

PUBLISHED BY MIND'S DESIGN STUDIO SINCE 2015

CALL 403-203-9152 FOR ADVERTISING OPPORTUNITIES WWW.MINDSDESIGN.CA

# RRROCA



RRROCA  
ROCKY RIDGE ROYAL OAK  
COMMUNITY ASSOCIATION  
WWW.RRROCA.ORG

DECEMBER | 2016

# REPORTER

*Join Us!*

The official monthly newsletter of the Rocky Ridge & Royal Oak Community Association



*Happy  
Holidays!*

BOHEMIAN WAXWING

**BY CHAR KRAUSNICK**

CIRCULATION | 7600 HOMES AND BUSINESSES

Mind's Design  
**NEWSLETTER APP**  
Download from the app store or google play.

**HIGHLIGHT: Spring Sports Program PAGE 5**  
ROCKY RIDGE & ROYAL OAK COMMUNITY ASSOCIATION  
403.771.8979 • www.rrroca.org





403-262-7424

OasisSkinInstitute.ca

Dr. Michel R. Prévost MD  
Dr. Nanette Fouché MBChB, IAPAM

# Glowing Skin is always in



**BREATHE  
NEW LIFE  
INTO YOUR  
SKIN**

OxyGeneo™  
TECHNOLOGY

Beautiful Skin  
in just 10 Days




LUMECCA™  
by inmode



- BROWN SPOTS
- ROSACEA
- VASCULAR LESIONS
- SUN DAMAGE

**Save 10% off all chemical & silk peels,  
Oxygeneo Facials, IPL and Fractora Facial Rejuvenation!**



Revanesse

**DERMAL FILLERS**  
are the easiest way to  
natural lift, youthful  
rejuvenation and that  
perfect pout!

Which **1** are you?

Get Help for those stubborn lines between the brows



Find out if Botox Cosmetic is the One for your 1s!

**Receive \$75 off your Botox and filler combination treatment.**

ZO SKIN HEALTH

Alyria  
NEW OPTIMIZED SYSTEM

Latisse

Revanesse

Botox

hCG  
Weight  
Loss

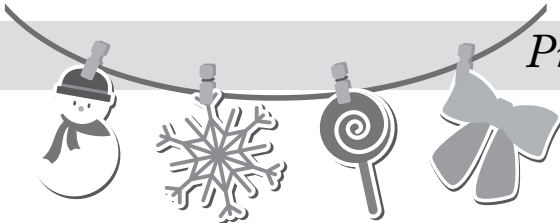
Gift Cards  
Available!



## President's Message



RRROCA  
ROCKY RIDGE ROYAL OAK  
COMMUNITY ASSOCIATION  
WWW.RRROCA.ORG



### Happy Holidays All!

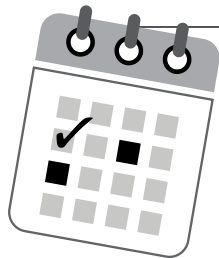
This holiday season, we are reaching out and helping our neighbours with an Adopt-A-Family program. We feel strongly about supporting the residents of Rocky Ridge and Royal Oak, and think that helping families through the holiday season could provide a hand up. Visit our website for more information!

On November 28, RRROCA held its AGM and elected a slate of new directors. Look for some new faces in our January newsletter.

Thank you to all our neighbours and residents for a making 2016 a wonderful year. We at RRROCA would like to wish you a wonderful holiday and a happy new year! We have some exciting new projects scheduled for 2017 and we can't wait to share them with you!

As always, I am happy to hear from you. Please email me at [president@rrroca.org](mailto:president@rrroca.org) anytime.

~ Tessa Sakamoto



### MARK YOUR CALENDARS

- December 21: December Solstice
- December 24: Christmas Eve
- December 25: Christmas Day
- December 26: Boxing Day
- December 31: New Year's Eve



### DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those for the Community Association or the publisher of this newsletter.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so. Thank you.



Royal Oak  
VICTORY CHURCH

Please join us Sundays at Royal Oak Victory Church  
450 Royal Oak Dr. NW  
9:00 am and 11:00 am service times

'Casual Dress - Relaxed Atmosphere - Relevant Style'  
Check out our website for more information, [www.rovc.ca](http://www.rovc.ca).

# MAD ROSE PUB

15 Royal Vista Place Northwest  
403-719-0770

### Daily Food & Drink Specials

#### Lunch Specials

- \$10 Two Topping Pizza
- \$10 Soup & Sandwich
- \$13 Steak Sandwich

### Family Friendly Weekend Brunch

Kids Welcome from 10am - 2pm  
Saturdays & Sundays Only

**COME CHECK OUT THE NEW KIDS MENU!**

## ExoSide Construction Inc.

Robert Fehr  
403.990.1346



"FINDING QUALITY SOLUTIONS TO ALL OF YOUR EXTERIOR HOUSING NEEDS"

**Our services include:** Our services include: Roofing, Aluminum Cladding, Soffit and Fascia, Exterior Painting, Vinyl, James Hardie and Aluminum Siding.

