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NEWSLETTER FOR
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ROYAL OAK

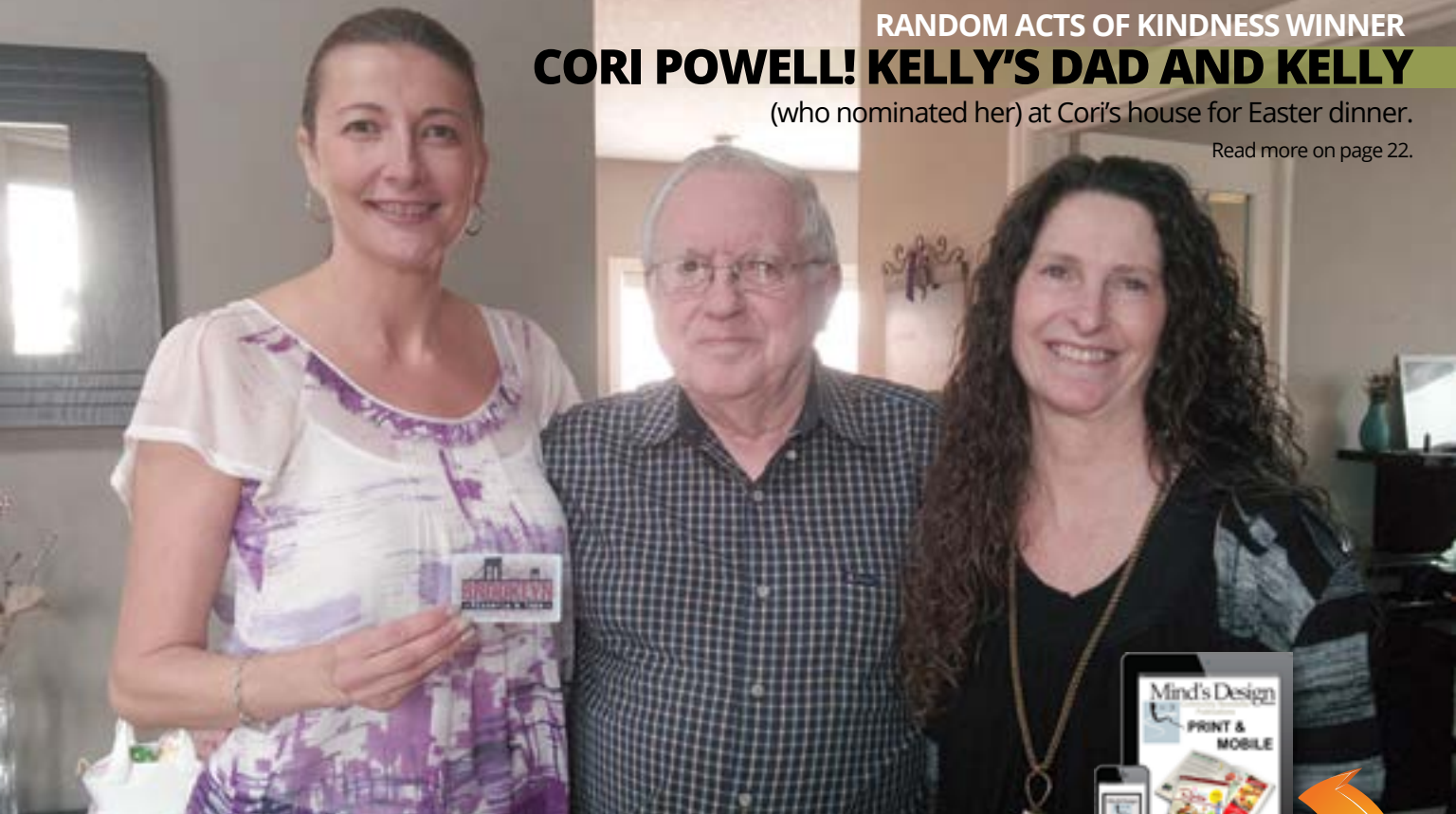


RRROCA
ROCKY RIDGE ROYAL OAK
COMMUNITY ASSOCIATION
WWW.RRROCA.ORG

Mountain Views

MAY | 2015

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RANDOM ACTS OF KINDNESS WINNER **CORI POWELL! KELLY'S DAD AND KELLY**

(who nominated her) at Cori's house for Easter dinner.
Read more on page 22.

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ROCKY RIDGE & ROYAL OAK COMMUNITY ASSOCIATION

HIGHLIGHT IN THIS ISSUE: NEW COMMUNITY NEWSLETTER "MOBILE APP" AVAILABLE TO DOWNLOAD P18

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Your Official Newsletter

Community

President's message



SPRING IS HERE! It is so lovely to see the kids out playing soccer and riding their bikes, people walking their dogs and in general enjoying our unusually warm weather.

Dog poo is an issue again this year. I am a dog owner and have been in the situation where I don't have a bag. If you find yourself in a similar situation, take that opportunity to get to know a neighbour by knocking on their door to ask for one. Who wouldn't help with that? Also PLEASE, PLEASE stay off the soccer fields and ball diamonds with your dogs. It's an embarrassment how much poo is on those fields and also a health hazard for the young children who are participating in our sports programs. Please remember we are all neighbours; let's treat each other with more respect than that.

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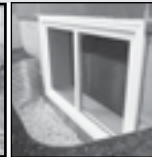
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MountainViews

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The gravel trucks will be starting up again, and along with that more police presence at the intersection of 112ave and Country Hills Blvd. Firstly, please be careful if you are walking there; it's dangerous for pedestrians. Secondly, if you are driving, please allow the light to go fully green (and then some) before you go through that intersection. I would rather you adopt a self-defense strategy than trying to exert your right to go as soon as the light turns green only to become a casualty. On this note we are still looking for a Traffic Director. We need someone to help maintain some pressure on the city and the gravel pits to fix this situation.

Within RRROCA we strive not to take sides in politics. But I feel it is important to remind you that the provincial election is coming up. I think we have a lot of voter apathy, which can come from the feeling there are no good options. But voting is important and we need to fight the urge to abstain. Lindsay Blackett won in our riding by a mere 23 votes. That is less than the eligible voters on my block. If you feel apathetic because you are not inspired by your options, give one of them a chance to inspire you by voting for change.

Speaking of change, we have 2 significant changes happening to the board this month. Our Newsletter Editor Carla Knipe is stepping down to pursue her university studies and I am leaving as well. I feel it is time to get back to my family.

About two and half years ago, I started out as the Sports director, than onto Events and finally the President position. I have enjoyed my time with RRROCA immensely and am so proud of what we are today. When I started there were only 6-8 board members. Now we have 14 board members as well as committees and multiple leads who work hard to bring you services and programs. It is very rewarding to see so many people working together for the betterment of their community. I know not everyone has the time to give by being a board member or a committee member, but consider hosting a block party, attending a community event or sports program, or just saying hi when you

see your neighbor. Everything we give comes back to us.

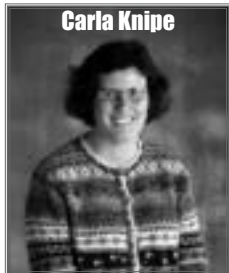
Thank you to Carla for a job well done. Thank you to the people of Rocky Ridge and Royal Oak for the opportunity to serve you and a special thank you goes to my husband and children!

~ Pam Nichol

Your Official Newsletter

Community

Editor's Message



Carla Knipe

This issue marks my last as community newsletter editor with the RRROCA Board. It was with an extremely heavy heart that I made this decision, but I felt the time was right to step aside for someone new. Fresh ideas are always good, and I am confident that my successor will carry on bringing energy to our community voice.

When I took on this role, the challenge I set for myself was to make the newsletter the best it could be. I admit that it was an uphill battle that required countless hours—and a lot of tolerance and patience from my husband and son for letting me put in those hours, so I must say a public “thank you” to them. Some of the ideas I tried to implement were more successful than others but that is all part of the process. I am proud that the newsletter is well on its way to being a key communication tool to bring Royal Oak and Rocky Ridge closer together. Thank you to all those who submitted content; you made my job so much easier! Thank you as well to all those local businesses that continue to support the newsletter by purchasing ads. Your advertising enables the newsletter to keep on being published and also helps to grow our local economy.

