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RRROCA REPORTER

RRROCA
ROCKY RIDGE ROYAL OAK
COMMUNITY ASSOCIATION
WWW.RRROCA.ORG

FEBRUARY | 2017

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The official monthly newsletter of the Rocky Ridge & Royal Oak Community Association

THE HERD ON NOSE HILL
BY MIKE SMITH



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HIGHLIGHT: Spring Sports Programs - P5

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Vice President's Message



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Happy New Year!

With the New Year comes the opportunity for making resolutions. Many resolutions are personal goals, such as exercising more, eating better and losing weight. I wish everyone the best of success with their resolutions. This year, I would like to invite all of our community members to consider another resolution, such as helping a fellow neighbour. As we know, the economic downturn continues to affect many families. Another way to contribute to the community is to volunteer for our Community Association. I wish everyone much success and good health in 2017.

Thanks.



~ Ali Oonwala



MARK YOUR CALENDARS

- February 14: Valentine's Day
- February 20: Family Day
- February 25: RRROCA Family Movie Afternoon at ROVC



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DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those for the Community Association or the publisher of this newsletter.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so. Thank you.



Royal Oak
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Transportation Summary

By Durotolu Aro, RRROCA Director of Transportation



- The red light camera installed on Country Hills Blvd & 112 Avenue has greatly reduced the gravel truck nuisance. Once construction on the Sarcee – Stony Trail Interchange and 112 Avenue are completed, the trucks will be routed away from the community.

- Two merge traffic signs were installed at the intersection of Country Hills Blvd. and Royal Birch Blvd. This reminds drivers

making a right turn from Royal Birch Blvd. to Country Hills that they have a dedicated lane, and so do not need to stop at the intersection.

- Traffic at the intersection of Royal Birch Blvd. & Royal Oak Way (the 4 way stop sign) continues to be a problem; unfortunately, there is no obvious solution. There is not enough space for a traffic circle or to have a double right turn off Royal Oak Way.

- We turned down a request to support the removal of the bus trap between Royal Lake Drive and Royal Vale Drive. We believe it will result in increased traffic from residents cutting through; separation of Rocky Vale Green and Rockcliff Landing communities; and significant change in the character of Rock Lake, Rockcliff, & Rockford communities.

- We asked the City to install pedestrian crossing signs with reflective poles at the intersection of Rocky Ridge Cl. & Rocky Ridge Blvd. after a pedestrian collision.

- The new playground zone on Royal Oak Way is about 500m long; to prevent drivers speeding up before getting to the end we have requested additional playground zone signs for the stretch.

- The City turned down our request to construct a missing wheelchair ramp at the playground at Royal Oak Drive for safety and signage reasons. The ramp will be located at the bottom of a curved slope with trees blocking driver's line of sight.

- Timing and speed limit of "I-slow" Lights in the playground zone on Royal Oak Drive do not correlate with the playground zone time and road speed limit. The City has been asked to correct this.

- Stop signs are primarily for vehicular control and not for pedestrian safety. For this reason we did not support request from residents to install them for pedestrian safety reasons.

On a final note, remember:

- Pedestrians have the right of way at every intersection in our community, even if there is no marked crosswalk. Failure to yield has a \$776 fine.

- If you have a traffic concern, first call the city at 311 to report it, and make sure to send me the reference number. If you need advice or a second opinion before contacting 311, feel free to contact me.

Thank you for your support and patience in 2016.



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Spring Sports



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2017 Spring Sports Program

By Ted Linklater, RRROCA Director of Programs

Registration for the 2017 Spring Sports Program starts February 1, 2017 and closes on March 12, 2017. Registration is available online only and a link can be found on the Rocky

Ridge Royal Oak Community website (RRROCA.org), under Sports.

Register early to avoid disappointment. If you have not registered for any programs with RRROCA in 2015 and/or 2016, you will need to set up a new account.

RRROCA Programs are available for registration to those who have a RRROCA membership. If you do not have a RRROCA membership, the membership fee will be automatically applied during the registration process. Memberships are \$30 annually per household. Registration is open to non-residents as well, if a RRROCA membership is purchased.