**NOW BOOKING FOR FALL! Senior's Discounts Avail.**

[exosideconstruction.com](http://exosideconstruction.com) **FREE ESTIMATES**

# YOUR CITY SECTION

facebook.com/thecityofcalgary  
 twitter.com/cityofcalgary calgarycitynews.com

## Check out these important updates from The City of Calgary

Be a Snow Angel. When you clear your walk - clear a neighbour's at the same time. It helps people get around and makes a community proud!	calgary.ca/snowangels
Help City crews keep our roads and sidewalks safe for everyone this winter.	calgary.ca/snow
Give the gift of family this holiday season. For only \$5, the Kids Stocking Stuffers are perfect for celebrating the holidays on a budget. Purchase at Calgary Recreation facilities or online.	calgary.ca/recreation

Get Moving YYC! Calgary's affordable and fun Winter Programs are now open for registration, with options for every member of your family. Register today and stay warm this winter!	calgary.ca/recreation
Celebrate New Year's Eve – Ring in 2017 with a free, family-friendly NYE party! Don't forget your dancing shoes!	calgary.ca/recreation
The City of Calgary has launched an online application that will allow citizens to easily report street light outages in their community.	calgary.ca/streetlights
Learn about The City's accessible programs including accessible transportation, accessible recreation facilities and classes, assisted listening devices and much more.	calgary.ca/accessibility
We want to hear from you! The City is looking for more Calgarians to join citizensview.ca, Calgary's online panel.	citizensview.ca

*“Look, Daddy. Teacher says, every time a bell rings an angel gets his wings.” - Zuzu Bailey*

**Each Sunday @ 10:30am**

# THE GIFTS OF Christmas

<b>November 27</b> <i>The Gift of Hope</i>		<b>December 11</b> <i>The Gift of Joy</i>
<b>December 4</b> <i>The Gift of Love</i>		<b>December 18</b> <i>The Gift of Peace</i>
<b>December 24 at 6pm: <i>The Gift of Jesus</i></b>		

**North West Family Church & Harvest Christian Fellowship Church & Church Of The Rock**  
 invite you to join them for a **Christmas Eve Candlelight Service at 6 PM.**

**LOCATION:** North West Family Church - 10307 Eamon Road NW  
 (next to the Tuscany LRT Station) **403-241-8822 for info.** [www.nwfchurch.com](http://www.nwfchurch.com)



# 2017 Spring Sports Program

By Ted Linklater, RRROCA Director of Programs



## REGISTRATION

Registration for the 2017 Spring Sports Program starts on February 1, 2017 and closes on March 12, 2017. Registration is available online only and a link can be found on the Rocky Ridge Royal Oak Community Association website (RRROCA.org), under Sports.

Register early to avoid disappointment. If you have not registered for any programs with RRROCA in 2015 and/or 2016, you will need to set up a new account.

RRROCA Programs are available for registration to those who have a RRROCA membership. If you do not have a RRROCA membership, the membership fee will be automatically applied during the registration process. Memberships are \$30 annually per household. Registration is open to non-residents as well, if a RRROCA membership is purchased.

## SCHEDULE

2017 programs run for eight weeks, beginning on Saturday, April 22 and end on Monday, June 19. Only players born before March 31, 2014 are eligible to register.

Program	Birth Year	Day	Time	Cost	Volunteer Refund
TBall	2011/2012	Wednesday	6:30-7:30 pm	\$115	\$50
Coach Pitch	2009/2010	Tuesday	6:30-7:30 pm	\$115	\$50
U04 Soccer	2013	Saturday	9:15 - 10 am	\$100	\$50
U05 Soccer	2012	Saturday	10:15-11:15 pm	\$115	\$50
U06 Soccer	2011	Thursday	6:30-7:30 pm	\$115	\$50
U08 Soccer	2009/2010	Wednesday	6:30-7:30 pm	\$115	\$50
U10 Soccer	2007/2008	Tuesday	6:30-7:30 pm	\$115	\$50

## VOLUNTEER

Our program would not be able to run without volunteers. Parents who volunteer within our Spring Sports Program will receive a registration fee refund of \$50 for each volunteer commitment fulfilled. Please note that this comes to a maximum of \$50 per volunteer commitment, per registration, per child.

There are a few key volunteer positions that we would like to have in place before registration begins. By contacting us now to volunteer, you can guarantee your child's spot in the program, and ensure that you get the volunteer position of your choice! We are currently recruiting for the following positions: Age Group Coordinators, Coach Coordinator, Equipment Manager, and Volunteer Coordinator. If you are interested in any of these key positions or would like more information, please email programs@rrroca.org. All other volunteer positions are filled during registration.