I must add that part of the confidence I now have in the newsletter is the result of the partnership with our new publisher, Mind's Design, who truly strives to help community associations thrive. I will miss my working relationship with Bobbie-Jo Bergner, the owner of Mind's Design Publishing. I feel that with the switch in publishers, the newsletter is now in a great position, just as the RRROCA Board itself is now in an extremely good place. During my three years with RRROCA, I've seen the organization grow and develop so much. That is so encouraging. I can't wait to see the direction that both RRROCA and our newsletter will take in the future and I wish the new Directors well. I urge everyone in our Community to keep the community dialogue going, even if it's just by chatting to your neighbours about the things that matter to Royal Oak and Rocky Ridge. I firmly believe that communication is the most crucial start in building a healthy community. And don't forget that RRROCA is a fantastic organization to support, by (at the very least) purchasing a membership, or by contributing a photo or article to the newsletter, or volunteering in some capacity to make programs and events happen. Personally, through volunteering with RRROCA, I met some fantastic people and loved meeting them by email or in person and that was the most rewarding part of my experience. I will still write articles for the newsletter, and I will still remain the community Little Free Library steward. But above all, thank you for the amazing privilege of allowing me to serve as Editor. Let's keep up this wonderful community momentum!

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MOUNTAIN VIEWS - EDITORIAL POLICY

the official newsletter of the Rocky
Ridge Royal Oak Community Association

All content appears at the discretion of the Board as well as Mind's Design Publishing. All copy may be edited due to space as well as grammar and usage.

We welcome all community content including Community Event listings, area schools updates, good news stories, Senior and Youth content and Letters to the Editor. The editor welcomes and encourages writers from our community to write for this newsletter; either one-time articles or ongoing columns.

Political representation is accepted but limited to elected representatives of this community (ie: if their name appeared on a ballot and they were elected).

Submission Deadlines: community content is due on the 8th of the month for the following month's issue. Articles should be no more than 500 words in length.

Photographs are welcomed from both local professional and amateur photographers for inclusion on the cover or inside the issue. Please email high quality JPEGs to the Editor (email attachments are acceptable). We cannot pay for photos but will give credit as the photographer's personal name.

All advertising enquires should be directed to newslettersales@mindsdesign.ca. Advertising is due on the 15th of the month for the following month's issue.

RRROCA CONTACTS

Names and Emails

Your Official Community Newsletter

Rocky Ridge Royal Oak Community Association

Phone: 403-771-8979 **E-mail:** communications@rrroca.org
Address: PO Box 91009, RPO Royal Oak Calgary, Alberta, T3G 5W6
Website: www.rrroca.org



MOUNTAIN VIEWS, the official newsletter for both Rocky Ridge and Royal Oak, is published 11 times a year by Mind's Design Studio and is delivered to the all residents and local businesses by



RRROCA Board of Directors

President	Pam Nichol.....	president@rrroca.org
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Director of Membership	Nicole Savoie.....	membership@rrroca.org
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Director of Planning/Development	Dave Spencer.....	planning@rrroca.org
Director of Sports	Tessa Sakamoto.....	sports@rrroca.org
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Director of Volunteers	Frances Kalu.....	volunteer@rrroca.org
Director of Schools	VACANT.....	schools@rrroca.org
Director of Transportation	VACANT.....	transportation@rrroca.org

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Councilor, Ward 2 (Royal Oak)	Joe Magliocca	joe.magliocca@calgary.ca
CRC	Heather McKay.....	Heather.McKay@calgary.ca
Constable	Roy Moe.....	roy.moe@calgarypolice.ca

NEWSLETTER AD SALES: 403-203-9152 NEWSLETTERSALES@MINDSDESIGN.CA



Programs for Children and Youth

Introduction to Balloon Sculpting: Learn the basics of balloon sculpting. Ages 8-12. Saturday, May 9, 11:00-11:45 a.m. Please register.

P.D. Days at Crowfoot Library: While school is out, head on down to the Crowfoot Library for a variety of fun activities. Ages 6-12, Friday, May 15, 11:00 a.m. -2:00 p.m.

P.D. Movie Day: Come watch a feature film on your day off! With parent/ caregiver. Call Crowfoot for movie title. Friday, May 15, 2:00-2:30 p.m.

Preschool Pyjama Party: Wear your favourite pjs and bring along your teddy bear for bedtime stories, songs, fingerplays and rhymes. Ages 3-5, independent of parent/caregiver. Wednesday, May 27, 6:30-7:00 p.m. Please register.

Worms Love Leftovers: Explore the cool world of worms and how they turn

organic waste into living soil. Ages 5-12. Saturday, May 30, 11 a.m.-12 p.m. Please register.

Programs for Adults (Please register for all adult programs)

Law at Your Library: Dispute Resolution: Learn about dispute resolution alternatives and collaborative, consensus-based decision making processes. Thursday, May 7, 7:00-8:30 p.m.

Introduction to Business Research: Learn how to conduct simple business research at Calgary Public Library and beyond. Monday, May 11, 7:00-8:30 p.m.

Social Media: Safety and Privacy: Get informed about common threats or concerns you may encounter while using social media. Tuesday, May 12, 7:00-8:30 p.m.

Adult Learning Series: Religion by the Numbers: An overview of current trends among major world religions with Dr.

Steven Engler. Wednesday, May 13, 7:00-8:30 p.m.

A Taste of Coaching: Create more awareness, attention and skill in your professional and personal life. Includes 20 minute one-on-one coaching sessions and journaling exercises. Wednesday, May 20, 6:00-8:00 p.m.

Welcome to Canada: Calgary's School System (in Mandarin): Are you a newcomer and a parent? Learn about the Calgary Board of Education and Calgary Separate School Division schools and programs. Saturday, May 23, 1:00-3:00 p.m. To register call 403.999.3880 (Mandarin) or 403.777.6074 (English)

Citizenship and Civic Participation Class: Learn about Canada with the purpose of preparing yourself for the Citizenship Exam.

Sunday, May 31, 1:30-4:30 p.m.

May Book Recommendation

The Rosie Project, by Graeme C. Simsion

The Rosie Project is a classic screwball romance about a handsome but awkward genetics professor and the woman who is totally wrong for him. A first-date dud, socially awkward and overly fond of quick-dry clothes, genetics professor Don Tillman has given up on love, until a chance encounter gives him an idea. He will design a questionnaire--a sixteen-page, scientifically researched questionnaire--to uncover the perfect partner. She will most definitely not be a barmaid, a smoker, a drinker or a late-arriver. Rosie is all these things. She is also fiery and intelligent, strangely beguiling, and looking for her biological father a search that a DNA expert might just be able to help her with.

Filled with engaging specificities of character and setting, the professor's struggle to understand the "fundamental, insurmountable problem of who I was" also becomes a poignant universal story about discovering how best to reconcile logic and emotion, head and heart, and connect

Please Note:

The opinions expressed with any published article, report or submission reflect those of the author and should not be considered to reflect those from The Rocky Ridge Royal Oak Community Association (RRROCA) or the publisher of this newsletter. While the Editor and Publisher make every endeavor to print accurate information, we cannot guarantee it.

Disclaimer

our lives with others. The Rosie Project is a romantic comedy like no other. It is arrestingly endearing and entirely unconventional, and it will make you want to drink cocktails.

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Kidscorner

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for kids to enjoy!

Five Flamingos Maze Game

Find which flamingo has their
head in the water.



I told my kids on Mother's Day I wanted to be pampered – so they bought me some diapers.

Find 6 differences



Games for school age kids (or great as a group activity!)

