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ROCKY RIDGE ROYAL OAK
COMMUNITY ASSOCIATION
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JUNE | 2016

REPORTER

Join Us!

The official monthly newsletter of the Rocky Ridge & Royal Oak Community Association



*The beauty of
spring flowers*

~ Brian Rushfeldt photo

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ARTICLE HIGHLIGHT: Stampede Breakfast Page 7
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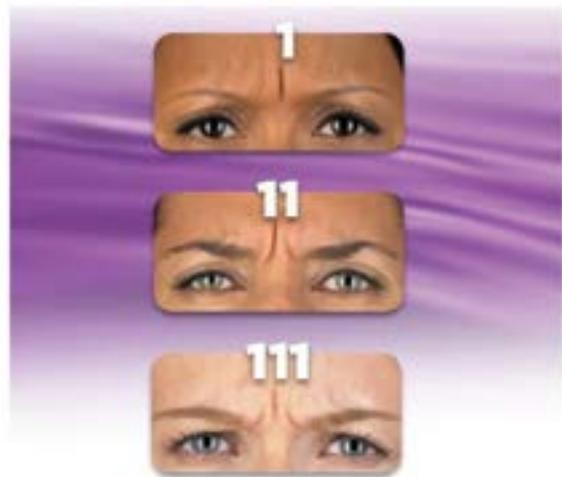


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Coming together as a community



I recently spoke with a Grade 1/2 class about what we do as a community association. I spoke about how our job is to help make our communities SAFE, FUN and BEAUTIFUL. Here's the thing - our relatively small group of volunteers can't do this alone! Everyone who lives here contributes to making these

things happen. And the great thing is you can help without much effort! You can help make our community SAFE by signing the pledge for our Pace Car Initiative. You can help make our community FUN by coming out to free events that RRROCA puts on (check the Mark Your Calendars section). How to keep our community beautiful? If anything is in disrepair or needs work, use the city's 311 service. There is even a great smart phone app where you can submit tickets for issues through the city; I've used it a few times now with great results!

I'd like to recognize how wonderful our community is. Our communities are home to beautiful pathways, green spaces and parks. But I think what makes it great is the people. The support of our neighbours and friends shines through when it is needed most by both individuals and businesses. We truly care about one another, and watching our communities come together in a time of need is a true testament to those who live here. Thanks neighbours!

I'm always happy to have your feedback - e-mail me at president@rrroca.org.

~ Tessa Sakamoto

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~ calgarycitynews.com

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those for the Community Association or the publisher of this newsletter.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so. Thank you.

**MARK YOUR
CALENDARS**

- June 7 Early Registration for 2016-17 Scouting Year from 6:30 p.m. to 8:30 p.m. at Rocky Ridge Co-op (see article on page ?? for details)
- June 18 Neighbour Day - Plan your own block party! (see article on page 5 for details)
- June 18 Neighbour Day Community Event at London Drugs
- June 19 Happy Father's Day
- June 27 RRROCA Board of Directors Meeting at 7:00 p.m. at Charlesglen Toyota (public welcome to attend)
- July 1 Happy Canada Day
- July 8 Stampede Parade (downtown Calgary)
- July 9 RRROCA Community Stampede Breakfast from 8:00 a.m. to 11:00 p.m. at North West Family Church (page 7 for details)

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Regular vs. Premium Gas

By Tolu Aro, RRROCA Director of Transportation



A gas-air mixture goes into the engine cylinder where it is compressed by a piston resulting in an increase in temperature and pressure. Just as the piston is about to get to the end of the compression cycle, a spark introduced by the spark plug ignites the mixture. The mixture burns progressively (actually microseconds) starting from the spark till it is completely burned up. As the mixture

burns pressure in the cylinder increases and the piston is forced back down. The reciprocating motion (up and down) of the piston is then converted into rotation which rotates the wheels.

WHY DIFFERENT GRADES?

When gas-air mixture is compressed, it heats up, and ultimately will self-ignite (even without a spark). The Octane rating of a gas is a measure of its ability to resist self-ignition when compressed/heated. The higher the octane rating the more compression/heat it can take before it self-ignites.

All grades of gas essentially contain the same amount of chemical energy. Premium gas engines are designed to compress the gas-air mixture to higher pressure and temperature; as a result they can extract a higher percentage of energy from a drop of gas. Vehicles with premium gas engines run cleaner and smoother, produce higher torque and have superior acceleration. For this reason luxury vehicle manufactures use engines that require premium gas.

CAN I USE ANY GAS I WANT? NO!

- Regular in an engine designed for premium: When the mixture is compressed and the spark introduced the whole mixture will burn uncontrollably and start to force the piston back down before it gets to its maximum position. In some cases the gas could self-ignite before the spark is introduced. Reduced engine efficiency and increased wear results.

- Premium in an engine designed for regular: The mixture would burn slower because of the lower pressure. By the time the piston gets back down not all the mixture will be burnt so the engine will exhaust some unburnt gas leading to lower efficiency, and a waste of money.

If in a bind, buy half a tank of the closest grade to help you down the road. Some vehicles equipped with knock sensors detect if the wrong gas is in use, and then adjust the spark timing accordingly. The engine manuals will read "xxxxx recommended" instead of "xxxxx required".

Premium gas contains more detergents than regular, so engines that run on premium are cleaner. If you think your engine needs an extra dose of detergent, buy a container from the local parts store.



Babysitter Registry

Please contact babysitting@rrroca.org for information.

REPORTER - EDITORIAL POLICY

the official newsletter of the Rocky Ridge Royal Oak Community Association

All content appears at the discretion of the Board as well as Mind's Design Publishing. All copy may be edited due to space as well as grammar and usage.