It should be noted that a \$50 refund will be credited if one or more parent/guardian volunteers and fulfills any volunteer position.

Program	Birth Year	Day	Time	Cost	Spring Sports VOLUNTEER Deposit
T-Ball	2012/2011	Wednesday	6:30 - 7:30 PM	\$65	\$50
Coach Pitch I	2009/2011	Tuesday	6:30 - 7:30 PM	\$65	\$50
U04 Soccer	2013	Saturday	9:15 AM - 10:00 AM	\$50	\$50
U05 Soccer	2012	Saturday	10:15 - 11:15 AM	\$65	\$50
U06 Soccer	2011	Thursday	6:30 - 7:30 PM	\$65	\$50
U08 Soccer	2010/2009	Wednesday	6:30 - 7:30 PM	\$65	\$50
U10 Soccer	2008/2007	Tuesday	6:30 - 7:30 PM	\$65	\$50
U12 Soccer	2006/2005	Monday	6:30 - 7:30 PM	\$65	\$50

Schedule and Fees

Programs run for 8 weeks beginning Saturday, April 22 and ending on Monday, June 19. To be eligible for registration in these programs, your child must have been born before March 31, 2013.

Volunteer

The Spring Sports program would not be able to run without volunteers.

There are a few key volunteer positions that we would like to have filled before registration starts. By contacting us now to volunteer, you can guarantee your child's spot in the program and ensure that you get the volunteer position of your choice! We are currently recruiting Age Group Coordinators, Coach Coordinator, Equipment Manager, and Volunteer Coordinator. If you are interested in any of these key positions or would like more information, please email programs@rrroca.org. All other volunteer positions are filled during registration.

If you have any other questions, please email me at programs@rrroca.org.

REPORTER - EDITORIAL POLICY

The official newsletter of the Rocky Ridge Royal Oak Community Association

All content appears at the discretion of the Board as well as Mind's Design Publishing. All copy may be edited due to space as well as grammar and usage.

We welcome all community content including Community Event listings, area schools updates, good news stories, Senior and Youth content and Letters to the Editor. The editor welcomes and encourages writers from our community to write for this newsletter; either one-time articles or ongoing columns.

Political representation is accepted but limited to elected representatives



of this community (ie: if their name appeared on a ballot and they were elected).

Submission Deadlines: community content is due on the 8th of the month for the following month's issue. Articles should be no more than 500 words in length.

Photographs are welcomed from both local professional and amateur photographers for inclusion on the cover or inside the issue. Please email high quality JPEGs to the Editor (email attachments are acceptable). We cannot pay for photos but will give credit as the photographer's personal name.

All advertising enquires should be directed to newslettersales@mindsdesign.ca. Advertising is due on the 15th of the month for the following month's issue.

VOLUNTEER CORNER



By Joanna Tija RRROCA
Director of Volunteers

The cold of winter didn't deter the enthusiasm of our volunteers. I highly appreciate the responses I have received from prospective ice rink volunteers. We will keep you on the list for when the rink is ready in late 2017 (anticipated). Our board members

are also busily planning events and programs for all residents. Thank you, everyone, for your good work!

We urgently need to fill the Director of Events and Events Lead positions. Event planning experience would be an asset, but not necessary. We just need the help of a devoted individual!

Please email me at volunteer@rrroca.org if you are interested in volunteering for the following positions.

BOARD

Director of Events

Responsible for organizing events for RRROCA within the

community, updating information on upcoming/past events on the website and monthly newsletter. Will be expected to attend monthly board meetings.

Time commitment: Varies/month

COMMITTEE

Event Leads

We are building a team to plan events for 2017. Event Leads will assist the planning and execution of community events, including idea generation, vendor booking, event promotion, on-site event direction, etc.

Time commitment: 2-5 hours/month

Assistant Secretary

Responsible for assisting the secretary in carrying out clerical duties for RRROCA and standing in when the secretary is away.

