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RRROCA



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ROCKY RIDGE ROYAL OAK
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SEPTEMBER | 2015

REPORTER

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SEE A LIST OF EXCITING & INVITING EVENTS ON PAGE 3!
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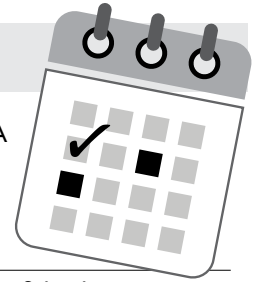


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President's Message



TAKE TIME IN SEPTEMBER

Summer is coming to a close. Late summer brings us back to the hustle and bustle of school, activities and new routines. I find that in our family, we tend to get lost in the "busy". I find myself always looking forward - What is next on the calendar? Where do I have to drive now? What am I going to make for dinner? And while all of these details need to be sorted, my goal is to slow down, take time and be present. That is my wish for our communities of Rocky Ridge and Royal Oak. Take time to go for a walk. Be present and say hello to a neighbour. Slow down and give yourself a few extra minutes for the drive to work or school drop off.

While we are all probably feeling the "busy" of September, we need to be especially mindful of safety and traffic concerns, particularly in our communities. When dropping children at bus stops or school, we need to think of others! Walk instead of drive, park back from stop signs and crosswalks, be considerate of homes in the area (their driveways are not turn around points or parking spots), and most importantly – be aware. Traffic safety in our communities is completely up to us . . . drivers and pedestrians.

The RRROCA board is excited to get back at it. We are gearing up for some great fall events (flip through the RRROCA Reporter for more details) including our AGM (date to be announced in the next newsletter). Our monthly meetings are open to the public and you are welcome to join us - they are held on the last Monday of the month at 7 pm.

If you have any questions or comments, I can always be reached at president@rrroca.org.

~ Tessa Sakamoto

MARK YOUR CALENDARS

- August 31 RRROCA Board of Directors Meeting from 7 pm to 9 pm at Charlesglen Toyota
- September 1 Back to School
- September 7 Labour Day
- September 13 Three-on-Three Adult Hockey Tournament from 10 am to 2 pm at Brooklyn Pizza and London Drugs parking lot, with after party from 2 pm to 4 pm at Brooklyn Pizza
- September 13 RRROCA Volunteer Appreciation Lunch from 2 pm to 4 pm at Brooklyn Pizza
- September 19 Community Clean-Up from 9 am to 2 pm at London Drugs Parking Lot
- September 28 Board of Directors Meeting from 7 pm to 9 pm at Charlesglen Toyota



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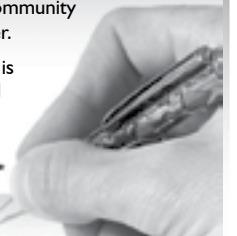
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Please Note:

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those for the Community Association or the publisher of this newsletter.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so. Thank you.

Disclaimer





The types of foods and snacks that children bring to the classroom can have a major impact on their learning. They can make the difference in a child's focus and engagement throughout the day. For busy parents who need to get out the door quickly in the morning, it can be difficult to throw together a brain-boosting, fully-packed lunch without the right ingredients or cooperation from their kids. Here are some quick tips for parents to start the school year off right with healthy, smart lunch ideas:

Tip 1: Have your food groups covered

A balanced lunch to keep kids going all day requires food from all four food groups, including vegetables, fruits, grain products, and dairy and meat alternatives. You can incorporate all of these elements with creative ideas like a take-to-school taco bar, or a healthy spin on a classic like baked chicken nuggets with fresh cut veggies.

Tip 2: Get your kids involved

Healthy lunch choices start in the grocery aisle, so why not get your children involved with this step. Take your kids grocery shopping to educate them on what is considered a healthy choice and let them have a say in what goes into the cart to give them a sense of empowerment and responsibility. This way when these items end up in their lunch boxes they will be familiar and excited to eat them.

Tip 3: Choose brain foods

It's important to give kids food that will keep their energy and concentration levels high, rather than packaged foods loaded with sugar and sodium that will make them crash before the end of the school day. Choose grab-and-go snacks like Greek yogurt with home-made granola, or apple slices with almond butter.

— News Canada



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REPORTER - EDITORIAL POLICY
the official newsletter of the Rocky
Ridge Royal Oak Community Association

All content appears at the discretion of the Board as well as Mind's Design Publishing. All copy may be edited due to space as well as grammar and usage.