We welcome all community content including Community Event listings, area schools updates, good news stories, Senior and Youth content and Letters to the Editor. The editor welcomes and encourages writers from our community to write for this newsletter; either one-time articles or ongoing columns.

Political representation is accepted but limited to elected representatives of this community (ie: if their name appeared on a ballot and they were elected).

Submission Deadlines: community content is due on the 8th of the month for the following month's issue. Articles should be no more than 500 words in length.

Photographs are welcomed from both local professional and amateur photographers for inclusion on the cover or inside the issue. Please email high quality JPEGs to the Editor (email attachments are acceptable). We cannot pay for photos but will give credit as the photographer's personal name.

All advertising enquires should be directed to newslettersales@mindsdesign.ca. Advertising is due on the 15th of the month for the following month's issue.



Royal Oak
VICTORY CHURCH

Please join us Sundays at Royal Oak Victory Church
450 Royal Oak Dr. NW
9:00 am and 11:00 am service times

'Casual Dress - Relaxed Atmosphere - Relevant Style'

Check out our website for more information, www.rovc.ca.

Neighbour Day - Saturday, June 18th

By Michelle Drysdale, RRROCA Director of Events



Established in June 2015, Neighbour Day serves to recognize and celebrate the great community strength and cooperation exhibited during the flood in Calgary in 2013. It is an opportunity for neighbours to come together, in the form of a front yard barbecue, garden party, picnic, cleanup or afternoon tea in a local park, to celebrate our strong community spirit.

a Neighbour Day Event Planning Kit for creating your own celebration. Make Saturday, June 18th the day you get to know your neighbours! #yycNeighbourDay

RRROCA and London Drugs invite you celebrate Neighbour Day on June 18 at a family fun event happening between 11:00 a.m. and 3:00 p.m. at the Royal Oak London Drugs parking lot where there will be fun, food and entertainment for the kids. London Drugs will be offering free Operation Family Identification packages that give parents a permanent record of their child's photo, fingerprints, and weight and height, in a convenient, readily accessible kit that can be used in the event of an emergency.

Visit rrroca.org for more details about this event or to download





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Dog Days!

By Laura Robertson, RRROCA Director of Communications

As we come out of our winter hibernation stage, a few reminders for pet safety:

Keep pets on leash at all times unless in a designated off-leash area.

This BOTH is for the safety of your pets using outdoor areas. Although it is difficult for us pet owners to believe, not everyone appreciates a visit from our little furballs; and sometimes other peoples' dogs are not as sociable as ours.

Keep control over your pets, both on and off leash areas.

They must be in sight and responsive to your sight or sound commands.

Pick up your pet's droppings.

Nobody likes to step in them, and it certainly isn't good for the appearance of our beautiful community, or kids playing in our playgrounds! If you forgot a bag, ask a neighbor or come back for it.

Pets may not be left unattended while tethered.





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2016 COMMUNITY STAMPEDE BREAKFAST



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PLEASE JOIN RRROCA AND THE NWFC
FOR OUR 8TH ANNUAL STAMPEDE BREAKFAST

SATURDAY, JULY 9TH
8:00AM - 11:00AM

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(BESIDE THE LRT STATION)

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Councillor - Ward 1
Calgary



Joe Magliocca
Councillor - Ward 2
Calgary



Sandra Jansen MLA



Community Park Update

By Dave Spencer, RRROCA Director of Planning/Development



You may have noticed a little action on the community park site lately. The geotechnical investigations are underway, and the Environmental Site Assessment has been completed. The Development Permit application has been submitted to the City so the process is underway and we are on schedule for the community park to open before next winter. We

have read the survey comments carefully and have made a few last minute changes such as eliminating the gardening shed and the orchard and improving the circulation and layout. Some things like the parking lot location are dictated by City policies. Thanks to all who provided comments and input.

RRROCA put a huge amount of effort into grant submissions last fall. The work has paid off with another grant from the Community Facility Enhancement Program.



KEY

- 1 THE HUB/ PICNIC SHELTER & STORAGE BUILDING
- 2 HOCKEY RINK
- 3 PLEASURE SKATING
- 4 FITNESS CIRCUIT
- 5 PICKICKING
- 6 PARKING
- 7 EXISTING TREES
- 8 NEW TREES
- 9 NEW SHRUBS

COMMUNITY PARK

PREPARED FOR: ROCKY RIDGE ROYAL OAK COMMUNITY ASSOCIATION

THE PLAN IS A CONCEPT OF THE PARK DEVELOPMENT TO ILLUSTRATE THE OVERALL SITE DEVELOPMENT. THE CONCEPT IS SUBJECT TO CHANGE AND REFINEMENT DEPENDING ON REGULATORY REQUIREMENTS, BUDGET AND OTHER CONSIDERATIONS.

New in the Neighbourhood?

Did you just move to the neighbourhood? Are you looking for information on Rocky Ridge and Royal Oak? Do you want to try some fabulous local businesses at a discounted rate? Contact Welcome Wagon to take advantage of all of this for FREE! My name is Erica and I am your local Welcome Wagon representative. I would be happy to provide you with some information on Rocky Ridge and Royal Oak and answer any questions you have about the neighbourhood. Give me a call at 403.272.4029 or send me an e-mail at eoseen@shaw.ca.



Welcome Wagon... a Canadian tradition since 1930.

Sudoku: *For solution, go to mind's design studio*



Each Sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit, so must every column, as must every 3x3 square.

			3	7	4		5
		1					2
	9		4		7		
1	5		6	3			
4	2				8	6	
		8	1		5	4	
	3		8		2		
2				1			
7	4	5	2				

The Million Question Challenge!

What is a puppy?

How many dogs are there in the world?

What would happen if dogs grew wings and could fly?