Time commitment: 2 hours/month

EVENTS

Casino Fundraiser Volunteers

The Casino Fundraiser is an important event to raise funds needed for community capital projects, including the **new community park** and **ice rinks**. We are looking for about 40 volunteers who will commit to 4 to 8 hour shifts to run our Casino Fundraiser on May 31 (Wednesday) and June 1 (Thursday), 2017 at Cowboys Casino (421 12 Ave SE, Calgary). There are various positions, such as banker, cashier, chip runner, count room staff, etc. Other than helping our community to raise funds, you will surely have fun!

DID YOU KNOW?

Volunteering for RRROCA as a Board Member or a Committee Lead will allow you to:

1. Gain valuable volunteering experience and essential work skills;
2. Be among the first to learn community news;
3. Get a RRROCA membership (\$30) or one sport registration for free (\$65) every year; and
4. Most importantly: help us build a thriving community!

*The spiritual journey is individual, highly personal. It can't be organized or regulated.
It isn't true that everyone should follow one path. Listen to your own truth.*

~ Ram Dass



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LOCAL

PHOTOGRAPHERS

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NOSE HILL PARK IN WINTER
BY MIKE SMITH



MAGPIE IN FLIGHT
BY ARPITA
MAZUMDAR

MALE DOWNY WOODPECKER
BY GRAHAME BOOTH



WINTER SCENE
BY CHAR KRAUSNICK



The REPORTER wants to showcase the talents of our local photographers throughout the year, both as our monthly cover feature as well as in the newsletter. **Think seasonal:** send us your Stampede photos for July, or your street decked out for December for example. **Think local:** capture our community in a great light, our natural environment or just something unique that you've seen when you're out and about. Amateur and professional photographers of all ages are welcome to submit. We cannot provide monetary payment but we will give you a photo credit using your personal name (not your business name, if you have one). Please send your photos as high quality JPEGs to newsletter@rrroca.org and who knows, you just might see your photo(s) in print!

SNOW ON TREE
BY DAYNA BAERG



Contact Information



Rocky Ridge Royal Oak Community Association

Phone: 403.879.2820 **E-mail:** communications@rrroca.org

Address: PO Box 91009, RPO Royal Oak Calgary, Alberta, T3G 5W6

Website: www.rrroca.org

The REPORTER, the official newsletter for both Rocky Ridge and Royal Oak, is published 11 times a year by Mind's Design Studio and is delivered to the all residents and local businesses by



RRROCA Board of Directors

President	Tessa Sakamoto	president@rrroca.org
Vice President	Ali Oonwala	vp@rrroca.org
Treasurer	Paul Watson	treasurer@rrroca.org
Secretary	Patience Fagbenro.....	secretary@rrroca.org

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Director of Communications	Jenna Mortis	communications@rrroca.org
Director of Membership	Muoi Leong	membership@rrroca.org
Director of Planning/Development	Dave Spencer	planning@rrroca.org
Director of Safety	Jessica Asuquo	safety@rrroca.org
Director of Parks	David Houston	parks@rrroca.org
Director of Programs	Ted Linklater	programs@rrroca.org
Director of Sponsorship	Gerard Lynch	sponsorship@rrroca.org
Director of Volunteers	Joanna Tija.....	volunteer@rrroca.org
Director of Schools	Ambreen Sulman	schools@rrroca.org
Director of Transportation	Durotolu Aro	transportation@rrroca.org
Director of Events	Michelle Drysdale	events@rrroca.org

Committee Leads

Newsletter Editor	Mary Fleet	newsletter@rrroca.org
Communications Lead	Immanuel Nwachukwu	info@rrroca.org
Social Media	Fatima Khawaja	socialmedia@rrroca.org
Events	VACANT	events@rrroca.org
Website	Wendy Alessi	info@figtreedesignstudio.com
Babysitter's Registry	Hong Zhu	babysitting@rrroca.org

Community Contacts

MP, Calgary Rocky Ridge	Pat Kelly	pat.kelly.c1@parl.gc.ca
MLA, Calgary Northwest	Sandra Jansen	Calgary.northwest@assembly.ab.ca
Councillor, Ward 1 (Rocky Ridge)	Ward Sutherland	ward.sutherland@calgary.ca
Councillor, Ward 2 (Royal Oak)	Joe Magliocca	joe.magliocca@calgary.ca
RR Community Liaison Officer	Constable Jason Schneider	jschneider@calgarypolice.ca
RO Community Liaison Officer	Constable Scott Nedham	snedham@calgarypolice.ca

NEWSLETTER AD SALES: 403.203.9152 NEWSLETTERSALES@MINDSDESIGN.CA

NEW IN THE NEIGHBOURHOOD?