## REPORTER - EDITORIAL POLICY

The official newsletter of the Rocky Ridge Royal Oak Community Association

All content appears at the discretion of the Board as well as Mind's Design Publishing. All copy may be edited due to space as well as grammar and usage.

We welcome all community content including Community Event listings, area schools updates, good news stories, Senior and Youth content and Letters to the Editor. The editor welcomes and encourages writers from our community to write for this newsletter; either one-time articles or ongoing columns.

Political representation is accepted but limited to elected representatives of this community (ie: if their name appeared on a

ballot and they were elected).

**Submission Deadlines:** community content is due on the 8th of the month for the following month's issue. Articles should be no more than 500 words in length.

Photographs are welcomed from both local professional and amateur photographers for inclusion on the cover or inside the issue. Please email high quality JPEGs to the Editor (email attachments are acceptable). We cannot pay for photos but will give credit as the photographer's personal name.

All advertising enquires should be directed to newslettersales@mindsdesign.ca. Advertising is due on the 15th of the month for the following month's issue.

# VOLUNTEER CORNER



**By Joanna Tija RRROCA**  
**Director of Volunteers**

Thank you to everyone who contributed to the success of our past events! You have helped make our community amazing. To support the community association and continue to roll out the events that

we have planned, we require volunteers for the following positions (below). Please email me at [volunteer@rrroca.org](mailto:volunteer@rrroca.org) if you are interested.

### Skating Rink Volunteers

Are you interested in helping with our community ice rink? No experience required, just a keen will to keep the ice in great condition for skating.

### Casino Fundraiser Volunteers

About 40 volunteers are needed to successfully run our Casino Fundraiser for Wednesday May 31, 2017, and Thursday June 1, 2017 at Cowboys Casino (421 12 Ave SE, Calgary). There are various positions, none of which are too physically intensive - banker, cashier, chip

runner, etc. Aside from having fun, you will be helping the association raise funds needed for community capital projects.

**Time commitment:** 8 hours per volunteer

### Casino Fundraiser Coordinator

Responsible for slotting people into shifts and positions, as well as sending out reminders to make sure everyone shows up before the Casino Fundraiser, etc.

### BOARD

#### Director of Sponsorship

Responsible for engaging with new sponsors and maintaining relations with existing sponsors for RRROCA.

**Time commitment:** 5 hours/month

### COMMITTEE

#### Assistant Secretary

Responsible for assisting the Secretary in carrying out clerical duties for RRROCA and standing in when the secretary is away.

**Time commitment:** 2 hours/month

#### Event Leads

We are building a team to plan events for 2017. Event Leads will assist the planning and execution of community events, including idea generation, vendor booking, event promotion, on-site event direction, etc.

**Time commitment:** 2-5 hours/month

## DID YOU KNOW?

Volunteering with RRROCA as a board member or a committee member will allow you to:

1. gain valuable volunteering experience and essential work skills;
2. stay up to date on community news as it arises;
3. get a RRROCA membership (\$30) or one sport registration (about \$65) for free every year; and
4. most importantly: help us build a stronger community!



**BACKBEAT MUSIC GROUP**

Music Lessons • Music Theory • Music Therapy  
Recording Studio • Artist Development

**Phone: 403.973.7336 or 403.923.1358**  
[info@backbeatmusicgroup.ca](mailto:info@backbeatmusicgroup.ca)

[WWW.BACKBEATMUSICGROUP.CA](http://WWW.BACKBEATMUSICGROUP.CA)

We believe in the joy,  
passion and healing that  
comes from music.

**ALSO AVAILABLE: SKYPE LESSONS • MOBILE LESSONS**

**25% OFF ALL SERVICES**  
\*When you book in the month of December 2016.

**120 Silver Brook Drive NW Calgary, AB T3B 3H5**

## LOCAL

# PHOTOGRAPHERS

See below to find out how your pictures can be featured in the RRROCA Reporter

**The REPORTER** wants to showcase the talents of our local photographers throughout the year, both as our monthly cover feature as well as in the newsletter. **Think seasonal:** send us your Stampedede photos for July, or your street decked out for December for example. **Think local:** capture our community in a great light, our natural environment or just something unique that you've seen when you're out and about. Amateur and professional photographers of all ages are welcome to submit. We cannot provide monetary payment but we will give you a photo credit using your personal name (not your business name, if you have one). Please send your photos as high quality JPEGs to [newsletter@rrroca.org](mailto:newsletter@rrroca.org) and who knows, you just might see your photo(s) in print!