Minute to Win It

(borrowed from club.chicacircle.com)

Like the TV show, you can get your child to plan various tasks to challenge themselves, or challenge with their peers. The whole idea is centered around challenges of escalating difficulty using everyday household items. Here are some task ideas:

1. Stack Attack – the objective is to stack 28 red solo cups in a pyramid shape, and then unstack them back in 60 seconds or less
2. Face the Cookie – the objective is to use only your facial muscles to move a cookie from the top of their head, down their face, and into their mouth without dropping the cookie
3. Noodling Around – by placing a long piece of uncooked spaghetti in your mouth, scoop 6 penne pasta noodles in a row onto the spaghetti noodle in 60 seconds or less
4. Card Ninja – using regular playing cards, players must throw the cards one at a time “ninja style” at a wedge of watermelon until a card sticks into it
5. A Bit Dicey – While holding a craft/popsicle stick in your mouth, stack 6 dice on top of each other on the end of the stick and hold there for 3 seconds
6. Sticker Picker Upper – place 3 stickers (sticky side up) on a platter with no edges. Roll an egg on top of the platter with one hand, until the egg has rolled over and picked up each sticker without having the egg drop on the ground
7. Sticky situation – Launch a ping pong ball by bouncing it off one table and having the ball land on a piece of bread with peanut butter on a second table
8. Nose Dive – transfer cotton balls from one bowl to another



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- Democracy and Accountability in Alberta

When Premier Jim Prentice lured 11 former Wildrose MLAs across the floor in the most undemocratic manner seen in North America, I left my post as Vice President - Fundraising with the Wildrose Executive Committee to assume the role as Party President, a position I held between 2008 and 2010. I assumed this position to bring stability to the party, support to the interim party Leader (Heather Forsyth), and guidance and strength to the party membership. Over the course of the 4 months since this tremendous turnover, we have brought stability and organizational capacity back to the party and elected Brian Jean as the new Leader of the Official Opposition.

As President I stood up against Premier Prentice's attempt to eliminate the Opposition because it was the right thing to do. Someone had to stand up for the 440,000+ Albertans who believe the Wildrose is an effective opposition to a wasteful, tax and burn PC government. I stayed because the Wildrose Party is the only provincial party that will not raise your taxes and will get government spending under control. I stayed because it takes people with resolve to bring change to a system that is bloated and inefficient. Albertans deserve a government that values transparency, honesty, accountability and integrity.

You've told the PC government to keep taxes down, cut wasteful spending, and improve outcomes for Albertans. Their 2015 budget (including 50 tax increases), and their pre-election budget spending shows they have not listened to Albertans. They claim Albertans want this budget and that everyone will benefit. Instead, everyone will pay more in taxes, and your children will be saddled with billions of dollars in debt based on Premier Prentice's fiscal projections. I will fight hard to eliminate these tax increases, make sure spending is aligned with taxpayer priorities, and ensure your hard-earned tax dollars deliver you and your family the desired outcomes and quality of life. You deserve a government you can trust. You deserve a government that follows through on their promises.

You deserve a government that understands your concerns. I am running to be your voice in the Legislature working with the various levels of government and community organizations whether as government or as Official Opposition. Vote for me as your Wildrose M.L.A. I will work hard for our community and bring accountability back into government.



JeffCallaway.ca

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Sign up your kids up for our SUPER FUN week-long summer camps! For kids aged 4 to 10.

Crock A Doodle is excited to be partnering with our friends at TucknTumble, Enchanted Events & My Gym! Kids will enjoy a morning of pottery painting then an afternoon of active play!

*Camps run 9am to 4pm daily
(exception My Gym camps)*

July 13-17 - with TucknTumble Gymnastics Club- "Going to the Beach" \$325

July 20-24 - with Enchanted Events- "Enchanted Fairy Camp" \$350

July 27-31 - with TucknTumble Gymnastics Club- "Forest Fun" \$325

August 10-14 - 9am-4:30pm with My Gym- "Soaring with Superheroes" \$325

August 24-28 - 9am-4:30pm with My Gym- "Once Upon a Time" \$325



Crock A Doodle Paint Your Own Pottery Studio

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ph: 403-374-1118 royaloak@crockadoodle.com www.crockadoodle.com

Registration for My Gym camps are currently OPEN & available through My Gym online.

Your Official Newsletter

Important Numbers

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre – Alberta	1.800.332.1414
Suicide Crisis Line	1.800.784.2433
HOSPITALS/URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Rockyview General Hospital	403.943.3000
South Calgary Urgent Care	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7100
Calgary Senior's Resource	403.266.6200
Call Before You Dig	1.800.242.3447
City of Calgary	211 and 311
City of Calgary - Parks & Rec.	403.268.3888
Elder Abuse Resource Line (65+)	403.705.3250
Crowfoot Library	403.260.2600
Kerby Centre for the 55 plus	403.705.3246
City Hall	403.268.2111
City Hall - Mayor's Office	403.268.5622
Road Conditions – Calgary	1.877.262.4997
Crowfoot YMCA	403.547.6576
Weather Information	403.299.7878

GET YOUR GARAGE SALE ON

The time to start planning for this spring's garage sale is today! The first step... set the date. A good time to hold a garage sale is during the RRROCA parade of garage sales. This year, it will be held on June 5, 6 and 7. Once again, our sponsors will be realtor Zeena Taghvai, RE/MAX Real Estate Mountain View and the Bank of Montreal, Royal Oak Branch. They want to help make your garage sale a success.

Signing up is simple. Visit www.rrroca.org and click on Parade of Garage sales to register and we will take it from there. Courtesy of our sponsors, all participants will be provided with a garage sale sign and kit that you can pick up at BMO, Royal Oak Branch on Wednesday June 3rd. We will make sure treasure hunters know where to find you with lots of signage and online and social media support including maps with all participating homes highlighted.



What's left for you to do? Get out a box and start de-cluttering. 'Tis the season to simplify and make a little extra pocket money! So mark your calendars. The Parade of Garage Sale hours on the Friday are 3 to 8 pm, and 10 am to 5 pm on the Saturday and Sunday. That should give a lot of opportunity for everyone to make the Parade of Garage Sales work for you!

HERE IS A SNEAK PEEK OF RRROCA'S EVENTS SEASON! We are planning the return of our favourites plus adding some new ones so stay tuned for details as we will release more information when we have it!

- May 30th Laser Tag Day (sponsored by ATB)
- June 6th Family Fun Day
- June 5-7th Parade of Garage Sales
- June 20th Neighbour Day
- July 4th Stampede Breakfast
- July 4th Stampede Adult Party (night)
- Sept. 19th Community Clean-Up





VOLUNTEER CORNER

by Frances Kalu, RRROCA Volunteer Director

To provide events and activities that make our community great, we require over 150 volunteers to ensure these events are a success. Do you have an hour or two to spare? Do you have skills or experience to share? Please send an email to volunteer@rrroca.org. You can also sign up to volunteer as you renew your membership for the year.

We are currently looking for the following positions:

Events/Committees

Family Fun Day (June 6th): A great opportunity to help organize games and activities for families in the community. Get to make new friends, meet up with old friends and contribute to a great cause -community building. Email volunteer@rrroca.org

Stampede Breakfast (July 4th): Would you be willing to give 2-3 hours of your time to flip a burger, man a bouncy castle or stir the pancake mix? We are looking for over 100 volunteers to make this day a success for over 2000 people expected to participate in the activities on this day. Send me an email if you can be there to make this day work volunteer@rrroca.org

Community Clean Up (Sept. 19th): Help make our community a clean environment. Volunteers required to direct events on this day. Email volunteer@rrroca.org

Board Vacancies

President: The President provides leadership to the board and the community association. He/she acts as a liaison between the community association and the city, and promotes the organization's purpose in the community.

Director of Schools: The Director of Schools acts as a liaison between the community and the schools that serve the community.

Director of Transport: The Director of Transport would liaise with the community and the board on transport issues in the community.

Director of Sports: As a volunteer board member, the Sports Director is in charge of the Youth Spring Sports Program and oversees the Adult Fitness Programs. You would have a chance to learn on the job from the current Sports Director during the 2015 sports season.

Send an expression of interest to volunteer@rrroca.org



RRROCA
ROCKY RIDGE ROYAL OAK
COMMUNITY ASSOCIATION
WWW.RRROCA.ORG

Membership Application & Renewal Form

NEW Membership Membership RENEWAL

Your personal information will be used for Association purposes only and will NEVER be given to third parties

Last Name:		
First Name:		
Address:		
Postal Code:		
Phone:		
Cellphone:		
Email ¹⁾ :		
Updates by email:	<input type="checkbox"/> YES <input type="checkbox"/> NO	If you choose "No" to this question your email address will be on file but will NOT be used to communicate Association news or important updates.

¹⁾ Please note your email address will be used to communicate your membership number.