Calgary Public Library has a new summer learning initiative for school-aged kids called **The Million Question Challenge!** Kids will ask a million questions this summer, sparking curiosity and wonder. These questions can be about anything and everything – we hope that the questions will be personal and meaningful to each child, and will spur them on to finding some answers, too.

The kid who asks the most number of questions this summer will win a \$250 Toys R Us gift card and get to be the Kid Executive Officer (KEO) of the Library for a day!

We have a ton of fun reading activities this summer, too! Kids from 0-12 can join the TD Summer Reading Club again this year, and read to win prizes. Teens can participate in this summer's Youth Read. Get ready to read & win all summer long! Visit calgarylibrary.ca for details.

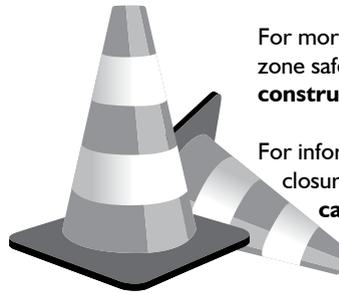


Adults can find great summer reads in both the *We Recommend* collections and the *Your Year of Reading* guides, available at your community library.

Construction Zone Safety

Imagine having to look both ways before walking down the hallway to your next meeting. Picture yourself having to constantly look back while working on that report at your desk. Envision a workplace where there is a risk of getting seriously injured each time you get up to discuss your work with a colleague. This is reality for those who are working on our city roads.

Keep an eye out for construction zones and obey the posted speed limits. While workers may not always be present, there may be unseen dangers such as uneven roadway or veering lanes. The City would like to remind all of those using the roads that when we watch out for each other, and show patience and courtesy, road work can be completed safely and efficiently.



For more information on construction zone safety, visit calgary.ca/constructionzonesafety.

For information on road closures and detours, visit calgary.ca/trafficinfo.



REGISTRATION FOR Beavers, Cubs, Scouts and Venturers

Early Registration Event for the 2016-2017 Scouting Year, starting September 2016

Rocky Ridge Co-op Community Room

Tuesday, June 7th from 6:30 to 8:30 p.m.

For more information, e-mail mcoady98@yahoo.com

VOLUNTEER CORNER



**By Frances Kalu, RRROCA
Director of Volunteers**

Thank you everyone who stepped up to take on various roles within RRROCA. We have only two long term roles available on the board and committees, and one event that will require 150 volunteers. As we anticipate

the opening of the ice rink at the community park, we will be looking for volunteers to maintain the ice on the rink. Please take a look at the roles we have below and let me know, if you can help out by sending an email to volunteer@rrroca.org. We are currently updating our volunteer database and invite you to send an email if you will like your name to be added for future events.

We are currently looking for the following positions:

EVENTS

Stampede Breakfast: Over 150 volunteers needed in July to flip burgers, direct traffic, serve juice, clean-up, and assist in the kids corral amongst others. This is our biggest event of the year and every support we can get is appreciated. Choose from 3 shifts between 7 – 12pm. **Time commitment:** 3 hours only

Volunteer Coordinator- Skating Rink: Are you interested in managing a group of volunteers to keep the ice rink in an excellent condition for the community to enjoy? Support would be provided even if you have no experience, a keen interest would do. The RRROCA community ice rink will be ready by next winter and we will need some help to get it going. Please sign up if you feel you can help. **Time commitment:** Varies

Skating Rink Volunteers: Are you interested in helping out with our community ice rink? You don't need to have any experience, just a keen will to keep the ice in a great condition for skating. The RRROCA community ice rink will be ready by next winter and we will need some help to get it going. Please sign up if you feel you can help. **Time commitment:** Varies

BOARD

Director of Parks: The Director of Parks will be responsible for parks and recreation in the community. He/she will liaise between the community and the board on issues related to parks within the community.

Time commitment: 5 hours/month

COMMITTEES

Working closely with the Director of Communication, you will be responsible for advertising events in the community. This will involve putting up bold signs and sandwich boards, and

other advertising needs that may arise.

Time commitment: 2 hours/month

The committees in our association work on specific areas or projects to make our community better! If you are goal oriented and like working on specific tasks, we could use you!

Newsletter Editor

Works with the community, board and publisher to create the official newsletter, *the RRROCA Reporter*.

MEMBERSHIP



**By Muoi Leong,
RRROCA Director of Membership**

Membership sign-up for 2016 is now underway. Please go to our Web site (www.rrroca.org) under "Join Us" to sign up for a membership. Membership is required to register for RRROCA sponsored programs, such as adult fitness classes, and spring soccer and slo-pitch for children. Membership (new and renewal) costs \$30 and will be valid until December 31, 2016.

If you have any questions or concerns, please contact me at membership@rrroca.org.

New membership **Membership renewal**

Memberships are annual and are valid January 1 to December 31
New/renewal memberships \$30.00

Your personal information will be used for Association purposes only and will never be given to third parties.

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* Please note e-mail is used to communicate your membership number, if you choose "No" for update the e-mail will be on file but not used for Association news or

Would you like Association news and updates by e-mail ___ Yes ___ No

Yes, I would like to volunteer my time, interest or experience in the areas of...