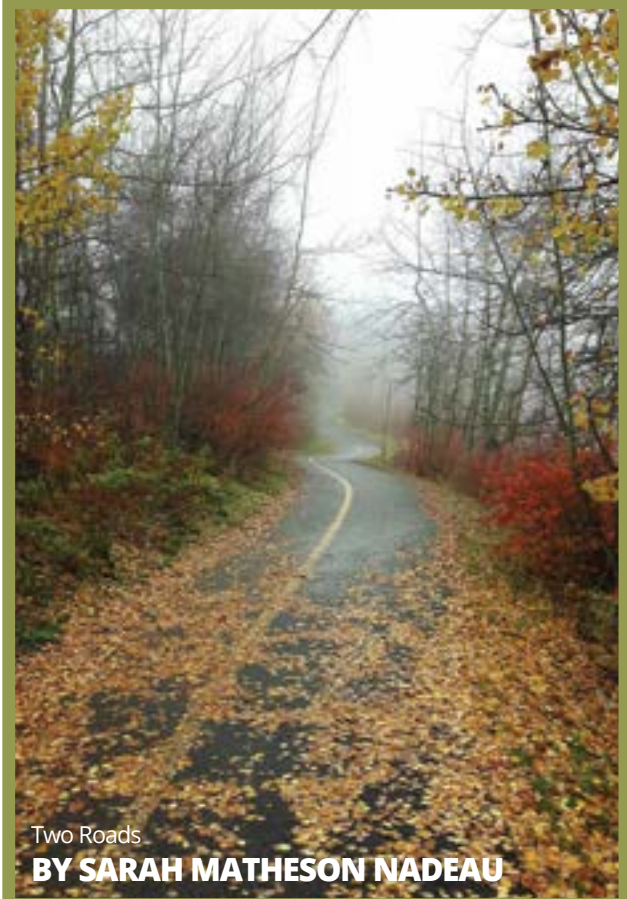
NORTHERN FLICKER  
**BY BRIAN RUSHFELDT**

Puppy Cloud

**BY ARUNA VORDHI**



Colourful Leaves  
**BY DAYNA BAERG**



Two Roads  
**BY SARAH MATHESON NADEAU**

# Contact Information



## Rocky Ridge Royal Oak Community Association

Phone: 403.879.2820 E-mail: [communications@rrroca.org](mailto:communications@rrroca.org)  
Address: PO Box 91009, RPO Royal Oak Calgary, Alberta, T3G 5W6  
Website: [www.rrroca.org](http://www.rrroca.org)

The REPORTER, the official newsletter for both Rocky Ridge and Royal Oak, is published 11 times a year by Mind's Design Studio and is delivered to the all residents and local businesses by



### RRROCA Board of Directors

President	Tessa Sakamoto	.....	<a href="mailto:president@rrroca.org">president@rrroca.org</a>
Vice President	Ali Oonwala	.....	<a href="mailto:vp@rrroca.org">vp@rrroca.org</a>
Treasurer	Paul Watson	.....	<a href="mailto:treasurer@rrroca.org">treasurer@rrroca.org</a>
Secretary	Patience Fagbenro	.....	<a href="mailto:secretary@rrroca.org">secretary@rrroca.org</a>

### Directors

Director of Communications	Jenna Mortis	.....	<a href="mailto:communications@rrroca.org">communications@rrroca.org</a>
Director of Membership	Muoi Leong	.....	<a href="mailto:membership@rrroca.org">membership@rrroca.org</a>
Director of Planning/Development	Dave Spencer	.....	<a href="mailto:planning@rrroca.org">planning@rrroca.org</a>
Director of Safety	Jessica Asuquo	.....	<a href="mailto:safety@rrroca.org">safety@rrroca.org</a>
Director of Parks	David Houston	.....	<a href="mailto:parks@rrroca.org">parks@rrroca.org</a>
Director of Programs	Ted Linklater	.....	<a href="mailto:programs@rrroca.org">programs@rrroca.org</a>
Director of Sponsorship	VACANT	.....	<a href="mailto:sponsorship@rrroca.org">sponsorship@rrroca.org</a>
Director of Volunteers	Joanna Tija	.....	<a href="mailto:volunteer@rrroca.org">volunteer@rrroca.org</a>
Director of Schools	Ambreen Sulman	.....	<a href="mailto:schools@rrroca.org">schools@rrroca.org</a>
Director of Transportation	Durotolu Aro	.....	<a href="mailto:transportation@rrroca.org">transportation@rrroca.org</a>
Director of Events	Michelle Drysdale	.....	<a href="mailto:events@rrroca.org">events@rrroca.org</a>

### Committee Leads

Newsletter Editor	Mary Fleet	.....	<a href="mailto:newsletter@rrroca.org">newsletter@rrroca.org</a>
Communications Lead	Immanuel Nwachukwu	.....	<a href="mailto:info@rrroca.org">info@rrroca.org</a>
Social Media	Fatima Khawaja	.....	<a href="mailto:socialmedia@rrroca.org">socialmedia@rrroca.org</a>
Events	Joy Peacock	.....	<a href="mailto:events@rrroca.org">events@rrroca.org</a>
Website	Wendy Alessi	.....	<a href="mailto:info@figtreedesignstudio.com">info@figtreedesignstudio.com</a>
Fitness Classes	Leah Melnyk	.....	<a href="mailto:fitnessclasses@rrroca.org">fitnessclasses@rrroca.org</a>
Babysitter's Registry	Hong Zhu	.....	<a href="mailto:babysitting@rrroca.org">babysitting@rrroca.org</a>