YES, I would like to volunteer my time, interest or experience in the areas of:

Communications	Such as web / internet; social media; newsletter; road signs, etc.	<input type="checkbox"/>
Programs	Such as sports; recreational; fitness; special events, etc.	<input type="checkbox"/>
Civic Advocacy	Such as planning & development; transportation; schools, etc.	<input type="checkbox"/>
Fundraising	Such as casino; grant applications; donations, etc.	<input type="checkbox"/>
Amenities	Such as buildings; sports facilities; parks & playgrounds; pathways, etc.	<input type="checkbox"/>
Other (please specify)		<input type="checkbox"/>

Note: Memberships are based on calendar year and are valid from January 1 to December 31

NEW MEMBERSHIP & RENEWAL: \$30.00

If your membership is not kept current by Feb 28 after it expires it will be deleted and a new membership will need to be purchased.

Send this form and your cheque (payable to Rocky Ridge Royal Oak Community Association or RRROCA) to:

RRROCA – Membership: PO BOX 91009, RPO Royal Oak Calgary AB T3G 5W6

RRROCA Reader Recipe

Fabulous Pizza Sauce from Christin McArthur

I've been making this recipe for years and it never disappoints. It's reminiscent of the pizza sauce I had growing up in Regina and I've been told it's a more Greek-like sauce since it's sweeter than others. This recipe is quite generous and it freezes well, too. It makes enough to cover dough in a 12x17 sheet pan. I hope you enjoy it as much as we do!

- 1 - 5.5 fl ounce can tomato paste
- 1/3 cup water
- 2 Tbsp olive oil
- 2 Tbsp pure maple syrup
- 2 tsp ground oregano
- 1 tsp onion powder
- 1 tsp garlic powder



Put all the ingredients in a small saucepan and heat over low heat until warm. Use as you would any other pizza sauce. To freeze, place in a baggie, remove all air and seal. When re-heating, put sauce in a small saucepan and add a tsp of water or oil. Heat over low heat, stirring occasionally.

Send us your recipes!

We would love share your favourite recipes in Mountain Views!

It can be a faithful standby that you've made for years, an heirloom recipe passed down from your Grandmother, or just one that your family really likes. Be sure to send us a brief description of why the recipe is your favourite or a special memory associated with it—a photo would be a bonus (but it isn't a requirement). Send it to: newsletter@rrroca.org and we will print it in an upcoming newsletter.

We need your photos!

Mountain Views wants to showcase the talents of our local photographers throughout the year, both as our monthly cover feature as well as in the newsletter. Think seasonal: send us your Stampede photos for July, or your street decked out for December for example. Think local: capture our community in a great light, our natural environment or just something unique that you've seen when you're out and about. Amateur and professional photographers of all ages are welcome to submit. We cannot provide monetary payment but we will give you a photo credit using your personal name (not your business name, if you have one). Please send your photos as high quality JPEGs to newsletter@rrroca.org and who knows, you just might see your photo(s) in print! Happy snapping!



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Rocky Ridge Royal Oak Community Garden



Registration is in process for the 2015 season. The interest this year has been great and we anticipate the majority on the waiting list will be accommodated by the end of April. Please continue to email us as a list for next year will be started. By the end of May we hope to start planting. The information below may help decide what to plant as well as good information for community gardens in the city.

Following information is from the **Calgary Horticultural Society website.**

<http://www.calhort.org/community-gardens>

COMPANION PLANTING: FRIENDS AND FOES

Some plants thrive much better when planted closer to other specific plants because each plant is taking and releasing different nutrients into the soil. If you plant potatoes near tomatoes both plants will do very poorly. Think of it as plants having friends!

Plants also have enemies that they don't do well near. This is called companion planting. Planting in guilds and intercropping are also based on the concept of companion planting. So think ahead about good roommates for your food crops!

FRIENDS:

- Parsley LOVES Tomatoes, Asparagus
- Onion / Garlic LOVES Beets, Strawberries, Tomato, Lettuce, Beans
- Leek LOVES onions, carrots
- Cucumber LOVES Radishes, Peas, Sunflowers, Corn, Beans
- Lettuce LOVES Strawberries, Carrots, Radishes
- Carrots LOVE Peas, Chives, Onions, Leek, Rosemary, Sage, Tomatoes
- Beets LOVE Kohlrabi, Onions
- Corn LOVES Pumpkin, Potatoes, Peas, Pole or Bush Beans, Squash, Cucumbers
- Bush Bean LOVES Strawberries, Sunflowers, Potatoes, Cucumbers, Petunias
- Cabbage / Kale/ Broccoli / Cauliflower / Kohlrabi ALL LOVE Thyme, Dill, Sage, Rosemary, Beets, Onion, Potatoes
- Turnip LOVES Peas
- Spinach LOVES Strawberries
- Pumpkin LOVES Corn
- Potato LOVES Beans, Corn, Cabbage, Marigolds, Eggplant



What To Know Before You Go

by **Sheri Horvat, Certified Travel Consultant**

I would like to talk to you about using a professional when planning your travel. A question I often get asked is "Why should I use a professional, I have a computer?"

Well, where do you begin? Sure, most everyone is quite familiar with Google and all the information it provides. You can easily look up online brochures or flip through a paper copy. Information overload! What you find can be confusing, misleading, or there is just too much information provided for it to make sense. You need somebody that's going to help you decide what is going to be the best type of vacation for you.

Where are you going to get good value? Where should you eat? Where would be a good place to shop? If you're on a trip and something goes wrong, you want to know that someone is there to help you. Let our knowledge and expertise do the work for you! We will do the research and provide you with the information required to make an informed decision on your travel.

A professional travel planner is someone who is going to help you plan, save you time, save you money, and give you the experience you are looking for. There's a reason for using a professional. In travel, it makes a difference. It makes your trip better.



- Tomato LOVES Basil, Chives, Parsley, Borage, Bee Balm, Carrots, Onion, Marigolds

FOES:

- Beans HATE Onions
- Peas HATE Onions, garlic, potatoes
- Cabbage HATES Strawberries, Tomatoes
- Carrot HATES Dill
- Pumpkin HATES Potatoes
- Tomato HATES Potatoes, Cucumber, Cabbage, Kohlrabi
- Potato HATES Pumpkin, Squash, Cucumber, Sunflowers, Tomato, Raspberry

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Book your cleaning by May 31/15 and receive a "Dryer Vent Cleaning" for FREE!

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Do you suffer from sneezing fits and headaches during different times of the year?

If so, there are some things that a furnace and duct cleaning company can do to help.

Duct cleaning could really help you eliminate your seasonal allergies. Studies show that one of the most common causes of allergies and asthma is related to indoor air quality. In fact, one of the most strongly allergenic materials found in the air you breathe when you're inside, is common house dust.

You may not realize it, but house dust can be heavily contaminated with dust mite fecal pellets and cast skins. About 40,000 dust mites can thrive in just one ounce of dust. That means even the cleanest house probably has plenty of these allergy-causing microscopic critters. Yuck. Plus, it's estimated that dust mites are known to factor into 50 to 80 percent of asthmatics, as well as countless cases of eczema, hay fever, and other allergy-related ailments.

Most people have spring cleaning rituals. You might clean carpets and closets, turn the mattresses, air out upholstery, etc. Seasonal cleaning of your home's ventilation system should be on the list, as well. We recommend that, as part of your spring cleaning, you see whether it is time to have us come out to

make sure that your air conditioner, furnace, and vents are in top condition. Why wait until the fall or heating season?

Look around your vents. Is there a build-up of dust or dirt there? When you turn on your ventilation system, is there a burned, dusty or moldy scent? Are you noticing that the volume of air coming out is less than you are used to? These are all signs of dirty or even clogged vents and ducts. Regular furnace and duct cleaning should be done at least once a year. If you haven't been doing this, there's a good chance you're in need of some deep cleaning.

On top of this, you will notice that your energy bill may be higher. Dirty air ducts can significantly reduce the efficiency of your air conditioner, meaning that not only will you be less comfortable than you should be, but your equipment will be required to expend more energy when it runs.

Clean air ducts are an essential ingredient to a healthy, effective air conditioning system. Dust and mold that builds up inside your home's ducts can be harmful to your family's health. If these contaminants escape into the air, they can contribute to indoor pollution. People with asthma or allergies, the very young, the elderly, and people with suppressed immune systems are particularly vulnerable to health problems caused by poor indoor air quality. By getting your ducts cleaned, you can reduce your risk from these indoor allergens and irritants.

Call us today for a no obligation furnace and duct cleaning quote.