_____ Communications...web/internet, newsletter, road signs

_____ Programs... Sports, recreational, fitness, special events

_____ Civic Advocacy... planning & development, transportation, schools

_____ Fundraising... Casino, grants, donations

_____ Amenities... Buildings, sports facilities, parks/playgrounds, pathways

_____ Other _____

Send form and your payment to
ocky Ridge Royal Oak Community Association or RRROCA:
PO BOX 91009, RPO Royal Oak, Calgary AB T3G 5W6

Contact Information



Rocky Ridge Royal Oak Community Association

Phone: 403.771.8979 **E-mail:** communications@rrroca.org
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The REPORTER, the official newsletter for both Rocky Ridge and Royal Oak, is published 11 times a year by Mind's Design Studio and is delivered to the all residents and local businesses by



RRROCA Board of Directors

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Director of Events	Michelle Drysdale.....	events@rrroca.org

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Events	Twyla Ferrari.....	events@rrroca.org
Website	Wendy Alessi.....	info@figtreedesignstudio.com
Fitness Classes	Leah Melnyk.....	fitnessclasses@rrroca.org
Babysitter's Registry	Angela Carter.....	babysitting@rrroca.org

Community Contacts

MP, Calgary Rocky Ridge	Pat Kelly.....	Pat.Kelly@parl.gc.ca
MLA, Calgary Northwest	Sandra Jansen.....	Calgary.northwest@assembly.ab.ca
Councillor, Ward 1 (Rocky Ridge)	Ward Sutherland.....	ward.sutherland@calgary.ca
Councillor, Ward 2 (Royal Oak)	Joe Magliocca.....	joe.magliocca@calgary.ca
Community Liaison Officer	Constable Roy Moe.....	Roy.Moe@calgarypolice.ca

NEWSLETTER AD SALES: 403-203-9152 NEWSLETTERSALES@MINDSDESIGN.CA



Zucchini Chocolate Chip Cookies



By Terri Gilson, Rocky Ridge Resident and Volunteer Contributor

The beautiful thing about zucchini is that it's versatile, adopting the flavors of whatever it's cooked with. That's why it makes a wonderful addition to baked goods like chocolate loaf, cakes, brownies and cookies. It also makes exceptional filler in soups and sauces.

You can slice it, dice it, serve it raw for dipping, deep fry it, grill it or shred it and stir fry it with garlic and olive oil (even add a little feta cheese and you have a delicious side dish!)

Zucchini is low in Saturated Fat and Sodium, and very low in Cholesterol. It is a good source of Protein, Vitamin A, Thiamin, Niacin, Phosphorus and Copper, and a very good source of Dietary Fiber, Vitamin C, Vitamin K, Riboflavin, Vitamin B6, Folate, Magnesium, Potassium and Manganese.*

I buy about 8 to 10 zucchinis at a time, wash and shred them in my food processor, then freeze in 2 cup freezer bags, as most recipes call for 2 cups. You don't even need to peel them because, like most veggies/fruit, much of the nutrients (especially fiber) are in the peel/skin. When I need it, I pop it into the microwave, defrost and voila...instant veggies! I will even drop it frozen, straight into soups. Another great thing about zucchini is that it's available all year round (and for a reasonable price).



Here's one of my all-time favorite zucchini recipes. Somehow I just feel better about eating chocolate chip cookies if they have vegetables in them.

ZUCCHINI CHOCOLATE CHIP COOKIES

- 1 cup butter, softened
- 2 cups brown sugar
- 2 eggs
- 2 cups grated zucchini
- ¼ tsp. salt
- 2 tsp. vanilla
- 3 ¼ cups all-purpose flour
- 2 tsp. cinnamon
- 2 tsp. baking powder
- 2 tsp. baking soda
- 1-2 cups milk chocolate chips

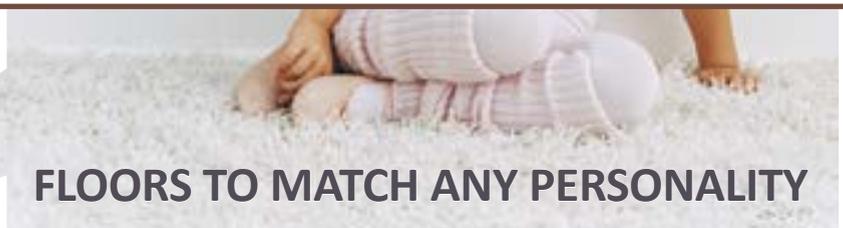
Preheat oven to 370 degrees. Cream butter and sugar in large bowl. Then blend eggs and zucchini in separate bowl and add to butter/sugar mixture. Add the remaining ingredients and mix well. Drop by tablespoonful onto ungreased cookie sheet and bake 8 to 10 minutes.

Note: If you use frozen zucchini, defrost in microwave, then drain. You will need to use additional flour (up to 1/2 cup more). Your results will look a little different (smaller, puffier cookies).

*www.nutritiondata.self.com/facts/vegetables-and-vegetable-products/3019/2

Adapted from Rachel Keller's recipe at www.cookieclubrecipes.com

Questions about this recipe or other cooking/baking questions? E-mail Terri at newsletter@rrroca.org



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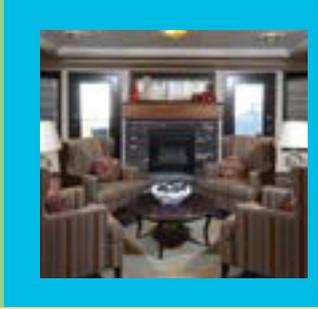
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**FREE
EVENTS**



Commit to Lifelong Learning at Rocky Ridge Retirement



The World's Greatest Geological Wonders: Part 1
Wednesday, June 8th at 6:30 p.m.

Join us to learn more about
“The Grand Canyon-Earth’s Layers” and
“The Himalayas-Mountains at Earth’s Roof”.

Groove on down!
Thursday, June 9th at 6:30 p.m.

Join us as we enjoy the Calysto Steel Drum Band
for an outdoor concert in our Courtyard.
(weather-permitting).

The World's Greatest Geological Wonders: Part 2
Wednesday, June 15th at 2:00 p.m.

Join us as we enjoy two lectures on
“The Amazon Basin-Lungs of the Planet” and
“Iguazu Falls-Thundering Waterfalls”.