### Community Contacts

MP, Calgary Rocky Ridge	Pat Kelly	.....	<a href="mailto:Pat.Kelly@parl.gc.ca">Pat.Kelly@parl.gc.ca</a>
MLA, Calgary Northwest	Sandra Jansen	.....	<a href="mailto:Calgary.northwest@assembly.ab.ca">Calgary.northwest@assembly.ab.ca</a>
Councillor, Ward 1 (Rocky Ridge)	Ward Sutherland	.....	<a href="mailto:ward.sutherland@calgary.ca">ward.sutherland@calgary.ca</a>
Councillor, Ward 2 (Royal Oak)	Joe Magliocca	.....	<a href="mailto:joe.magliocca@calgary.ca">joe.magliocca@calgary.ca</a>

**NEWSLETTER AD SALES: 403.203.9152 NEWSLETTERSALES@MINDSDESIGN.CA**

## NEW IN THE NEIGHBOURHOOD?

Did you just move to the neighbourhood? Are you looking for information on Rocky Ridge and Royal Oak? Do you want to try some fabulous local businesses at a discounted rate? Contact Welcome Wagon to take advantage of all of this for FREE! My name is Erica and I am your local Welcome Wagon representative. I would be happy to provide you with some information on Rocky Ridge and Royal Oak and answer any questions you have about the neighbourhood.

Give me a call at 403.272.4029 or send me an e-mail at [easeen@shaw.ca](mailto:easeen@shaw.ca).



**Welcome Wagon... a Canadian tradition since 1930.**



**FREE  
EVENTS**

# Rocky Ridge

Lifelong Learning Community

Celebrate the Christmas Season at Calgary's most vibrant Retirement Community



**RSVP for our Free December events today!**

**Shortbread & Sherry**  
Wednesday, December 7th at 2:00 p.m.


Come join us for a festive afternoon!



**Deck the Halls with Christmas Music** 

Friday, December 9th at 2:00 p.m.  
Join us for some great Instrumental Music by *Moments Notice.*

**Hark the Herald this Friday**  
Friday, December 16th at 2:00 p.m.

Ring in the Christmas Season with the talented musicians of *Aven Grace.* 

**Salvation Army Annual Charity Toy Drive** 

**Now until December 18th**  
Show your community spirit and help brighten the holidays for less fortunate children this season. Drop off a new, unwrapped toy for our Salvation Army Toy Drive.

## Rocky Ridge Retirement Community

For a complimentary tour or to RSVP for an event, please call 403.930.4848 or [Info@RockyRidgeRetirement.com](mailto:Info@RockyRidgeRetirement.com)

[www.RockyRidgeRetirement.com](http://www.RockyRidgeRetirement.com)  
10715 Rocky Ridge Blvd N.W., Calgary, AB T3G 4G1  
Experience Vibrant Seniors Living



# Community Park Construction

By Dave Spencer, RRROCA Director of Planning/Development



**Y**ou may have noticed that construction of our Community Park is now in progress. We are very excited about the progress that

has been made so far. At time of writing this article, the rink surface is complete, basketball backstops have been installed, the base for the shed has been poured, and the parking lot base is underway. We anticipate completion of the park in early 2017, but this deadline is weather dependent. Underground utilities are nearing completion. We are pushing for ENMAX to complete the electrical service; this is required to operate the rink watering and lighting.

The plan for the community park includes year-round family use and multi-generational facilities. Phase I of the project includes servicing, the hockey rink,



and the storage shed. Phase 2 upgrades will be scheduled for completion through 2017/2018, depending on grant funding applications.

For more information about the Community Park Project and progress on the community rink, visit [www.rrroca.org](http://www.rrroca.org).

**“GIFTS OF TIME AND LOVE ARE SURELY THE BASIC INGREDIENTS OF A TRULY MERRY CHRISTMAS.” ~ PEG BRACKEN**

**CLASSIFIED ADS!** To place your classified ad, contact sales at 403.203.9152 or email: [newslettersales@mindsdesign.ca](mailto:newslettersales@mindsdesign.ca) today!

## **CONCRETE CUTTING FOR BASEMENT**

**WINDOWS AND DOORWAYS** Cut, Supplied & Installed. Doorway Cutting - Concrete Wall Cutting - Concrete Floor Cutting - Core Drilling - Any Size. Excavation/Window Well Supplied & Installed - Weeping Tile Installation. Phone 403.570.0555 [info@asapconcretecutting.com](mailto:info@asapconcretecutting.com).