We welcome all community content including Community Event listings, area schools updates, good news stories, Senior and Youth content and Letters to the Editor. The editor welcomes and encourages writers from our community to write for this newsletter; either one-time articles or ongoing columns.

Political representation is accepted but limited to elected representatives of this community (ie: if their name appeared on a ballot and they were elected).

Submission Deadlines: community content is due on the 8th of the month for the following month's issue. Articles should be no more than 500 words in length.

Photographs are welcomed from both local professional and amateur photographers for inclusion on the cover or inside the issue. Please email high quality JPEGs to the Editor (email attachments are acceptable). We cannot pay for photos but will give credit as the photographer's personal name.

All advertising enquires should be directed to newslettersales@mindsdesign.ca. Advertising is due on the 15th of the month for the following month's issue.

Your Official Newsletter Community

RRROCA Fall Cleanup



Sept. 19
9 am-2 pm

Community Cleanup

By Teree Young, RRROCA Director of Events

RRROCA is partnering with The City of Calgary and London Drugs for the second year in a row for our Community Cleanup, **Sept. 19 from 9 am to 2 pm.**, in the London Drugs parking lot (8888 Country Hills Blvd. NW).

We are so pleased to have London Drugs join us again this year with their recycling partner, Global Electric Electronics Processing (GEEP). They will be accepting items such as electronics, small home appliances, non-food related Styrofoam, batteries and Light bulbs. London Drugs also accepts inkjet and laser cartridges, plastic bags, CFL bulbs and fluorescent light bulbs (up to 4 ft). These and many other

items can be dropped off year-round at London Drugs for responsible recycling as part of their What's the Green Deal program. Visit www.greendeal.ca for more information about recycling options at London Drugs.

CPAA will be there to take your household goods. Habitat for Humanity will take away your left over renovation materials, large furniture and appliances less than 10 years old. Last year many people asked about tire and bike recycling so we invited Cutting Edge Tire Recycling to accept any rubber tire, with or without rims. Good Life Bicycle Shop and Bicycles for Humanity will accept bicycles in all shapes and sizes

for restoration and redistribution here in Calgary and overseas. Have a Car Seat you need to get rid of? Bring it to Kid Seat Recyclers, striped of the fabric and straps and they will recycle it for a small levy of \$7. As always, the city will station 2 dumpsters in front of London Drugs: one to throw away your trash, another dumpster for organic yard waste.

Be sure to check our website, www.rrroca.org, for detailed info. on what is accepted by each participating group.

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Planning and Development update

New Community All Season Park

By Dave Spencer, RRROCA Director of Planning and Development



RRROCA has developed a new concept plan for an exciting community park to be located on reserve land east of the baseball

diamond and the new middle school off Royal Oak Way. Residents may recall initial plans proposed by RRROCA in 2013 for a hockey rink in this area. While the community all season park still features a 65x150 foot lit hockey rink with boards and protective fencing, the park is now envisioned to include amenities that will entertain residents of all ages throughout the year. Please note, that to be respectful of neighbours the rink has been positioned close to the road and efficient lighting system will shut off at 10 pm.

Thanks to many committed volunteers working a number of casinos, RRROCA has sufficient funds to cover this first phase of the project, which will include the hockey rink, servicing and parking lot. RRROCA is now in the process of applying for additional grants to pay for future phases, which may include a pleasure skating surface, a warming pavilion for skating and shelter for summer events; a looped pathway system with adult/senior fitness stations and nature play for kids; a



community garden, possibly orchard, with accessible raised garden plots; a storage shed for gardening and rink equipment storage; picnicking areas and benches. The area will be landscaped and a berm will be carefully constructed to screen the rink. In addition to potential grant money, RRROCA will continue to work casinos to fund these future phases. Residents looking for ways to support this initiative might consider volunteering for RRROCA's upcoming casino in October by contacting volunteer@rrroca.org.

When the project was first conceived in 2013, RRROCA consulted with adjacent neighbours regarding initial plans. This early feedback has been incorporated into

the new concept plan and it is RRROCA's intention to close the loop and meet with neighbours who reside within the site lines of the plan. If you fit this description but have not received an invitation to meet, please contact us at communication@rrroca.org. Once this follow up consultation has taken place with adjacent neighbours, the concept plans will be updated and posted to our website. Please check out the October issue for updates. Board representatives will also be on site at the September 13th 3 on 3 hockey tournament to answer any questions you might have. In the meantime, we would welcome your thoughts. Take a minute to visit www.rrroca.org and complete our quick survey.