The World's Greatest Geological Wonders: Part 3
Wednesday, June 22nd at 6:30 p.m.

Join us as we enjoy the last two lectures in our
Series “Iceland-Where Fire Meets Ice” and
“The Maldives-Geologic Paradox”.

RSVP today for our Lifelong Learning Events!

Rocky Ridge Retirement Community

For a complimentary tour or to RSVP for an event, please call **403.930.4848** or **Info@RockyRidgeRetirement.com**

www.RockyRidgeRetirement.com
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YOUR COMMUNITY ANNOUNCEMENTS

Happy 8th Birthday Gavin!

May God bless you
always Kuya

Love, Mom, Dad,
Lan and Nate



Happy 40th Birthday Sheryl!

Love, Paul, Lillian and Victoria

THANK YOU to all the leaders of our local Scouting and Guiding programs. You are all so dedicated at giving up your evenings and some weekends to spend time with the boys and girls of Royal Oak and Rocky Ridge. You always come up with great ideas for teaching crafts, games, nature lessons, and other important life skills. You show them what a positive character is and lead by example. You often don't get a lot of thanks but you are an important part of building up this community and our future citizens.

Our local Scout and Guide groups are a valuable asset! The families of the young people that you lead appreciate you!

Do you have a birthday or anniversary to celebrate? Or perhaps a graduation, wedding, new baby or engagement announcement? Why not share these special milestones with your community? Please send your announcements and photos to newsletter@rrroca.org by the 8th of the month to be included in the next month's newsletter, and yes, it's FREE. To place your announcement, email newsletter@rrroca.org

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Community

CLASSIFIED ADS! To place your classified ad, contact sales at 403.203.9152 or email: newslettersales@mindsdesign.ca today!

CASCADE RESIDENTS' BBQ SAVE THE DATE – Saturday, July 9, 2016 - Noon to 3:00 p.m.
 Across from the Lighthouse – meet and mingle, bring your kids and join us for hot dogs and hamburgers. Any questions - contact Doreen/Cascades Board Member 403 374-1227.

CONCRETE CUTTING FOR BASEMENT WINDOWS AND DOORWAYS Cut, Supplied & Installed. Doorways Cutting - Concrete Wall Cutting - Concrete Floor Cutting - Core Drilling - Any Size. Excavation/Window Well Supplied & Installed - Weeping Tile Installation. Phone 403.570.0555 Email: info@asaconcretecutting.com. See our display ad on page 3.

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KIDS! This page is for you!



A FATHER'S DAY CARD FOR DAD!

Colour, and cut out this picture for Father's Day





WARD 2 COUNCILLOR Joe Magliocca

Phone: 403.268.3280
Email: ward02@calgary.ca
Facebook: www.facebook.com/joe.

magliocca.calgary
Twitter: @Joe_Magliocca
Web Site: www.Calgary.ca/ward2

Calgarians are not ATM machines

Over the past few months, I've been consulting with the residents of Ward 2 on their priorities for our community and our city. Ward 2 residents are almost unanimous in their opposition to increased property taxes, and I agree. That is why on April 25, 2016, I took a stand and voted against the 6.1% increase to property taxes.

The last thing Calgarians need during an economic downturn is to be paying significantly more in property tax. Unfortunately, largely due to the provincial Budget 2016, taxes are going to be increasing and it will impact everyone, including The City of Calgary.

The 6.1% property tax increase was derived from the increased provincial education portion of property taxes. What is even more concerning is the fact that the 6.1% property tax increase does not take into account the new carbon tax that is being implemented by the provincial government. This carbon tax will not only tax each and every Albertan individually, but it will also be applied to our public transit system and almost every aspect of The City of

Calgary's operations. This will significantly impact property tax rates in future years.

I voted against this 6.1% property tax increase because Calgarians are not an ATM machine. I believe that they will need to continue doing their part by looking at every aspect of spending to see what can be done to reduce the tax burden on Calgarians. However, I will admit that this task will be increasingly difficult due to the higher taxes being imposed on The City by the provincial government.

I believe that tax dollars are best kept in the pockets of taxpayers so that they can choose to spend their money as they see fit. This is particularly important in the context of our challenging economic climate. Many Calgarians have lost their jobs and have seen their incomes decline. The last thing these Calgarians need is to have their taxes increased which will make it even more difficult for them to pay their bills.

If you agree with me that your taxes are too high, and if you oppose the new carbon tax, I urge you to share your opinion with your local MLA. As always, please feel free to share your opinions with me via "Contact Councillor" at www.joemagliocca.ca.

YOUR CITY SECTION

For current news and updates follow The City of Calgary on Facebook and Twitter. Or visit our blog at www.calgarycitynews.com.

Check out these important updates from The City of Calgary

Celebrate the contribution of Calgary seniors during Seniors' Week: June 6 - 12. Visit calgary.ca/seniorsweek for events in your community.	calgary.ca/seniorsweek
Neighbour Day (June 18) is an opportunity for neighbours to come together to celebrate our strong community spirit.	calgary.ca/neighbourday

Stuck on Deerfoot? Share your challenges and recommendations to make this road better at one of our open houses or online.	calgary.ca/deerfoot
Planning on doing some yard renovations this summer? Be sure to visit calgary.ca/homeimprovement .	calgary.ca/homeimprovement
Join with other Calgarians on June 23 to celebrate the Chief David Crowchild Memorial Awards. Learn more by searching Chief David Crowchild on calgary.ca .	Search Chief David Crowchild on calgary.ca
Bring the family to Canada's largest man-made wetland on Sunday, June 19 from 1 to 3 p.m. for free activities and entertainment at The City of Calgary's Park Fest!	calgary.ca/parksevents

COMMUNITY CRIME REPORT

Crime	Rocky Ridge	Royal Oak
Arson	-	-
Assault	2	7
Attempted Murder	-	-
Commercial Break-in	1	1
Homicide	-	-
Residential Break-in	3	10
Robbery	-	-
Sex Offence	-	-
Theft	8	22
Theft from Vehicle	11	15
Vandalism	1	4
Vehicle Theft	4	9



Statistics provided by Calgary Police Service's Crime Mapping Application
Covering February 26, 2016, to May 26, 2016.