LASER TAG

with ATB and RRROCA

May 30, 2015 from 10am- 4pm



**TEDDY FOR A
TOONIE**

ATB in Rocky Ridge will be the site of a GIANT laser tag inflatable as part of their Teddies for a Toonie campaign in support of the Alberta Children's Hospital.

Come buy a hot dog and a drink plus play a round of laser tag for \$3! Additional rounds of Tag can be purchased for a Toonie. There will be silent auction items, and enter a draw for a \$1000 Air Canada Gift Card. All proceeds to the Alberta Children's Hospital.

Challenge your friends, neighbors or teammates to a round of tag for a good cause.

Until May 31st, open a new chequing account with ATB Financial and receive \$350 and \$150 for every single friend that does the same!!

For details, email Branch Manager Justin Friesen at Jfriesen@atb.com

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Come see what sets us apart



RSVP for our free events today!

Tribute to Neil Diamond
Wednesday, May 6th at 6:30 p.m.
Join Stan Foster as he shares the Neil Diamond Classics. RSVP today-limited seating!

Reflections of Red
Wednesday, May 13th at 6:30 p.m.
Bring back memories of yesteryear with this Red Skeleton Comedy Routine!

Acts of Courage
Wednesday, May 20th at 2:00 p.m.
Join us as Irene Bryant shares her healing journey from Stage 4 Cancer.

Music, Fun & More
Friday, May 29th at 2:00 p.m.
Join us as we are entertained by folk singer, Barry Luft!

For a complimentary tour or to RSVP for an event, please call 403 • 930 • 4848 or Info@RockyRidgeRetirement.com
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GET MORE FROM YOUR COMMUNITY NEWSLETTER!



Extended Front Driveways

Spring is here, which means you might be thinking about starting home renovation projects like building a garage, deck or even extending your existing driveway.

Extended front driveways impact pedestrian safety and prevent street parking, leaving visitors to your community without a place to park. In addition, they prevent front of home landscaping opportunities.

Landscaping is an integral function of a community because it supports proper water drainage, helps replenish ground water which supports the maintenance of trees, and helps prevent increased temperatures in cities. In addition, landscaping allows The City and its partners easier access to utility right of ways.

Extending your driveway requires a permit and installing a hard surface along the entire front of your property is prohibited by City policies and bylaws in many cases.

Before you begin or hire a licensed contractor, find out what City of Calgary requirements might be required before you make a large investment. For this and other property development or building questions, call **The City's Planning Services Call Centre at 403-268-5311**. They are available Monday to Friday, 8 a.m. to 4 p.m.

Animal & Bylaw Services
Partnering with Calgarians
www.calgary.ca/animalservices

RRROCA Ladies Group

PRIVATE POTTERY PAINTING OR GLASS FUSION CLASS

COLOR ME MINE

(Creekside Studio location)

11988 Symons Valley RD NW

Wednesday, May 20th from 6:30pm-8:30pm

Registration fee is \$15.00*

No experience necessary! The Color Me Mine staff will guide you toward creating your masterpiece. Participants will receive full instruction from A to Z, and can choose to participate in either pottery painting or glass fusion. There are hundreds of pottery items to choose from—mugs, plates, platters, vases, pet dishes, banks, and ornaments.... just to name a few! All paint is water based (no need for smocks). If you choose to paint a plate, mug etc. then once complete, not only will it be food safe but dishwasher and microwave safe as well. You can also choose to participate in glass fusion, and let your creativity come through. Participants will find that the different colors of glass will help you to create a spectacular piece. Visit them on Facebook or check out their website at <http://calgary.colormemine.com> for examples of some of the fabulous things that they offer.

*We hope that you can join us for some yummy snacks, a glass of wine or pop, an evening of creativity and a fun way to meet other ladies in your community. Participants will receive a \$10.00 credit to be put toward the piece of your choice on the evening of the event, and Color Me Mine will be extending a 25% discount to RRROCA members on the evening of the event.

Since this will be a private event only for RRROCA members, there will be no registration through Color Me Mine. Registration through RRROCA's online registration site (visit www.RRROCA.org for the link) will be available starting April 1st.

If you have any questions, please contact Judy via ladiesgroup@rrroca.org.

RRROCA Ladies Book Clubs

If you are interested in joining a book club, please contact Judy via ladiesgroup@rrroca.org. There is an immediate opening for a group that meets on a Tuesday evening.

Sweater, n.: garment worn by child when its mother is feeling chilly.

- Ambrose Bierce
Painting: Gustav Klimt

ROCKY RIDGE RANCH

Homeowners Association

ROCKY RIDGE RANCH

Your Official Community Newsletter

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW Calgary, AB T3G 4G1
Phone: 403-547-6633 **Fax:** 403-547-6634 www.rrrha.ca officeadmin@rrrha.ca
Ranch Centre Hours: 9:00 am - 10:00 pm
Office Hours: **Mon:** Closed • **Tues:** 10:00 am – 7:00 pm • **Wed:** 8:30 am – 4:30 pm
Thu: 8:30 pm- 4:30 pm • **Fri:** 9:00 am – 1:00 pm • **Sat:** 9:00 am – 1:00 pm
Sun: Closed and closed on all statutory holidays

The RRRHA Mission Statement:
 To enhance the value and properties of Rocky Ridge Ranch through judicious self management of all lands, properties and assets and to enhance the programs made available through our Ranch Centre which best serve our community's diversity, providing additional homeowner value and benefit.

Notices

Hall Rentals: Planning a birthday party, Wedding, or meeting? You can check the availability and pricing of our hall rentals by calling 403-547-6633 or checking our website www.rrrha.ca. We allow members and non-members to rent our halls, however non-members pay a higher rate.

Clubs

Rocky Ridge Rockers: Everyone 50 and older from Rocky Ridge and Royal Oak is invited to join us for coffee and conversation every Tuesday from 1:30 – 3:30 pm in the upper level of the Ranch Centre. It is a great way to meet your neighbors. Feel free to bring a craft or quilting project to work on.

Parents and Tots: A group of parents get together every Tuesday mornings in the lower level of the Ranch Centre at 9:30am. Meet other moms in the community while your child(ren) play with other kids their age. A \$1 donation per child is required to attend. For the most up to date information about the group, join the Facebook group called parents and tots at the ranch. <https://www.facebook.com/groups/parentsandtotsattheranch/>

Board of Directors

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Operations Conrad Savoie
 Community Relations Heather Sutherland

Lessons and Camps

TENNIS LESSONS: Tennis lessons will run on Tuesdays June 2 - 23, 2015. Classes are each 75 minutes. No experience is necessary. Children and Adults will be grouped within the class based on skill level. June 2 – 23

Date	Time	Age	Cost
Tuesdays June 2 - 23	5:15 – 6:30 PM	10 – 12	\$65 (members), \$75 (non-members)
Tuesdays June 2 - 23	6:30 – 7:45 PM	7 – 9	\$65 (members), \$75 (non-members)
Tuesdays June 2 - 23	7:45 – 9:00 PM	Adult (15+)	\$75 (members), \$85 (non-members)

Lessons and Camps Continued...

ADULT TENNIS CLINIC

Learn or relearn four swings in tennis to get yourself ready for the tennis season. Saturday June 6 10:00 AM – Noon
\$35 Members, \$40 Non-members

SUMMER CAMPS

We have four wonderful summer camps being held at the Ranch Centre this year Bricks4Kidz, Tennis Camp, Pedalheads, and TucknTumble. Registration is open for both members and non-members. If you want to sign up for Bricks4Kidz or Tennis Camp, you can sign up at the Ranch Centre. For TucknTumble and Pedalheads you must sign up online through their websites.

BRICKS 4 KIDZ

Chi Challenge, July 27 - July 31, 2015 from 9:00AM - 12:00 PM
Cost: \$165 Members, \$175 Non-members Ages 5 - 12

Let the legend be told, that in the land of Chima®, only the brave survive. Eight animal tribes battle in pursuit of CHI, the balance of life. Campers will have the opportunity to choose their tribe, while building and battling for victory. Put your Chima® skills to the test throughout this camp, by racing Speedorz® and building motorized models with LEGO® Bricks. Does your tribe have what it takes to become the ultimate master of CHI? Your destiny awaits!