Family Fun Day

THE GENERATIONS OF HOPE FERTILITY

ASSISTANCE FUND is hosting their Family Fun Day at Olympic Park on Sunday September 20, 2015 from 11 a.m. - 3 p.m. rain or shine. Admission is free and organizers hope that Calgary families will come out to the event to celebrate and support the Fund. The event will feature fun indoor and outdoor events for the entire family with face painters, carnival games, stage shows, crafts, and a petting zoo.

Free!

SEPT 20, 2015 11AM - 3PM, CANADA OLYMPIC PARK

Your Official Newsletter

Community

Things to do

Army Cadets - Free Adventure for Boys and Girls

By Captain Johnny Mo,
Commanding Officer, 2512 KOCR RCACC

Not many people realized that there is a free program called the Army Cadets. There are NO fees of any kind ever! In fact, Cadets earn \$360 for a 6 weeks summer course and can earn up to \$4,116 as staff instructors.

Services: Promotes citizenship, leadership, physical fitness, sense of pride and stimulates an interest in the Canadian Forces, for boys and girls aged 12 to 18 years. Provides fundamental training, map and compass, orienteering marksmanship and fieldcraft-bushcraft, public speaking, drill, first aid, canoeing, winter survival, and weekend exercises. The Cadet is issued the uniforms provided on loan and training materials at no cost. No fees whatsoever. Positions for summer camp available but must join before December. (Camp positions are limited) Going to Vimy in 2017!

Army Cadets 2512 King's Own Calgary Regiment - Royal Canadian Army Cadet Corps

Phone: 403-456-2012 - Corps' Office

Email: 2512army@cadets.gc.ca

Website: <http://www.kocr.ca>

When: Tuesday, 6:00pm - 9:00pm (Sept-June)

Where: Bow Valley Baptist Church Cochrane - Large room

*Free Adventure for Boys and Girls
12 – 18 years old*



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Further details: Deborah Laxton T.C.R.A.D., R.T.S., A.I.D.T.A
www.thedeborahlaxtonschoolofdance.ca or tel: 403 475 9952



“Many people think of Cadets as preparation for a career in the military, but it is really about preparing for life; about developing skills, the qualities and the confidence that will allow these young people to prosper and contribute to the Canada of tomorrow.”

– Senator Art Eggleton, former Minister of National Defence.

Fostering leadership, citizenship, self-reliance, physical fitness, and respect for others in Canadian youth.

<http://www.kocr.ca>





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RRROCA CONTACTS

Names and Emails

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Rocky Ridge Royal Oak Community Association

Phone: 403-771-8979 **E-mail:** communications@rrroca.org
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Website: www.rrroca.org



The REPORTER, the official newsletter for both Rocky Ridge and Royal Oak, is published 11 times a year by Mind's Design Studio and is delivered to the all residents and local businesses by



RRROCA Board of Directors

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Director of Volunteers	Frances Kalu.....	volunteer@rrroca.org
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Director of Transportation	VACANT.....	transportation@rrroca.org

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Fitness Classes	Leah Melnyk.....	fitnessclasses@rrroca.org
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Councillor, Ward 2 (Royal Oak)	Joe Magliocca.....	joe.magliocca@calgary.ca
CRC	Heather McKay.....	Heather.McKay@calgary.ca
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VOLUNTEER CORNER



By Frances Kalu, RRROCA Volunteer Director

A huge thank you to all the volunteers who help make our events a success. We had 100 volunteers help out at the Stampede Breakfast! Special thanks to our volunteer lead, Jennifer Simon,

and our band of 15 young volunteers; your enthusiasm was great. We will be having a Volunteer Appreciation Day on September 13 at Brooklyn Pizza . . . we hope to see you all there.

To continue supporting the community association and rolling out the events that we have planned for the future, we require volunteers for the following positions. If you are interested, please send an email to volunteer@rrroca.org.

3 ON 3 HOCKEY (Sept. 13)

Our first ever 3-on-3 adult hockey tournament will be held on September 13 and we are looking for volunteers to help with the even. Specially, volunteers would work as referees, time keepers and possibly man a grill.

COMMUNITY CLEAN-UP (Sept. 19)

Volunteers required to direct events on this day to help make our community environment cleaner.

CASINO (Oct. 10 and 11)

A casino coordinator is urgently required to help plan and organize this year's casino event. You will be in charge of scheduling volunteers and making sure the event runs smoothly.



