE: RRROCA membership is required to register.



UPDATE: Cannabis Stores Near You?

An application for a cannabis store at the Royal Oak plaza, which was rejected by the Development Authority, was appealed.

The appeal hearing scheduled for January 22, 2019, was rescheduled and held on December 13th instead. However, RRROCA was able to submit the results of the residents' survey to the Appeal Board on short notice. Here are the results summary at that time:

- 57% of respondents oppose this store location.
- 53% of respondents oppose cannabis stores within the community.

The survey questionnaire remained open until December 31st. Find the final results on the front page of www.rrroca.org

Immanuel Nwachukwu
Communications Chair - RRROCA



Homeowners Association



Board of Directors:

President: Laura Parsons
Secretary: Cecilia Chung
Treasurer: Alan Hildebrandt
Directors: Stein Yang
Zeena Taghvai
Louise Boucher

Royal Oak Estates
Homeowners Association
info@ROEHA.ca
<http://roeha.ca>

Seasons Greetings from your Royal Oak Estates Board and all the best in the New Year!



Annual Invoices

The RRRHA annual fee invoices will be mailed out by January 1, 2019. Online payment will be available by January 3rd with instructions for payment included with the invoice, as well as posted on our website. Payments are due by January 31, 2019. Interest will accrue at a rate of 2% monthly on outstanding accounts beginning February 1, 2019. All outstanding accounts will be sent for collections as of June 1, 2018 for amounts owing as of May 31, 2019.

If you wish to make installment payments via post-dated cheques, please do so at the office. A maximum of 5 installments will be accepted with full payment to be processed by May 31, 2019. Interest does not accrue on accounts for which monthly payments are made so long as there are no issues with returned or declined payments.

***If you will be out of town in January you are able to arrange to have your payment processed via post-dated cheque or utilize the online system from anywhere worldwide that internet can be accessed.*

Ice Skating and Winter Activities

Please note that helmets are required while skating. The ice will be divided into separate areas for hockey and skating, and we ask that sticks and pucks be kept off the public skating area. If the "Keep off the ice" signs are present, we ask that all members refrain from getting on the lake. Ice updates will be posted on our website, social media sites (Facebook and Facebook members page) and our road signs.

Winter Programs

The session will run from the week of January 7th until the week of March 29th for adult classes. Registration is available online at www.rrrha.ca or through the office. Please visit our website for class descriptions.

ADULT CLASSES

BALANCED YOGA

10 classes

Mondays w/Marcy

January 7th – March 25th*

(excluding February 18th and 25th)

Time: 9:30am – 10:45am

Cost: \$125.00 (\$member); \$140.00 (non-member)

Minimum 5 participants

continued on next page

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The Green Party of Alberta invites you to "Meet the Leader" Bannock & Stew Fundraiser & Silent Auction

Saturday, January 19, 2019 – 7-9:00 p.m.
@ The Village Event Centre
RMC 4039 Brentwood Road NW

- Unique gifts and auction items
- Indigenous craft vendors
- Vegan-friendly bannock and stew
- Coffee/tea, juices/water
- Buy your Green Party of Alberta Membership!
- Live entertainment, informative speakers

Green Candidate for Calgary-Varsity
and Leader, Green Party of Alberta
Cheryle Chagnon-Greyeyes

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Email: leader@greenpartyofalberta.ca



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ROCKY RIDGE RANCH HOMEOWNERS ASSOCIATION

INTRODUCTION TO MEDITATION 8 classes

Mondays w/ Vanitha

January 14th – March 11th*

(excluding February 18th)

Time: 11:00pm – 12:00pm

Cost: \$95.00 (member); \$105.00 (non-member)

Minimum 6 participants

PILATES

10 classes

Mondays w/Laurie

January 7th – March 18th*

(excluding February 18th)

Time: 7:30pm – 8:20 pm

Cost: \$120.00 (member); \$135.00 (non-member)

Minimum 5 participants



NEW YOGA FOR MOM AND BABY

10 classes

Tuesdays w/Silvia

January 22nd – March 26th

Time: 10:00am – 11:00am

Cost: \$135.00 (member); \$150.00 (non-member)

Minimum 5 participants

**Drop in available. Please contact the office.*

THERAPEUTIC YOGA FOR A BETTER BACK

12 classes

Tuesdays w/ Vanitha

January 8th – March 26th

Time: 7:30pm – 8:45pm

Cost: \$150.00 (member); \$165.00 (non-member)

Minimum 6 participants

50+ YOGA

12 classes

Wednesdays w/ Vanitha

January 9th – March 27th

Time: 10:00am – 11:30am

Cost: \$160.00 (member); \$175.00 (non-member)

Minimum 6 participants

NEW TOTAL BODY CONDITIONING (TBC)

11 classes

Wednesdays w/Marcy

January 9th – March 27th (excluding February 20th)

Time: 10:00am – 11:00am

Cost: \$110.00 (member); \$125.00 (non-member)

Minimum 5 participants

YOGA

12 classes

Thursdays w/ Vanitha

January 10th – March 28th

Time: 9:00am – 10:30am

12 Rocky Ridge Royal Oak View

Cost: \$160.00 (member); \$175.00 (non-member)

Minimum 6 participants

NEW RESTORATIVE YOGA

12 classes

Fridays w/ Vanitha

January 11th – March 29th

Time: 10:00am – 11:30am

Cost: \$160.00 (member); \$175.00 (non-member)

Minimum 6 participants



CHILDREN'S CLASSES

MUSIC FOR LITTLE MOVERS AND SHAKERS

Come sing, dance and make music with your child while you meet other local families. Taught by a music educator with Level 3 Orff training. Open to children 6 months to 3 years old as activities will be tailored to suit a variety of ages.

Thursdays w/Becki

January 10th – February 14th

Time: 10:00am – 11:00am

1 – 2 years old parented

Cost: \$60.00 (members); \$75.00 (non-members)

OTHER PROGRAMS AT THE RANCH

CALGARY GOJUKAI KARATE

Please visit calgarygojukai.com to sign up for child and adult Karate classes.

DEBORAH LAXTON SCHOOL OF DANCE

To register for child and adult dance lessons visit deblaxtondance.com

ROCKY RIDGE ROCKERS

Join the rockers every Tuesday at the Ranch from 1-3pm for coffee and crafting (bring a project to work on). Free and open to everyone.

SPORTBALL

Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Please visit www.sportball.ca/calgary to register.

YOUNG REMBRANDTS

www.youngrembrandts.com

The Cascades in Royal Oak Residents Association Board invites all Cascades residents to attend our upcoming AGM

Tuesday, January 29, 2019 7:00 PM
Royal Oak Victory Church, 450 Royal Oak Drive N.W.

A formal announcement, with full details, will be mailed out to Cascades homeowners in January 2019

Refreshments will be served.



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