PIRATE QUEST

July 27 - July 31, 2014 from 1:00 PM - 4:00 PM
Cost: \$165 Members, \$175 Non-members Ages 5 - 12

Shiver me timbers as we explore the popular culture behind the life of a pirate! Build a motorized pirate ship, a helm and an anchor as we batten down the hatches and prepare for mutiny! Protect hands-on deck by building a launching catapult. Beware me mateys, if it's too late, you must abandon ship and build a rowboat to escape. Watch out for crocodiles!

TENNIS CAMPS with tennis pro Kevin Gardner
Camps will run Monday through Thursday with Friday reserved as a make-up day in the event rain causes us to cancel a class.

Session 1: July 6 - 9, Session 2: July 13 - 16, Session 3: July 20 - 23
Cost: \$65 for Members, \$75 for Non-members

Time	Class
9:00 AM - 10:15 AM	Beginner age 7 - 9
10:15 AM - 11:30 AM	Beginner age 10 - 12
11:30 AM - 12:45 PM	Intermediate age 7 - 12

TUCK N TUMBLE

Gymnastic camps run during the following weeks July 20 – 24, August 10 – 14, and August 17 – 21
For registration and more information go to <http://www.tuckntumble.ca/>

PEDALHEADS

The camp runs June 28 – August 28 on weekdays. For more information and registration go to <https://pedalheads.com/Alberta/calgary-rocky-ridge>



With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents & caregivers, of an often overlooked hazard in the home – open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window – often from the second floor. Falls such as these are preventable by taking time to assess your home and ensuring windows are safe.

Windows and screens

- Move furniture such as cribs, beds, stools, and change tables away from windows to prevent access to them;
- Keep drapery cords out of childrens' reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard;
- Remember: screens are designed to keep bugs out, NOT to keep children in.

Balconies

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing;
- Consider installing a balcony guard to eliminate access between the vertical bars of a balcony, or deck.

Further prevention tips

- Children aged one to four are at highest risk of falling from a window or balcony;
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies;
- Consider installing safety devices which limit the distance in which a window can be open;
- Ensure the safety device can be released quickly, so the window can be used for escape in case of fire, or other emergency.

EMS is proud to be a member of the **Partners Promoting Window and Balcony Safety**. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs. www.windowssafety.ca

www.albertahealthservices.ca

Kindness is its own Prize

March was a month of kindness in Rocky Ridge and Royal Oak! We could feel it in the air and know that it will continue on. Thanks to all those who participated by sharing their stories with us on social media and all those we know were too shy to do so. We saw coffees, hot chocolates and stuffed toys being bought and delivered, garbage cans being brought in, snow being shoveled, meals being made and special parcels being sent in the mail just to make a child smile.

We want to specifically congratulate our winners Kelly Penn who nominated her friend Cori Powell for delivering a hot meal to her father and ongoing acts of kindness; Adrienne Elain for sending a nice surprise in the mail for a young friend; Dawn Stewart who replaced a young girl's spilled hot chocolate and Abdullah Rasool who nominated his neighbour Mr. Vinod for shoveling his driveway every time it snows. Our grand prize winner was Claire Girvan who thanked the person who returned her dropped wallet, a true random act of kindness by an anonymous shopper! Claire won a car detailing package at Charstglen Toyota and our weekly winners won a \$20 gift certificate for Brooklyn Pizzeria & Taps or Royal Oak Tim Horton's coffee but they all won more than that. The one thing our winners all had in common is that they know the secret. The true prize is putting a smile on another person's face! With that in mind, we are certain the wave of kindness will continue across our community in the days and months to come.

A Soup-er Idea for a Deliberate Act of Community

By Jenelle Wohlberg, RRROCA Communications Director

Last month as we exercised our random act of kindness muscles, my sewing circle and I... yes you heard that correctly... practiced yet another deliberate act of community.

Let me explain. This fantastic group of women, all professional communicators, get together on a quasi-regular basis and focus on surprisingly domestic things. We fondly think of ourselves as a modern day sewing circle and we have done such things as making buns, pies, ice cream and perogies. We have learned how to make pasta from scratch and spin fibre. We have exchanged cookies and at this most recent get together we exchanged soup... a soup-er idea right? The reason I said "surprisingly" is because you might assume we are all quite domestic people. This couldn't be further from the truth. These are not things that come naturally to most of us. But all of us do see the importance of rediscovering and carrying on what might otherwise become lost art forms that used to be passed down through the generations but sadly no longer are in our disconnected fast paced world. For us the driving motivation is building community, intergenerational sharing and the opportunity to have a lot of fun. Did I mention our next get together is a 60s themed cocktail party? We believe this accomplishes all of our goals and yes there will be beehive hairdos, cocktail weenies and Jell-O molds.

Our soup exchange was a great success, and not a lot of work

for anyone. With five women participating, we each made a large batch of delicious, hearty soup and brought enough to share 4 cups with each other participant. Much to my husband's dismay, we didn't not serve soup at the exchange event. We did however, enjoy a fun cocktail, some tea and homemade cupcakes made by my 11 year old daughter. More importantly we all took time to disconnect from our hectic schedules to spend together and catch up with each other's lives, which we believe is really the point of a sewing circle.

My eight year old will often say, why do you call it a sewing circle when you never sew? This is what I tell her. Years ago women would get together and help each other with a big sewing project or maybe they would just get together and work on individual projects... I don't really know. But what I think I know is that women of all ages, sometimes with their youngsters in tow, would get together not just to sew but also stay connected and support each other. It was a deliberate act of community and that is exactly what we are doing and plan to continue doing for the foreseeable future

I don't share this out of some sense of vanity... as in, "look what we did... aren't we great." No. What we would love to do is create a movement of sewing circles... of people coming together in deliberate acts of community... to build and maintain connections in and across generations of women... and men too! No need to re-invent the wheel, just borrow our soup-er idea. Pick some friends, pick a day, make some soup, exchange, enjoy ... repeat.... Deliberately!



LOCAL

PHOTOGRAPHERS

See page 13 to find out how your pictures can be featured in the Mountain Views

BY MARK WOYNAROWICH

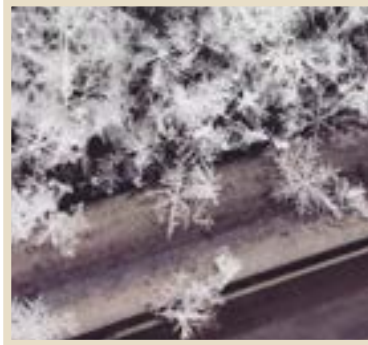


Windmill in winter 2014

BY VERONICA KASSAM Bears paw



BY MONET HUANG Snowflakes



BY ANDY DODSWORTH



Photo of a tree at Tuscany LRT Station



Rainbows looking east over the hill by Stoney Trail

BY DANIELLE ANDERSON

BY ARPITA MAZUMDAR Sunset



Northern Lights by Royal Oak school

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FRESH
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Good bread is one of life's simple pleasures. Making the perfect loaf, however, is rarely a simple task. Our Rustic Breads are baked fresh each morning with local to worldly ingredients. We offer custom slicing for each loaf, from very thin to extra thick, you choose the slice size you want. Try a fresh baked loaf today.





2015 TREE RESOURCE FAIR SERIES

The City of Calgary invites you to participate in our 2015 Tree Resource Fair series. These fairs are intended to educate citizens about how to care for their damaged trees, inspire Calgarians young and old to care about the urban forest and demonstrate the various ways citizens can access information about trees. We are asking you to be a part of this as each and every one of you has something to offer towards these goals.

Recovering from the 2014 September snow storm will require us as a city and a community to look after our trees. Preliminary estimates indicate the 50 per cent of the 500,000 public trees and 1.5 million private trees have been impacted. This means there are 3 times as many damaged trees on private property as there is on City land. We can't do it alone; together we can help educate citizens and restore Calgary's urban forest.

We have four planned events:

- **May 9, 2015 at Confederation Park**
- **May 17, 2015 at South Glenmore Park**
- **June 14, 2015 at Prairie Winds Park**
- **June 28, 2015 at Bowness Park**

Each event will include talks, demonstrations, exhibitor booths, guided walks, as well as a kid's area, entertainment, and food options. The City will be advertising these events through various media outlets and there is no cost for you to participate. Tents, tables and chairs will be provided, but any additional needs are the responsibility of the exhibitor. Microphones and speakers will be provided for scheduled talks. Traditional visual aids and displays are encouraged as electronic screen displays have limited effectiveness outdoors and power will be extremely limited. All exhibitors are strongly encouraged to have an interactive portion to their display that engages parks patrons through all learning styles. The Tree Resource Fairs are intended as learning opportunities, so sharing information will be the primary focus. This is also a great opportunity to profile your business/organization to the general public, therefore limited advertising and sales may be accommodated.