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Membership Application & Renewal Form

NEW Membership Membership RENEWAL

Your personal information will be used for Association purposes only and will NEVER be given to third parties

Last Name:	
First Name:	
Address:	
Postal Code:	
Phone:	
Cellphone:	
Email*:	
Updates by email:	<input type="checkbox"/> YES <input type="checkbox"/> NO <small>If you choose "No" to this question your email address will be on file but will NOT be used to communicate Association news or important updates.</small>

*Please note your email address will be used to communicate your membership number.

YES, I would like to volunteer my time, interest or experience in the areas of:	
Communications	Such as web / internet, social media, newsletter, road signs, etc. <input type="checkbox"/>
Programs	Such as sports, recreational, fitness, special events, etc. <input type="checkbox"/>
Civic Advocacy	Such as planning & development, transportation, schools, etc. <input type="checkbox"/>
Fundraising	Such as casino, grant applications, donations, etc. <input type="checkbox"/>
Amenities	Such as buildings, sports facilities, parks & playgrounds, pathways, etc. <input type="checkbox"/>
Other (please specify):	<input type="checkbox"/>

Note: Memberships are based on calendar year and are valid from January 1 to December 31

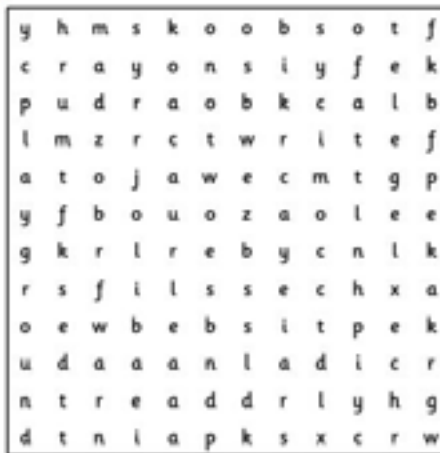
NEW MEMBERSHIP & RENEWAL: \$30.00

If your membership is not kept current by Feb 28 after it expires it will be deleted and a new membership will need to be purchased.

Send this form and your cheque (payable to Rocky Ridge Royal Oak Community Association or RRROCA) to:

RRROCA – Membership: PO BOX 91009, RPO Royal Oak Calgary AB T3G 5W6

Volunteers are also needed to help us successfully run our casino event on October 10 and 11. Apart from having a lot of fun, you will help the association raise funds needed for capital projects in the community.



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RRROCA
3 ON 3 BALL ADULT HOCKEY TOURNAMENT

Get Your Team Together For The Road Hockey Event Of The Year!

When Sunday, September 13, 2015 - 10am to 2pm

Where Tournament at London Drugs/Brooklyn Pizza Parking Lot
After Party at Brooklyn Pizzeria and Taps from 2 pm to 4 pm

Team Details \$40 per team
(1 team member must be an active RRROCA member, all members 18 years and older)
Teams of 4 to 5, 10 teams, 5 rinks, 2 amazing prize packages and countless great moments

Prizes Grand Prize: Personal training package from Vagus Fitness!
Second prize: London Drugs Gift Card

Details on RRROCA.org

Proudly sponsored by Vagus Fitness, London Drugs and Brooklyn Pizzeria and Taps

Community Crime Report

Over the summer there have been a number of nighttime break and enters. Method of entry was through unlocked doors or open garage overhead doors. This crime is totally preventable! There were no reports of any violence, but the potential is always there when culprits enter your home when you are sleeping. Make sure you lock your doors at night and remove the garage door opener from your vehicle if left in the driveway.

There have also been a number of vehicle break ins where vehicle doors were left unlocked. Once again, this crime is totally preventable, so be aware and take the time to secure your vehicles.

Covering May 70 to August 7, 2015

Crime	Rocky Ridge	Royal Oak
Arson	-	-
Assault	1	2
Attempted Murder	-	-
Commercial Break-in	1	-
Homicide	-	-
Residential Break-in	1	4
Robbery	-	-
Sex Offence	-	-
Theft	11	12
Theft from Vehicle	12	21
Vandalism	1	6
Vehicle Theft	6	12

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Any questions, please contact us at info@mindsdesign.ca

GET MORE FROM YOUR COMMUNITY NEWSLETTER!





Back-to-School Safety: Are you ready?

By Jessica Asuquo, RRROCA Director of Safety

Summer is nearly over and back-to-school season is in full swing! Our community roads have become much busier, with cars, bicycles, buses and pedestrians. There are hundreds of children going to our community school, and a lot more going outside the community. Staying safe this school year should be a priority, and safety is everyone's responsibility! So are you ready?