Aboriginal Awareness Week

EACH YEAR The City celebrates the Chief David Crowchild Memorial Awards and Youth Achievement Award to honour the efforts and contributions of a person, group or organization both Aboriginal and non-Aboriginal who have worked to create cross-cultural experiences and understanding.



June 20-25, 2016

Join the conversation online by searching Calgary Aboriginal Awareness Week on Facebook event pages and get details about the upcoming awards and exciting developments in this area.



Are you looking for ½ day camps for your kids this summer?

Sign up for a full week or periodic days that work for you!

Mon-Fri 9am-12pm \$175+tax/week (\$35/class) OR select days that work for you \$40+tax/class. We will be painting pottery, doing crafts and enjoying the outdoors for snack time! (when possible) Ages 3.5+years.

Camps can be combined with My Gym afternoons for full day camps. Check out www.mygym.com/calgary for more information.

We've got so many fun and cool themes to choose from including Shopkins, Lego, Princess, Top Chef and Star Wars...

Visit www.crockadoodle.com/royaloak for dates.

Crock A Doodle Royal Oak 8650 112th Ave NW 403-374-1118

royaloak@crockadoodle.com www.crockadoodle.com



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www.facebook.com/dineanddance

Summer
dine & dance
LATIN NIGHT

Sunday June 26

Cocktails at 4PM Dinner at 5PM

\$20 per person Dinner Buffet Inside of Zen 8 Grill

featuring
Venezuelan/Canadian musical sensation TakeDOS

TakeDOS

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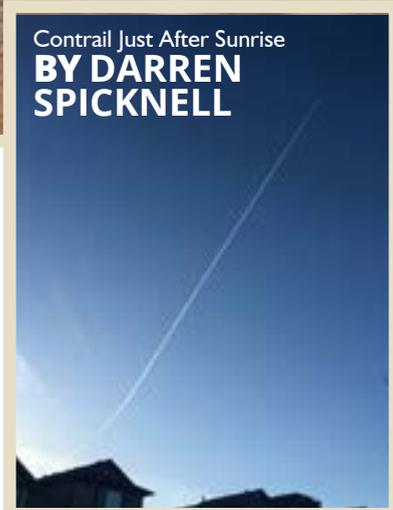
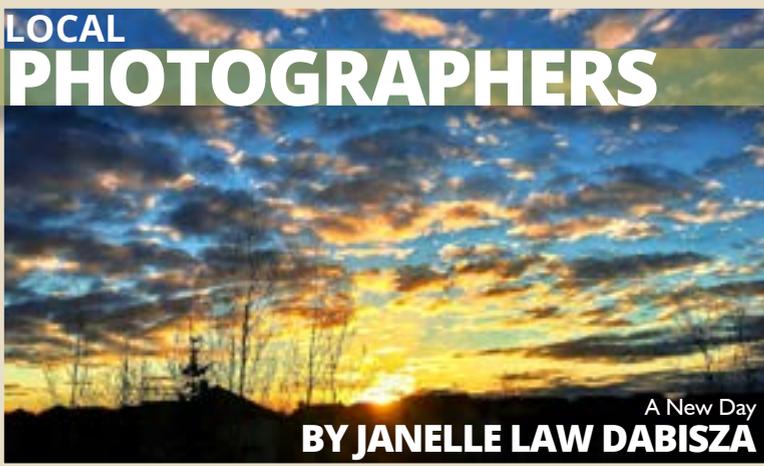


cowboyscasino

Tickets on Sale at Casino
Guest Services or online at Eventbrite.ca

LOCAL PHOTOGRAPHERS

See below to find out how your pictures can be featured in the RRROCA Reporter



The REPORTER wants to showcase the talents of our local photographers throughout the year, both as our monthly cover feature as well as in the newsletter. **Think seasonal:** send us your Stampede photos for July, or your street decked out for December for example. **Think local:** capture our community in a great light, our natural environment or just something unique that you've seen when you're out and about. Amateur and professional photographers of all ages are welcome to submit. We cannot provide monetary payment but we will give you a photo credit using your personal name (not your business name, if you have one). Please send your photos as high quality JPEGs to newsletter@rrroca.org and who knows, you just might see your photo(s) in print!

Go camping!



If you're planning a family camping trip soon, you're part of the 62% of Canadians who may have already started their summer adventures.

Still need convincing? Here are a few of the best reasons to take your family camping this summer:

- You'll get out and enjoy nature. You deserve to soak up some vitamin D after enduring the Canadian winter.
- It's a great way to travel locally (and inexpensively) and get to know the country you call home.
- Teach your kids some basic survival skills. It's good to learn how to cook a simple meal, start a fire, and be respectful of wildlife habitats.
- Reconnect as a family in the absence of screens. Technology is helpful, but it can get in the way of quality time. Bring a camera to capture the best memories, leave the rest at home.

~www.newscanada.com

Simple SUN-SAFETY TIPS

After months of dark, dreary days it's finally time for some fun in the sun – and for many of us this could begin with a refresher on how to keep ourselves and our families sun-safe.

Prep Time: Apply sunscreen at least 15 to 30 minutes before going outdoors. If you can do it an hour ahead of time, that is even better.