As an important industry partner, you are invited to join us by registering your availability, method of participation, and topic choice through our online survey. Please RSVP by completing the survey below.

Complete the survey and register now!

Once you have registered through our online survey, you will receive a confirmation letter and exhibitor handbook detailing the logistics of your attendance. If you have any questions, feel free to email us at RetreeYYC@calgary.ca.



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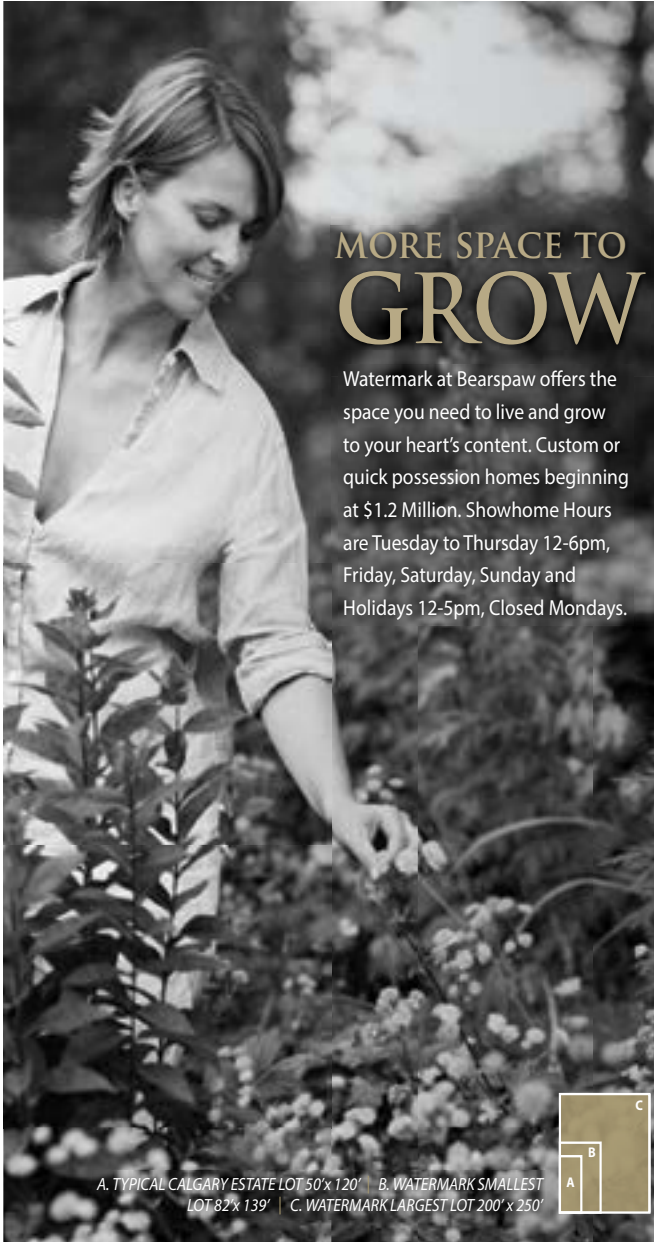
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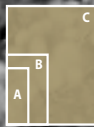
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Roll up your sleeves!

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Beakerhead will hit the streets of Calgary from September 16-20, 2015. Your community is warmly welcomed to get involved. Here are some ideas for building a buzz in your area! Did you know Beakerhead is a Calgary original?

Step one: Design a captivating catapult during a backyard barbecue

Step two: Spend time with neighbours this summer building it! The third annual Catharsis Catapult Competition is on Sunday, September 20, 2015. This wildly intense competition of mechanical muscle and brainpower also requires creativity. Costumes are encouraged! The call for entries will open in June at www.beakerhead.com.

Does someone you know have a sort of hands-on brilliance?

Beakerhead is on the hunt for clever inventions. Are you or your neighbour harbouring an unusual creation? Why keep it in your backyard, when you could contact claudia@beakerhead.org to share your contraption with thousands at Beakerhead?

Have an old golf cart that has seen better days?

Gather your tools, some friends and bring new life to old wheels. Turn that cart – or an old bike – into a submarine or a Futurama-worthy tricycle sensation. If your neighbourhood would like to organize a workshop, Beakerhead can supply the mentors!

Thank you for making Calgary so spectacular!

Beakerhead is now recruiting people of all ages and skill sets to help with the September event. Find out more at beakerhead.com/get-involved/volunteer

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Ward 1 Councillor Sutherland's Monthly Report

Spring Clean-up

From April 17-May 31, Calgarians can bring their yard waste to any City of Calgary landfill for composting, free of charge.

General Waste Clean-up Information:

- Loads should contain only yard waste like leaves, small branches and plants.
- Yard waste should be in paper yard waste bags or left loose.
- For faster service, visit the landfill on a weekday or before 9 a.m. on Saturday or Sunday, when wait times are shorter.
- Visit calgary.ca/waste for landfill locations and hours.

Tree Debris Clean-up Information (Depot drop-offs are not available for tree debris clean up):

- Tree debris will be picked up separately from residential garbage and recycling collection.
- Stack branches and tree debris neatly where you normally place your black cart for collection (if you have front street collection, place on the edge of your property without impeding roads, pathways or sidewalks).
- Maximum length for stacked tree branches is 4 feet.

Sign up for the Ward 1 Newsletter and get the most up-to-date information in your community. Email Christine Louie at ward01@calgary.ca

Ward 1 Office Directory

Executive Assistant, Marlene Deur.

Responsible for electronic scheduling, city administration coordination and customer relation. If you would like to invite Councillor Sutherland to an event, request a meeting, birthday or anniversary message, call Marlene at (403) 268-2430 or email EAWARD1@calgary.ca.

Communication and Research Analyst, Christine Louie.

Responsible for all channels of media, panel research, and positioning of papers. If there is an event or news you would like communicated on Councillor Sutherland's social media, website or newsletter, call Christine at (403) 268-2430 or email WARD01@calgary.ca.

Community Liaison, Ralph Smith.

Community and club engagement, resident resolution and development follow-up. If you are unsatisfied with the response provided to you by 311, our office would be happy to follow-up and investigate. Call Ralph with the 311 reference number at (403) 268-2430 or email CAWARD1@calgary.ca.

**“By plucking her petals, you do not
gather the beauty of the flower.”**

- Rabindranath Tagore

Ward 2 Councillor Magliocca's monthly report

With the warm weather finally here and the snow gone, I'm sure you have been noticing potholes in and around your neighborhood.

Potholes form when the snow melts into cracks in the asphalt and then freezes, expanding in the cracks. Meanwhile, the frost in the ground pushes up, weakening the asphalt.

We've had a lot of complaints this year and I'm doing my best to get them fixed as soon as possible.

Roads maintenance teams started in April and will be busy repairing throughout the summer months.

Keep in mind that they repair based on severity scale, so if a pot hole hasn't been repaired; rest assured that they will get to it.

You can also help out by reporting any potholes you see to 311.

Joe's Tip:

Our neighbourhoods are our first line of defense. Burglars don't like watchful neighbours, who are collectively interested in the security of their neighbourhood. So keep an eye out for each other, and remember to keep your windows and doors locked.

Calgary.ca/ward2

Don't Miss the CALGARY READS BOOK SALE!

The Calgary Reads book sale is one of Calgary's most anticipated and attended events!

More than 1,000,000 previously-loved books will be ready to be purchased and find new homes. This is a signature fundraising event for Calgary Reads.

Our 13th annual event! At: Calgary Curling Club, 720 3rd St. NW
Friday May 22: 9:00a.m – 9:00p.m.

Saturday May 23: 9:00a.m – 12:00a.m (Midnight Madness!)

- Family PJs and Hot Chocolate. Children, wear your PJs and join us for hot chocolate and enjoy fun guests 'read aloud'. 6:00 to 8:00p.m.
- Date Night Back by popular demand! Shop to the musical sounds of Midnight Blue with cash wine bar. 9:00 - 11:00 p.m.