To ensure a safe school year, see below a list of some back-to-school safety tips.

DRIVERS

- Always stop when you see school bus lights flashing

Stop at least 20 meters behind the school bus and wait until flashing stops

- Observe posted speed limits and safety signs

Every school has posted speed limits, school zone signs, marked crosswalks, and 'No Parking' zones. Please obey accordingly. It's common to see the police issuing traffic violation tickets to drivers in the Royal Oak Elementary School zone. School zone traffic tickets can cost up to \$600!

- Obey school traffic patrollers at all times

Most traffic patrollers in Calgary are children. Obey them whether you think they are right or not. Children believe that their school traffic patrollers will only let them cross if it's safe

- **Expect the unexpected**
Children have a limited sense of danger. It is common to see them darting across the road from between parked cars! Be alert at all times, be prepared to stop.

- **Slow down**

About 5% of pedestrians will be killed in a collision if driving at 30km/h, about 55% if driving at 50km/h and about 90% if driving at 60km/h

PARENTS

- Teach your kids traffic safety and school bus etiquette

- Walk your child to school or bus stop if possible, especially those under the age of nine.

- Ensure that kids going to school or bus stops by themselves are familiar with the route and know how to use the road safely.

- Discuss with your child what to do in



event of an emergency. Ensure that your child knows your phone number, and home address. Also let your child have the phone number of someone else to call if you cannot be reached.

- Teach your child about stranger dangers.
- **BE GOOD ROLE MODELS!**

These tips are minimum precautionary measures. You can always do more to ensure an injury free school year!

Do you have questions, comments, ideas or suggestions for your community safety? Please send an email to safety@rrroca.org

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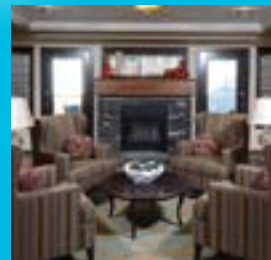
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Stars Tonight
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Back by popular demand, Stan Foster will sing our favourite songs by request.

Mysteries of the Orient
Wednesday, September 23rd at 6:30 p.m.
Join us as we go on an ancient journey of Asia, Petra, Cambodia, Constantinople, and the Indus Valleys.

Mysteries of Europe and the Mediterranean
Wednesday, September 16th at 6:30 p.m.
Join us as we learn about the Myths & Legends of Egypt, Greece, England, Stonehenge & Delphi.

Mysteries of the Americas
Wednesday, September 30th at 6:30 p.m.
Join us as we explore the Vanished Civilizations of the Incas, Lacta Pata, Anasazi, Moche & Mayans.

For a complimentary tour or to RSVP for an event, please call 403 • 930 • 4848 or Info@RockyRidgeRetirement.com

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Community

Thank you!



A Big Stampede Thank You

By Teree Young, RRROCA Director of Events

We would like to take this opportunity to thank all our generous sponsors and supporters for their time in making our Triple RRR Stampede Breakfast a tummy filling, entertaining, roaring success! We are grateful for your generous donations in sponsoring the food, grills, vendor tables, photo booth and Green Calgary.

An estimated 3,400 people attended this annual community breakfast on July 4th! After being served awesome pancakes and sausages, the attendees intermingled and participated in the family entertainment, including line dancing, bouncy castles, and children's crafts. Our Show Case Corral of vendor's

and mascots received an enthusiastic response adding value to the morning's experience with Triple R's photo booth giving families an opportunity to capture the moments!

Striving to make our event 100% green, we achieved an overall recycling of 214.50 kg being diverted from the landfill. We are fortunate to have such a caring and compassionate business and neighbourhood community.

Thank you once again to all our generous sponsors, numerous volunteers and our committee members working hard bringing events to our community!



RRROCA and RRRHA would like to thank the following sponsors and supporters:

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Homeowners Association

ROCKY RIDGE RANCH

Your Official Community Newsletter

Rocky Ridge Ranch Homeowners Association

10709 Rocky Ridge Blvd NW Calgary, AB T3G 4G1

Phone: 403-547-6633 Fax: 403-547-6634 www.rrrha.ca officeadmin@rrrha.ca

Ranch Centre Hours: 9:00 am - 10:00 pm

Office Hours: Mon: Closed • Tues: 10:00 am – 7:00 pm • Wed: 8:30 am – 4:30 pm

Thu: 8:30 pm- 4:30 pm • Fri: 9:00 am – 1:00 pm • Sat: 9:00 am – 1:00 pm

Sun: Closed and closed on all statutory holidays

The RRRHA Mission Statement:

To enhance the value and properties of Rocky Ridge Ranch through judicious self management of all lands, properties and assets and to enhance the programs made available through our Ranch Centre which best serve our community's diversity, providing additional homeowner value and benefit.