Did you just move to the neighbourhood? Are you looking for information on Rocky Ridge and Royal Oak? Do you want to try some fabulous local businesses at a discounted rate? Contact Welcome Wagon to take advantage of all of this for FREE! My name is Erica and I am your local Welcome Wagon representative. I would be happy to provide you with some information on Rocky Ridge and Royal Oak and answer any questions you have about the neighbourhood.

Give me a call at 403.272.4029 or send me an e-mail at eoosen@shaw.ca.



Welcome Wagon... a Canadian tradition since 1930.

**TOUR
TODAY**



Seniors Lifelong Learning

Have you ever wanted to continue learning but feel you are too old to go back to school? Does having your mind stimulated through a University quality course without the homework and tests excite you? If it does, then we have an opportunity to get you out of the house and beat those winter blues!

Rocky Ridge Retirement Community is pleased to offer a 4 week course to challenge you, and provide an educational outlet to keep your mind sharp-with like-minded peers. We are pleased to offer **Psychology 1201** at no charge, to interested Seniors 65 years and older.

Psychology 1201-Wisdom & Other Good News Stories About Aging:

The part of Psychology that looks at human individual differences (Intelligence, Cognitive Functioning, etc.) can rightly be accused of taking a rather negative view of the aging process. As we age, according to research in those areas we slow down physically and cognitively and so may not seem as “with it” when compared to younger folks. We will start by looking at what Psychology has had to say in this area and, do not despair, we will talk about more recent work that indicates that in fact when we control for illness and related issues we actually continue to learn, grow and develop (and get smarter!) throughout our entire lives. We will look at concepts like Wisdom which are understood as positive qualities or capacities that **ONLY** develop with **LOTS** of life experience (and so are possessed by old people and **NOT** by young people). Finally we will have a look at the huge and growing array of things that are proposed as having anti-cognitive aging powers, from crossword puzzles to computer games supposedly designed by Neuroscientists to keep us mentally nimble and we will talk a bit about what psychological research is telling us about those things, that they can be helpful but they are not the astonishing breakthroughs they are usually marketed as.

Classes: 1:00 p.m. to 3:00 p.m. every Thursday, starting on February 2nd for 4 weeks.

**No prior knowledge or experience necessary.*

These classes will be taught by Professor Mike Boyes, PhD. Mike has just retired after teaching Psychology at the University of Calgary for the past 30 years. He also serves as an expert on Developmental and Psychological issues for local and national media, the Discovery Channel, and the Provincial Crown Prosecutor’s Office (Alberta Provincial and Queens Bench Courts).

Rocky Ridge Retirement Community

For a complimentary tour or to RSVP for an event, please call **403.930.4848** or
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Volunteer of the Month



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Recognizing our Volunteers

By Joanna Tija, Director of Volunteers

Each month, we will write this article to recognize the efforts one of our devoted volunteers. The first one will be Tessa Sakamoto, the current President of RRROCA (since April 2015).

Before becoming RRROCA's President, Tessa started volunteering for RRROCA in January 2014 as the Director of Sports due to her background in sports, recreation, and event management. She has organized the Spring Sports program in 2014, 2015, and 2016.

Here is the interview with Tessa (T).



Q: Why do you volunteer for RRROCA?

T: I started volunteering for RRROCA when I saw an announcement on Facebook that the soccer program was going to be cancelled because there was no one to organize it. My daughter wanted to play, so I sent an email to see what I could do to help! Now that

"I think it's important to know that a good volunteer is someone who is willing to help. There is always a good fit for someone who steps up!"