Spread the Words Event (our sneak peek pre-sale for volunteers at the Calgary Curling Club too) Thursday May 21 – 5:00 to 8:00p.m.
For more info: booksale@calgaryreads.com.

Money raised at the book sale supports our programs and initiatives within schools and the community—and makes free resources available to parents and caregivers.

You can help by volunteering to help collect, sort or sell books. Or, you can donate books. For more information, please go to

<http://calgaryreads.com/cbccalgary-reads-big-book-sale/>



The Grade One students at Royal Oak School have been working since September on deepening their understanding of what it means to care. Their journey began with a simple question: What happens if we care? Discussions of issues affecting Calgary communities led students to three topic areas: environment, structures, and citizens. All first grade students experienced a weeklong field trip to the community of Connaught as part of Campus Calgary/Open Minds 2School program. This experience provided rich opportunities to explore many issues such as homelessness, public art, historical building preservation, and creating great public spaces. They continued developing their understandings when the students arrived back at school where they began to identify tensions inherent in city planning decisions. Who are the stakeholders and key decision makers? How do the teachers help our students find their voice in order to identify and defend their position on the issues?

Students worked as part of a Connaught or Royal Oak Community group and were given a vacant plot of land that was already slated for development. The Royal Oak group focused on the natural area development that is occurring at the Wetlands next to Royal Oak School. The first major task the students undertook was creating an architectural model of Royal Oak so they could visualize and conceptualize their community.

Royal Oak School's Grade One Students Show What Happens When They Care!

Upon completion of the large scale model, students generated ideas concerning structures, citizens or environment that would best benefit their community then created an individual building proposal. Some ideas the students imagined included a park, animal shelter, hotel, community garden and greenhouse. As the students' inquiry into their community started to take shape, they began to design and build 3-D models to supplement their proposals. Students collected recycled materials such as paper, cardboard and plastic to create their models. The Grade One students were also presented with the challenge of designing their own computer generated 3D image and had the opportunity to see their pieces come to life with the use of a 3-D printer. The students even worked with the music teacher to develop a song to teach others about citizens, structures and environment based on a song by Kid President. The idea of 'What Happens If We Care' became infused into all aspects of learning.

The final step for the students was to begin to persuade others as to why their idea was the best. Students partook in mock debates and also learned that any changes you make to a community affect citizens, structures and the environment.

Listed below are some other ideas that the students had for our community.

"I would build an animal shelter for Royal Oak because animals can be safe. "

"I would build a greenhouse for citizens and community garden for environment. They are places for the homeless and the animals to be safe. Outside has a fence around it so the wild animals don't come inside. "

"If I was hired [by the City of Calgary] I would build a park where animals can go if they where hurt. It would help my community by making a place where animals could get better. My Help and Rescue Park affects citizens by helping people by getting used to the animals."

"If I was hired I would build a Bird Sanctuary for hurt birds. It would help my

community because people can come and learn about birds and they can come and see the birds. My Bird Sanctuary affects structures because it takes up space where there could be other structures."

Other suggestions for Royal Oak land development put forward by the Royal Oak Grade One students:

- Park
- High School
- Wetlands
- Greenhouse
- Store
- Library
- House
- Gym

All of the students' hard work was showcased at a Celebration of Learning that was held at the school. At the celebration parents had the opportunity to view all of their child's hard work over the past 5 months. This included scanning their child's 3-D model with the smartphone Aurasma application, which triggered a video of the students defending their model and persuading their parents why it was best suited to Royal Oak.

Approximately 30 Grade one students built models that would benefit our community's environment, approximately 23 students built models to benefit our community's citizens, and roughly 25 students built models to benefit our community structures. These young children at Royal Oak School are well on their way to building a strong community!





GET OUT AND *Vote!*

By Dawn Stewart

This election, Elections Alberta is concerned about voter apathy.

So am I.

We are at a turning point here in Alberta. The latest Alberta budget proposed has

me feeling rather disconnected with what is happening in this province.

So... what do we do? We get out and vote. Vote based on the issues, research the candidates (ie what have they done for us if they're in power, what could they do if they get elected) and research the party platforms. Let's educate ourselves and make informed decisions about who we choose to lead our province this coming term.

I've created a Facebook forum called "Real Engagement for Calgary NW". The purpose is to have a conversation about the issues with the people who live in the riding. I've asked for candidates to join the forum and speak directly to the issues as well, and as of the time of writing this article, I can proudly say we have the Alberta Party and the Wildrose candidates actively participating on this forum.

Calgary NW could be a very interesting race!

In Calgary NW we have 4 candidates running. In Alphabetical order of the parties, here is the list:

Alberta Party: Christopher Blatch

NDP Party: Karen Mills

PC Party: Sandra Jansen

Wildrose Party: Jeff Callaway

In order to ensure there is no nefarious advertising or spam-type postings on the forum, it has been set up as a closed forum and anyone wishing to join needs to be approved by an admin (we have a couple on the site). If you'd like to join the group, please reach out via Facebook to me (Dawn Stewart) or Pam Nichol. This forum just isn't for Rocky Ridge and Royal Oak, it's for everyone that lives in the NW area of Calgary so please spread the word.

Healthy debate is encouraged and the admins will monitor the site to ensure the debate stays respectful. We understand the election is going to be rather heated - which is great - just we ask that there be no personal attacks (i.e. race, gender, etc.).

At the end of the day the main goal is for everyone here to find out what the candidates stand for and speak to them directly via a social media platform. So come and join the conversation!



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- Tuesday, May 12th, 2015 from 7pm - 9pm
- Located at: Edgemont Community Association
33 Edgeway Cir NW
- PRESENTED BY: Ruth Steele from the Crime Prevention Unit at the Calgary Police Service

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per extra line regardless if you are a member or not.

Do you have a birthday or anniversary to celebrate? Or
perhaps a wedding, new baby or engagement announcement? Is
someone in your family graduating from high school or university?

We want you to share these special milestones with your
community in our new Community Announcements section! You
can send us your good news announcements and we will publish
it in the newsletter free of charge. Feel free to send a picture
we can publish (although that is optional), and a short sentence
announcing the event. The creative team at our publisher Mind's
Design will do the rest! **For example:** Lordy Lordy look who's
40? Love your Husband. Happy 2nd birthday Josh, love your
family, Jamie's first goal! We are so proud!

Please send your announcements and photos to
newsletter@rrroca.org by the 8th of the month to be included in
the next month's newsletter.

YOUR COMMUNITY ANNOUNCEMENTS

**HAPPY 5TH
BIRTHDAY, EMILY!
WE ARE SO PROUD
OF YOU!**

Love, Mom, Dad and
Eamon



HAPPY FIRST BIRTHDAY MAXIMUS!!!

Love Mum, Dad and Arthur xxx



**HAPPY BIRTHDAY TO
PAM NICHOL! THANK YOU FOR
YOUR YEARS OF HARD WORK AND
ENERGY DEDICATED TO RRROCA!**
from the RRROCA Board

**CONGRATULATIONS TO THE WITTIGER'S
FOR THEIR NEW ADDITION TO THE FAMILY!**

from the Mo's

**HAPPY BIRTHDAY TO ROWAN
TROTIER!** From Daniella Mo

To place your announcement, email newsletter@rrroca.org



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THE CHANGING MARKET

The more you know about something, the less you fear it. Industry experts believe that the average house price across Canada will increase from \$407,500. To \$419,318 this year. A 2.9 per cent increase, and while not a large amount, it still

represents an increase. Experts also say that the oil slump will mean that interest rates wont rise as they were expected to. Again, this is good news for home buyers - the lower the interest rate, the loser their mortgage payment will be.

It is the perfect time to buy, but clients should not expect huge drops in home prices because the real estate industry historically lags behind oil prices by two years, and in two years who knows where the price of oil will be??

Although Calgary's housing

market has demonstrated buyer market conditions for the first quarter, the recent pullback in ew listings in March has helped ease the growth in inventory levels, resulting in better absorption rates.

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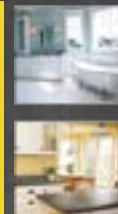
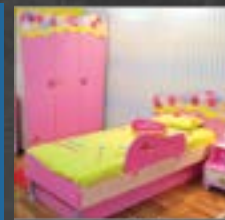


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