**NEPTUNE PLUMBING & HEATING LTD.** Residential and commercial service. Renovations, gas fitting, duct cleaning, and backflow testing. Fully licensed and insured with competitive rates. Customer satisfaction assured. CALL 403.255.7938. 24 HOURS EMERGENCY SERVICE!

**SNOW REMOVAL SERVICES** Receive a FREE estimate for this winter's season. Other services: Lawn Cut & Trim, Spring/Fall Clean up, Weed Control. Call Braeden at Top Turf today! 587.438.0036.

**EXOSIDE CONSTRUCTION INC.:** Finding quality solutions to all of your exterior housing needs. Our services include: Roofing, Aluminum Cladding, Soffit and Fascia, Exterior Painting, Vinyl, James Hardie and Aluminum Siding. NOW BOOKING FOR FALL! Senior's Discounts Available! Call Robert today at 403.990.1346 [www.exosideconstruction.com](http://www.exosideconstruction.com) (with the BBB) (Please see our display ad on page 3)

## Why get a RRROCA Membership?

By Muoi Leong, Director of Membership



The Rocky Ridge Royal Oak Community Association (RRROCA) is 100% run by volunteers and provides several benefits:

- Hosts many community events, such as the Stampede Breakfast, Neighbour Day, Community Clean-Up and Community Garage Sales.
- Organizes the Spring Sports programs (soccer, slo-pitch, T-ball) for our

children.

- Coordinates the Babysitting Registry.
- Works as a conduit between our city and provincial government, acting as a voice for our community for various issues.
- Has organized and partially funded the development of an outdoor ice rink, and will organize the maintenance and upkeep of the ice rink once it is complete.
- Continuously works to promote community safety – such as implementing the PACE Car Program, making crosswalks more visible, and working with the area constable to reduce the community crime rate.
- Communicates area and city issues to residents.
- Communicates with the Ward 1 and 2 Councillors, the Member of Legislature of Alberta, and the Members of Parliament.

I encourage you to visit our website for information on upcoming events and RRROCA-funded initiatives at <http://rrroca.org>.

**Our success depends on your membership.**

**Thank you for supporting the Rocky Ridge Royal Oak Community Association!**

## It's Time to Register/Renew Your RRROCA Membership

### **DRAW PRIZES!**

For each month from November 2016 to February 2017, all new and renewed memberships for 2017 will be put into a monthly draw with winners having their membership fee refunded or winning prizes donated by local businesses.

The earlier you sign up or renew, the more chances you will have to win!

Your support of the community association is critical for the maintenance of programs that the Rocky Ridge and Royal Oak communities enjoy. Membership registration can be done online at [www.rrroca.org](http://www.rrroca.org) or by filling out the form below.

**New membership**  **Membership renewal**

Memberships are annual and are valid January 1 to December 31

Your personal information will be used for Association purposes only and will never be given to third parties

Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_ Phone \_\_\_\_\_

E-mail\* \_\_\_\_\_

\* Please note e-mail is used to communicate your membership number, if you choose "No" for updates the e-mail will be on file but not used for Association news

Would you like Association news and updates by e-mail  Yes  No

RRROCA MEMBERSHIP: PO BOX 91009, RPO Royal Oak, Calgary AB T3G 5W6





## Butter Tarts By Terri Gilson, Rocky Ridge Resident and Volunteer Contributor



Just in time for holiday baking! Butter tarts are quintessentially Canadian and the perfect addition to your Christmas baking tray. This recipe is my family's favourite and receives rave reviews every time I serve it. You can substitute pecans for the raisins, if desired. Enjoy!

### Ingredients:

- 2 Tbsps. butter, melted
- 1 cup brown sugar
- 2 eggs, slightly beaten
- ¼ cup cream
- 1 tsp vinegar
- About ½ cup raisins (or substitute finely chopped pecans)
- 18 tart shells



### Directions:

1. Preheat oven to 400°F.
2. Mix ingredients in large bowl, in order given (butter, brown sugar, eggs, cream) then add vinegar last.
3. Place a few raisins or chopped pecans in unbaked tarts shells
4. Pour filling in to ¾ full.
5. Bake for 12-14 minutes.
6. Cool until set.

**Yield: 18**

**See more of Terri's recipes at [www.foodmeanderings.com](http://www.foodmeanderings.com)**

## Membership News By Muoi Leong, Director of Membership

### › MEMBERSHIP LEAD

I would like to thank Brittany Koenig for taking the role of Membership Lead, which she started in May 2016. Brittany and her family live in the Royal Oak community. She is passionate about supporting her local community and neighbors, and believes that our communities provide the foundation for the city at large. Brittany has been a tremendous help to me and to RRROCA. She helped at the Membership table at the Stampede Breakfast, and answered numerous emails from members and non-members. She has come up with many great ideas to keep members engaged.