~ Tessa

I am involved, I have really learned the value of a Community Association (CA) and what it does for everyone who lives in the area. Before I joined, I had no concept of the scope of a CA's activities!

Q: Describe your experience volunteering for RRROCA.

T: I really like volunteering for RRROCA. Not only is it great to meet people in our community, but to see how the projects we work on make the community better is really rewarding. I have made great connections and friends through the CA.

Q: What have you accomplished?

T: Since I started with the CA in 2014, we have had a great team of volunteers. All our projects have taken a team effort and I'm proud to work with the other volunteers who want to make our community the best it can be. The things I am most proud of that I have been involved with are the successful (and growing!) sports programs, our community rink, and most recently, the 2016 Holiday Adopt-a-Family Program where we matched families in RRRO who asked for help with community families and businesses who purchased Christmas gifts.

Q: What have you learned through volunteering for RRROCA?

T: Great question! Coming in to the CA, I was fairly young (as far as volunteers go), so I have really enjoyed working with experienced and knowledgeable people who have taught me a lot. When I took on the role of president, I was honest about the fact that I was new and didn't have experience with a CA, and I would rely on the expertise of others on some projects or portfolios. I think most of what I have learned comes in the practical sense. I have learned a great deal about societies and NFPs (not-for-profits), working with the city and collaborating with various levels of government so that our concerns as a community can be heard and addressed.

Q: Any future goal(s)?

T: Balance! That is always my goal, and I am always working toward it!

Q: Any other experiences you would like to share?

T: When I attended my first meeting for the CA, there were four people (including myself) in attendance. Today, we have 15 Directors. Look how we have grown! Remember, we are always looking for more help.

Words from the author

We thank Tessa for her valuable contributions. She is a busy mother of two little ones; her youngest baby was just born in summer 2016. Nothing has stopped her enthusiasm towards volunteering for our communities! Good work, Tessa!

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RRROCA Membership



Why get a RRROCA Membership?

By Muoi Leong, Director of Membership



The Rocky Ridge Royal Oak Community Association (RRROCA) is 100% run by volunteers and provides several benefits:

- Hosts many community events, such as the Stampede Breakfast, Neighbour Day, Community Clean-Up and Community Garage Sales.
 - Organizes the Spring Sports programs (soccer, slo-pitch, T-ball) for our children.
 - Coordinates the Babysitting Registry.
 - Works as a conduit between our city and provincial government, acting as a voice for our community for various issues.
 - Has organized and partially funded the development of an outdoor ice rink, and will organize the maintenance and upkeep of the ice rink once it is complete.
 - Continuously works to promote community safety – such as implementing the PACE Car Program, making crosswalks more visible, and working with the area constable to reduce the community crime rate.
 - Communicates area and city issues to residents.
 - Communicates with the Ward 1 and 2 Councillors, the Member of Legislature of Alberta, and the Members of Parliament.
- I encourage you to visit our website for information on upcoming events and RRROCA-funded initiatives at <http://rrroca.org>.

Our success depends on your membership.

Thank you for supporting the Rocky Ridge Royal Oak Community Association!

January Draw Winner!

Congratulations to Johanna A., the winner of our January membership draw!

Please remember that the earlier you register, the more chances you have to win. A RRROCA membership is needed for participation in the Spring Sports programs as well as the Winter Skate program.

DRAW PRIZES! For each month from November 2016 to February 2017, all new and renewed memberships for 2017 will be put into a monthly draw with winners having their membership fee refunded or winning prizes donated by local businesses.

☐ **New membership** ☐ **Membership renewal**

Memberships are annual and are valid January 1 to December 31

Your personal information will be used for Association purposes only and will remain confidential.

Last Name _____

First Name _____

Address _____

Postal Code _____ Phone _____

E-mail* _____

* Please note e-mail is used to communicate your membership number, if you choose "No" for update the e-mail will be on file but not used for Association news.

Would you like Association news and updates by e-mail ☐ Yes ☐ No

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Rocky Ridge Ranch Homeowners Association
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Registration ongoing for Rocky Ridge Ranch 2016 Programs.
Punch passes available. Contact the office or visit
www.rrrha.ca for details.