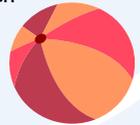
Cloud Cover: Apply sunscreen even on cloudy days. UVB rays may be partially blocked by the grayness, but UVA rays are not.

Reapplication: The sun's rays are strongest between 10:00 a.m. and 4:00 p.m., so remember to reapply sun protection as needed during this timeframe.

Just an Ounce: You don't need anything more than the size of a golf ball to cover you from head to toe if you're wearing a swimsuit. These are guidelines adjust accordingly.

Road-trip Tip: Don't forget the sunscreen when heading out on the highways and byways since UVA rays can penetrate glass.

Small Spots: Show some love to the often-missed spots like ears, lips, and nose.



~www.newscanada.com

Backyard Play Safety

www.albertahealthservices.ca

With summer approaching, Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a 9 inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends 6 feet out in all directions from the play area.

Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres (Alberta Building Code)
- high and have a self-latching, self-closing, lockable gate.

Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.



Update on William D. Pratt School

By Doug Swift, Principal, William D. Pratt School



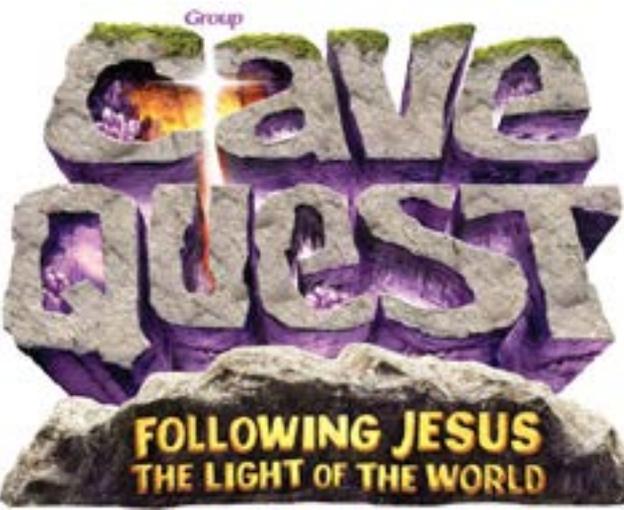
We are thrilled to be opening a new CBE school, William D. Pratt School, this fall in the community of Royal Oak. The school is located at 9850 Royal Oak Way. For the 2016-2017 school year, our school will be home for any children in grades 4 – 8 who live in the Royal Oak or Rocky Ridge communities. We plan to open with more than 550 students in grades 4 – 8. In the 2017-2018 year, we will expand our grade range to include grade 9 students. We anticipate reaching the school's capacity of 900 within the first 4 years.

Currently our full-time staff comprises Doug Swift, Principal, Lesley Scullion, Assistant Principal, and Shauna Lemke, Administrative Secretary. As we do not anticipate having physical access to

the school until August, we are currently working out of the Area One CBE office located at Parkdale Centre. We are busy working through a number of important initiatives and activities over the next 4 months in preparation for our school's opening in September of 2016. There are certainly lots of things to do, but it is an incredible opportunity for us!

Any questions you have regarding the school can be directed to our phone line at 403-817-3520. Updated information about the school can be found on the CBE website, or by Googling "new schools CBE Pratt". We have also established a school Twitter account:

@WDPPrattSchICBE where you can keep up on the latest news.



NORTH WEST FAMILY CHURCH announces...
EXCITING SUMMER VBS PROGRAM

Half Day Program 9am-11:45 am - \$50
Full Day Program 9am-4:30 pm - \$190

Breakfast available for additional fee – 7:30am

Limited Space – Register online at
web-site: www.nwfchurch.com
Or call 403-241-8822 ask for Linda

FOLLOWING JESUS
THE LIGHT OF THE WORLD

Full Day Program includes afternoon field trips to places like Callaway Park, Zoo, Heritage Park, etc.

NORTH WEST FAMILY CHURCH MEETS SUNDAYS AT 10 AM
10307 EAMON ROAD NW NEXT TO THE TUSCANY LRT STATION
403.241.8822



WARD I COUNCILLOR

Ward Sutherland

Phone: 403.268.2430
 Email: ward01@calgary.ca
 Web Site: www.Calgary.ca/ward1

Provincial Property Tax

On your upcoming property tax bill, there are two components noted - the City's portion and the Province's portion. City Council has decreased its property tax hike from 4.7% to 3.5% this year. I will be advocating for zero hikes in 2017/2018. The Province has issued a 10.2% increase in its education/property tax. We were expecting an increase under the current economic environment, but certainly not as extreme a one. Unfortunately, this means that when the property tax hikes from the City and the Province are combined, homeowners face a total tax hike of 6.1%, which equals about \$170 in 2016 instead of \$60.

I can appreciate the difficult times many Calgarians are experiencing, and truly believe we have a responsibility to respond by lowering taxes. As The City we do not run an operating deficit and nor should we. You have my continued commitment to challenge administration and advocate prudent financial governance.

Stay connected! Sign up at www.wardsutherland.com to receive my monthly e-newsletter, which contains council-related news, community Q&A, and my Vice Chair Finance Blog. To view my City of Calgary Web site or my Ward I E-Newsletter, visit: calgary.ca/ward1connect.

~ Ward Sutherland

Carbon Tax on the Tax?

The Provincial Government has announced a carbon tax that will come into effect in 2017. There will be a carbon tax on your home heating bills and your transportation bills. Unfortunately, this same tax will apply to the City's transit, police and fire departments. This tax will add \$6M to the operating budget.

This may affect Calgary Transit's service hours, which are already stretched thin due to decreased ridership. Other options may be to increase transit fare or add ½% to Calgarians' property taxes. The City is already undertaking measures to help reduce its carbon footprint. We have a CTrain line that's fully powered by wind-generated electricity. Since 2013, The City has been investing in greener buses. The Calgary Police has issued an idle-free campaign.