**THANK YOU, BRITTANY!**

### › BABYSITTING COORDINATOR

Everyone on the RRROCA board would like to take this opportunity to thank Angela Carter for her hard work during the past few years. We are sad that Angela is leaving. Angela has done the babysitting coordinating work so well that we initially felt lost when she announced that she would no longer be able to continue with the role. From everyone at RRROCA and all the Rocky Ridge and Royal Oak residents who have benefited from Angela's dedication to the babysitting service,

**THANK YOU, ANGELA CARTER!**

All the best to you and your family in your future endeavours.

### Please help me welcome Hong Zhu, who has taken over the Babysitting Coordinator role from Angela!



My name is Hong Zhu. I immigrated to Canada from China 10 years ago with my husband and our eldest son. I was a high school physics teacher in China and taught for over 15 years. Moving to Canada has been a huge change for me. After arriving in Canada, I started a career in accounting. After taking some courses I received my

Accounting diploma, and worked for a non-profit organization in Bonnyville, Alberta. I am now a stay-at-home mom, taking care of my little son.

I have lived in quite a few places in Alberta and BC in the last 10 years, most of which are small towns. In 2013, my family and I moved to the Royal Oak community. The RRROCA Reporter drew my attention and I became interested in volunteering. Ms. Joanna Tjia (Director of Volunteers at RRROCA) introduced me to this team. I feel like this is the right time for me to get involved in our beautiful community. As the Babysitting Coordinator, I hope to help kids and families in our community meet their childcare requirements. This is also something that I think I will very much enjoy.



**WARD 1 COUNCILLOR**  
Ward Sutherland

Phone: 403.268.2430  
Email: ward01@calgary.ca  
Web Site: www.Calgary.ca/ward1



**WARD 2 COUNCILLOR**  
Joe Magliocca

Phone: 403.268.3280  
Email: ward02@calgary.ca  
Facebook: www.facebook.com/joe.

*Happy Holidays*

Christmas holds a special place in my heart. I cherish the time I get to spend with my family, friends and the community residents in Ward 1. I look forward to my family's annual tradition of the first ice-skate at Bowness Park. This year, we look forward to ending our skate with a visit to the new restaurant on site, Seasons of the Park. If you get the chance, have a bite to eat at the restaurant and take in the amazing view of the frozen lagoon.

I hope to see you at one of the many holiday events in Ward 1. You'll find me at the Silver Springs Christmas Market, Bowness Seniors Centre's Christmas Tea and Bazaar, Tuscany Craft and Bake Sale, Scenic Acres Community Association Craft Sale, Silver Springs Breakfast with Santa, Bowness Lions Annual Craft Sale, and Crestmont's Christmas Market. If you see me, come over and say hi - I'd love to hear what's on your mind.

I know this holiday will be a tough one for many families. With Calgary's current economic situation and high unemployment rates, many people are finding themselves in dire circumstances. There are many wonderful charities working hard to alleviate the stress for Calgarians, but The City of Calgary also needs your help.

If you can spare a morning or afternoon, consider volunteering at the Salvation Army Christmas Program, sorting and tagging toys. For more information, email Lisa at: ChristmasToys@SalvationArmyCalgary.org. If you want to volunteer or donate to the Calgary Food Bank, call 403-253-2059. Most major grocery stores in Calgary have donation bins, so you can donate while you shop. To see a list of the most needed non-perishable items, visit [www.CalgaryFoodBank.com](http://www.CalgaryFoodBank.com)

Thank you for all your support. Together, we will get through these difficult times and be stronger for it. Merry Christmas, have a safe holiday and a Happy New Year!

Never miss another municipal or community update. Sign up to receive the Ward 1 e-newsletter at [www.WardSutherland.com](http://www.WardSutherland.com).

*Season's Greetings!*

This holiday season, let's take time out of our busy schedule to assist those of us who are less fortunate in our community. Many of our city food banks and charities have seen demand for their services increase dramatically over the last year. Let's ensure Calgary remains Canada's most generous city by supporting the many important charitable organizations in our city.

Another way to support our neighbours is to become a snow angel. Keeping sidewalks free of ice and snow can be very challenging for older adults and people with limited mobility. Through Snow Angels, you are encouraged to be good neighbours by clearing snow for those who need assistance. For more information, or to recognize your Snow Angel, please contact 311 or visit [calgary.ca/SnowAngels](http://calgary.ca/SnowAngels). You and the Snow Angel you choose to recognize will each be entered into a draw for a pair of tickets to a Calgary Flames game on February 9, 2017. The draw will take place January 29, 2017 at noon. I would like to wish Ward 2 and all Calgarians a Merry Christmas, Happy Hanukkah and all the best in the New Year.