403.547.6633 • www.rrrha.ca • officeadmin@rrrha.ca



Program guide available at
www.rrrha.ca and Facebook

HOURS: Mon/Wed/Fri 8am-4pm, Tue/Thu 8am-8pm
Sat/Sun 8am-12pm



Two Cheese Tuna Mexi-Melts By Terri Gilson, Rocky Ridge Resident & Volunteer Contributor



Winter is the ideal time for indulging in comfort food, and this Tuna Melt is the ultimate in healthy comfort food. You don't even have to be a big fan of canned tuna to love this recipe. It's also kid tested and approved! This new take on an old favourite pairs Mexican flavours with healthy broccoli slaw, two types of gooey

melted cheese, and good ol' canned tuna for an easy, healthy, and quick weeknight dinner.

Canned tuna is an excellent meal option for both price and convenience!

Ingredients:

- 1/2 (340g/12oz) bag broccoli coleslaw
- 1/2 cup sharp/old cheddar cheese (light or regular)
- 1/2 cup Monterey Jack cheese
- 1 (170 g) can tuna
- 1/4 cup mayonnaise
- 1/2 tsp crushed or pureed garlic
- 1/2 tsp agave syrup
- 1/2 tsp salt
- 2 Tbsp. fresh lime juice (can substitute concentrated)
- 1 Tbsp. fresh cilantro, finely chopped
- 1 Tbsp. jalapenos, chopped (I use tamed jalapenos)
- 3 taco shells, crushed
- 1/3 cup canned sliced black olives
- 1/4 cup chopped green onion
- 4 Tbsp. salsa
- 4 pieces of rye bread

Garnish: additional salsa and sour cream

Directions:

1. Preheat oven to 350°F. Spray 9x13 cookie sheet with non-stick cooking spray
2. In a small bowl, mix garlic, lime juice, mayo and agave together with a whisk.
3. Mix tuna, broccoli slaw, green onion, jalapenos, cilantro, black olives and salt together in a large, separate bowl.
4. Pour mayonnaise mixture over broccoli coleslaw/tuna mixture and mix well.
5. Toast bread (to prevent sogginess).
6. Top toast with about 1/3 – 1/2 cup broccoli/tuna mixture (however much you can fit).



7. Soften taco shells in microwave for 20 seconds, then crush. Spread crushed shells over tuna melts, dividing shells between all 4 melts.
8. Spread 1 Tbsp. of salsa on each melt over crushed taco shells.
9. Top with both cheeses, dividing between all 4 melts.
10. Melt in oven for 8 minutes, then turn up to broil for about 2 minutes or until cheese is bubbly and starting to brown.
11. Top with additional salsa and sour cream as garnish, if desired.

Prep time: 10 minutes

Total time: 20 minutes

Cook time: 10 minutes

Servings: 4

See more of Terri's recipes at
www.foodmeanderings.com



FAMILY MOVIE
AFTERNOON

Join us on Saturday, February 25th
from 3:00 to 5:00 p.m. for a
screening of "The Secret Life of Pets"
at the Royal Oak Victory Church.

Doors open at 2:30 p.m. Popcorn and
drinks will be provided by RRROCA.



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WWW.RRROCA.ORG

YOUR CITY SECTION

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Check out these important updates from The City of Calgary