CALGARY COMMUNITY STANDARDS - RIVER SAFETY TIPS

Your safety and the safety of others should always be top of mind. Rafters, boaters and paddlers need to be aware of water levels, temperature, current speed, cloudy water conditions, and river hazards including bridge abutments, trees and other large debris in the water that can catch, trap or overturn vessels.

Being impaired while on the water is never tolerated, nor is the transport or consumption of alcohol.

ALWAYS BE PREPARED

Your safety is your responsibility. All river passengers must wear a life jacket or personal floatation device (PFDs) on the water. Make sure it fits well and is fastened properly. All river vessels must also have a sounding device such as a whistle, and a buoyant heaving line (throw-bag) no less than 15 metres long.

Always tell someone where you are going and when you expect to return. Arrange drop off and pick up points before you enter on the river. Leave emergency contact phone numbers with someone who can report that you are overdue.

BE AWARE OF RIVER CONDITIONS

Although our City rivers may appear calm in some areas, this isn't always the case. The City has tools and resources available to help Calgarians check river conditions before you begin your trip. If river flows are high, especially after a major rainfall, postpone your trip until the flows have returned to safer levels. Keep in mind that flows can change quickly.

Visit calgary.ca/floodinfo for the latest information including flood advisories. You can also subscribe to our weekly newsletter and download the Alberta Rivers: Data and Advisories mobile app.



Rocky Ridge Ranch Homeowners Association



10709 Rocky Ridge Blvd NW Calgary, AB T3G 4G1 • Please see www.rrrha.ca for office hours.

SUMMER CAMPS OFFERED AT ROCKY RIDGE RANCH:

Kids Summer Tennis Camps instructed by First Serve Tennis will be available Monday-Friday during the following weeks:

- July 11 – 15, 2016
- July 25 – 29, 2016
- August 8 – 12, 2016
- 7-9 year old Beginners: 9:00am-10:15am
- 10-12 year old Beginners: 10:15am-11:30am
- 7-12 year old Intermediates: 11:30am-12:45pm

Registration available now through RRRHA. Please contact the Ranch office if you have questions or would like to register for classes.

Also being offered at RRRHA:

Bricks for Kidz: July 18-22
Half day camps, Monday – Friday
9:00am-12:00pm; 1:00pm-4:00pm
(lunch supervision provided)
To register please visit
www.bricksforkidz.com

Pedal heads: Weekly camps running Monday to Friday from June 27 – September 2

For more information, please visit
www.pedalheads.com

Tuck N' Tumble: July 11-15
For more information, please visit
www.tuckntumble.ca

The Deborah Laxton School of Dance:
July 25-29
Monday – Friday 10:00-11:00am
For more information, please visit
www.thedeborahlaxtonschoolofdance.ca

Notes from the Office

Registration ongoing for Rocky Ridge Ranch 2016 Spring Programs. Punch passes available. Contact the office or visit www.rrrha.ca for details.



Program guide available at www.rrrha.ca and Facebook

Board of Directors

PresidentAnita Coulson
VPJodi Hubler
SecretaryLoretta Kao
TreasurerVal Ostpowich

Directors at Large:

Jen Gibson



Visit www.rrrha.ca for more information on the above.

The RRRHA Mission Statement:

To enhance the value and properties of Rocky Ridge Ranch through judicious self management of all lands, properties and assets and to enhance the programs made available through our Ranch Centre which best serve our community's diversity, providing additional homeowner value and benefit.

■ RANCH AND PARK ACCESS

For some time now we have been having a few difficulties with the ageing gate and door entry system. Some unfortunate park users will recall the day the gate simply refused to cooperate and locked them in. Enquiries into repair or replacement of the entry system got underway in 2015 and a number of estimates were sought. Replacing the existing system would have cost in excess of \$30,000. An alternative was found that offers a more cost-effective solution. It involved an IT upgrade at a third of the cost. This went ahead in March. It means that we will need, at some point, to reset our members access cards. RRRHA will let you know when to come in, and we apologise for any inconvenience.

■ GIVING MOTHER NATURE A HELPING HAND

Do you have a green thumb? Are there areas of our neighbourhood that you would like to see in bloom? Any eyesores that need trimming or weeding? Signs of Spring are all around and keen Rocky Ridge residents have already started enquiring about RRRHA's landscaping plans for Spring and Summer 2016. RRRHA will be working closely with the City of Calgary to identify areas in need of tender loving care.

RRRHA would love to hear from you. We've taken on board your suggestions from 2015 and the Horticultural Committee will give special attention in 2016 to planting native perennials and shrubs well-suited to our zone's temperatures. Join our team of landscapers and amateur gardeners on the RRRHA Horticultural Committee.

■ SPRING AND SUMMER PLANS

RRRHA is looking into offering new programs and facilities for the coming season, with ideas being put forward that include opening a food and drink concession, offering supervised film and video-game nights for tweens and teens, paint nite and new exercise classes. A facelift for the tennis courts includes necessary repairs and some extra fencing going up along the northern boundary of the park, to increase security. With health and safety paramount, areas of the lake will be fenced off to prevent accidents. Also, RRRHA will be hiring extra seasonal staff to help out over the summer. Applicants must be over 18, have First Aid/CPR certification and provide a criminal background check. Enquiries to RRRHA General Manager Roshni Norum (officeadmin@rrrha.ca or call 403.547.6633)

P: 403.547.6633 • F: 403.547.6634 • www.rrrha.ca officeadmin@rrrha.ca



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VALID: June 1, 2016 - July 1, 2016

*Open July 1, 2016 10am-5pm

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