**JOE'S HOLIDAY EGGNOG**

Ingredients:

- 4 eggs
- 120 ml sugar
- 500 ml of milk
- ½ tsp of vanilla
- 1 tsp. rum flavouring
- May add optional pinch of nutmeg and cinnamon

Directions:

1. Put the milk, vanilla, and optional cinnamon and nutmeg in a saucepan, and heat on low setting until mixture is brought to a boil.
2. Combine egg yolks and sugar and thoroughly blend together.
3. Pour the ingredients from Step 2 into the saucepan with the mixture from Step 1. Cook over medium heat, stir in rum flavouring and stir mixture until it reaches desired thickness (3-5 minutes).
4. Refrigerate until cool.



# Winter, All-Weather, or All-Season Tires

By Durotolu Aro, RRROCA Director of Transportation



## What makes them different?

**1. Material:** Tires are made of natural and synthetic rubber, silica, metal and a host of other materials. Winter tires contain a higher percentage of natural rubber and silica which help keep the tires soft in freezing temperatures.

Think of a gecko's soft feet gripping on to smooth glass. All-season tires

(sometimes called summer tires) contain a higher percentage of synthetic rubber, so they tend to harden in freezing temperature resulting in reduced breaking power and steering control. Temperature, not snow, is the limiting factor when it comes to material.

**2. Thread Profile:** Winter tires have more complex, aggressive thread patterns which help grip on to roads in the winter, and prevent snow build up on the tire. Snow or ice is compressed as a tire moves over it, causing it to melt slightly (like when skating). The grooves help channel out the water from under the tire, thus preventing hydroplaning and improving grip. If the water is not channeled out by the grooves the tire will slide over ice, much like an ice skate.

Below 7°C, winter tires outperform all season tires, even when there is no snow on the road. In summer all-season tires outperform winter tires and do not wear as quickly. All-weather tires can be thought of as a hybrid between the two.



Winter Tire



All Weather Tire



All Season Tire



"Normal" Tire



## Tire Markings:

**M+S:** (Mud & Snow) compared to a "normal" tires, these tires provide improved driving in snow

and ice. Winter, all weather and all season (summer) tires carry this marking.

**The 3 peaked mountain:** The snow/freezing weather performance of the tire have been validated by standardized lab test. Winter and all weather tires carry this marking. There are no markings that differentiate between winter and all weather tires; you just have to rely on the sales person.

## Note:

- Different tire types have different breaking and steering control capacities; for this reason, mixing tire types is a bad idea.
- In Quebec, winter tires are mandatory on all vehicles between December 15 and March 15. After the implementation of this law, there was a 17% drop in winter collisions, and a 36% drop in related serious injuries or deaths.
- With dozens of models with overlapping characteristics, and varying driving conditions (plowed, unplowed, high gradient, city or back country roads), you need a personalized solution. Two common choices are: install all-weather tires year-round, or install winter tires in winter, and all-season tires during the rest of the year.



## Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW Calgary, AB T3G 4G1

Registration ongoing for Rocky Ridge Ranch 2016 Programs.

Punch passes available. Contact the office or visit

[www.rrrha.ca](http://www.rrrha.ca) for details.

403.547.6633 • [www.rrrha.ca](http://www.rrrha.ca) • [officeadmin@rrrha.ca](mailto:officeadmin@rrrha.ca)



Program guide available at [www.rrrha.ca](http://www.rrrha.ca) and Facebook

**HOURS:** Mon/Wed/Fri 8am-4pm, Tue/Thu 8am-8pm  
Sat/Sun 8am-12pm



NOW OPEN IN ROYAL OAK SQUARE!

# Royal Oak Family Dentistry

"Our dentists practice all aspects of family dentistry and treat patients of all ages."

**NOW ACCEPTING NEW PATIENTS!**

**Dr. Jasbir Mundi | Dr. Rashmi Bajaj**

- Emergency Dental Care
- Children Dentistry
- Cosmetic Dentistry
- Root Canal Therapy
- Preventive Therapy
- Teeth Whitening
- Wisdom Tooth Extractions
- Mouth Guards/Sports Guards
- Dental Crown and Bridges
- Laser Dentistry
- Orthodontics
- Dental Hygiene



 **403.374.6161**

**#112, 500 Royal Oak Drive, NW**

**North-East Corner of Royal Oak Drive and Rocky Ridge Road, next to Royal Oak Victory Church and Church of Jesus Christ of Latter-day Saints.**



Bring a new haircut home for the holidays.



OnlineCheck-In  
Download our free app or visit greatclips.com.

Any Haircut

\$5 OFF

Not valid with any other offers.  
Limit one coupon per customer.  
Valid at participating area salons.

**Offer Expires:**  
January 08, 2017

Great Clips®  
IT'S GONNA BE GREAT®

greatclips.com | greatclipscareers.com | greatclipsfranchise.com

Find us at   

Great Clips®  
IT'S GONNA BE GREAT®

CROWFOOT CROSSING  
814 Crowfoot Cres. NW  
403-208-3444



*Happy Holidays!*



*Happy Holidays to you and yours &  
all the best for the New Year!*

*Louella Cohen  
Century 21 Bamber Realty*