Enjoy a fun-filled afternoon of nature games, wildlife crafts, scavenger hunts and more at our free We Are Family event on February 19 at the Inglewood Bird Sanctuary.	Calgary.ca/ ParksEvents
Do you know a Calgarian who has made a difference? Nominate them for a Calgary Award. Deadline is March 1st. For nomination details, visit calgary.ca/calgaryawards .	Calgary.ca/ Calgary Awards
When significant snowfall occurs, The City may call a snow route parking ban. Stay up-to-date by visiting Calgary.ca/Snow .	Calgary.ca/ Snow
You can be a Snow Angel by helping a neighbour keep their walkway clear of ice and snow. If you know of a Snow Angel, call 311 or go on line to recognize them and nominate them for prizes.	Calgary.ca/ snowAngels
Spring & Summer Recreation Program Guide: hits stands Wednesday, February 22. From day camps to sailing and rock climbing, start planning your summer early!	Calgary.ca/ Recreation
The Youth Employment Centre offers FREE year-round services and resources to help youth, aged 15-24, secure employment and take the first step in their career.	nextSteps. org
Learn about The City's accessible programs including accessible transportation, accessible recreation facilities and classes, assisted listening devices and much more.	calgary.ca/ accessibility
Calgary Recreation is offering a number of free events this month to get Calgarians more active and creative, more often. Check out our event listings at Calgary.ca/recreation .	Calgary.ca/ Recreation
The City of Calgary supports the development, enhancement and maintenance of recreation amenities and infrastructure for the use and enjoyment of all Calgarians. Learn more about our projects.	Calgary.ca/ Recreation Projects

Civic Chat



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WARD I COUNCILLOR Ward Sutherland

Phone: 403.268.2430
Email: ward01@calgary.ca
Web Site: www.Calgary.ca/ward1

Hello Ward 1!

My office has received inquiries from seniors struggling with household cleaning and snow shoveling. I would like to inform residents about Fair Entry; these are programs and services for low income Calgarians. Fair Entry is an application process for City-subsidized programs and services. This process will assess your income eligibility for five City programs with one application.

The City funds a program called Seniors Services Home Maintenance (SSHM). SSHM helps low income seniors live safely and securely in their own homes. The program provides these clients with basic yard care, snow removal, house cleaning, interior & exterior painting and minor repairs.

Who is eligible?

Seniors (65+) who:

- Are unable to do basic house or yard work
- Do not own other property
- Have no one else living in the home who could perform basic housecleaning, yard work or snow shovelling
- Are without family, community or other home maintenance service supports
- Meet one of Fair Entry's eight ways to qualify for this and several other City subsidized programs and services. Find out if you qualify and apply online at Fair Entry (see link below).

Older adults who meet the eligibility criteria are placed on a wait list for service. An assessment of need based on the considerations noted below, determines priority for service as high, moderate or low. In most cases, those with high and moderate levels of need will be served first, and those with low levels of need are referred to other support services, where available. To meet operational needs, service may be provided based on proximity to current clients or geographic zone availability, regardless of priority rating.

To find out about other City of Calgary programs and services that are offered, visit <https://fairentry.calgary.ca>

To follow future updates on municipal news, sign up for my e-newsletter at www.WardSutherland.com



WARD 2 COUNCILLOR

Joe Magliocca

Phone: 403.268.3280
 Email: ward02@calgary.ca
 Facebook: joe-magliocca

It's February already!

At the start of 2017, all Calgary City Councillors took a 2.49% wage rollback. I am very supportive of this decision as I believe that the City needs to be responsible with spending so that we can prevent taxes and fees from increasing.

The City's snow removal crews have been busy this winter ensuring our roads are in a safe and reasonable winter driving condition. One method that they use on residential streets is "flat-blading," which flattens the snow to a hard pack so that it's easier to drive on. One result of flat-blading is the build-up of snow along the side of a roadway, also known as windrow.

Plow operators make every attempt to keep driveways clear, or keep windrows as small as possible, but any snow buildup on driveways that does occur is the responsibility of the adjacent property owner to remove, much like sidewalk shovelling.

The Calgary Awards is one of the largest citizen recognition programs in our city which recognizes outstanding achievements and contributions made by Calgarians in the previous year. Each year, individuals, corporations, community groups and organizations are nominated in five major award categories, for a total of 13 awards. The Calgary Awards are for Calgarian individuals, businesses, not-for-profit organizations, community groups and other organizations. For specific eligibility requirements, how to nominate someone in your community and for more information visit: calgary.ca/calgaryawards. Nominations close on Wednesday, March 1, 2017.

JOE'S TIP:

Stay informed about parking bans this winter by subscribing to email alerts at Calgary.ca/snow, following @yyctransport on Twitter, calling 311 and listening to the automated message, and watching local news or listening to the radio.



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