Notices

Hall Rentals: Planning a birthday party, Wedding, or meeting? You can check the availability and pricing of our hall rentals by calling 403-547-6633 or checking our website www.rrrha.ca. We allow members and non-members to rent our halls, however non-members pay a higher rate.

Clubs

Rocky Ridge Rockers: Everyone 50 and older from Rocky Ridge and Royal Oak is invited to join us for coffee and conversation every Tuesday from 1:30 – 3:30 pm in the upper level of the Ranch Centre. It is a great way to meet your neighbors. Feel free to bring a craft or quilting project to work on.

Parents and Tots: A group of parents get together every Tuesday morning, from September to June, in the lower level of the Ranch Centre at 9:30. Meet other moms in the community while your child(ren) play with other kids their age. A \$1 donation per child is required to attend. For the most up to date information about the group, join the Facebook group called parents and tots at the ranch. <https://www.facebook.com/groups/parentsandtotsattheranch/> See you in September.

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Why not try Geocaching!

If you've never heard of it, it is actually an activity loved by people of all ages across the globe. Best of all, it's practically free to do, is a great way to get some exercise and is especially good as a family activity right up until the snow flies.

For more detailed information, visit www.geocaching.com.

Check out next month's newsletter for an article on Geocaching.



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HOW TO PROTECT YOURSELF

The Calgary Police Service is warning the public of a number of scams and frauds in Calgary, including loan scams, on-line rental scams, utility scams and Canada Revenue Agency scams. In these scams, offenders contact victims by phone and pose as legitimate businesses in order to obtain money from victims. In 2014, there were 35 victims in Calgary for a total of \$60,000. This year, there have been approximately 20 victims to date who have sent money in amounts ranging from several hundred to several thousand dollars.

You can protect yourself from falling victim to these scams by remembering the following:

- If you receive a phone call, email or text message from a business demanding money, don't feel pressured to respond right away.
- Verify these requests by obtaining credible contact information for the organization, either through an online search or using the phone book. Don't rely on the contact information provided.
- Never transfer money or give out financial information until you can verify that the request is legitimate.
- Never provide personal information such as your Social Insurance Number, bank account information or credit card numbers to a business or individual without being completely certain that they have legitimate reasons for needing that information.
- Install or update anti-virus software on your computer.
- Change your passwords frequently, and never use the same password for all your accounts.
- Please note that a legitimate business will never ask you to send cash or prepaid credit cards as payment.

Have you lost money to a scam or fraud? Call the Calgary Police Service non-emergency number at 403-266-1234 to report. If you are not a victim but know of a potential fraud, contact the Canadian Anti-Fraud Centre at 1-888-495-8501.

Help protect our community by sharing these tips with your family and friends.

Happy Birthday to Our Little Free Libraries

By Carla Knipe, Little Free Library Steward

On September 17th, our two RRROCA-sponsored Little Free Libraries celebrate their first birthday!

The libraries are located next to the entrance at the “pirate park” on Royal Oak Drive (across from the ponds and the gazebo) and in Rocky Ridge at the corner of Rocky Ridge Drive and Rocky Ridge Blvd near the Ranch Centre. The Little Free Library next to the playground at Royal Oak School was installed separately and was a joint project between RRROCA, Calgary Reads (who donated the building) and Royal Oak School. As steward for these Little Free Libraries, I have seen them be wholeheartedly embraced by our community over the past year. I think what is most appealing is that they are open 24 hours a day (with no late fees!), and their accessibility makes it easy for anyone to grab a great read. You will never know what you will find!

I have had several large book donations from people who were moving and decluttering, which I store and then take a random selection every so often to top up the libraries when needed. I very much appreciate everyone who donates books. If you have a book that others might enjoy, pass it on! But, Little



Free Libraries are more than books; feel free to donate family-friendly DVDs, compact discs, small games and puzzles, colouring books, and magazines (with any identifying address label rubbed out). Also, if you have taken a book and are finished reading it but do not wish to keep it or pass it on to a friend, please return it so that others can enjoy it too.

One of the greatest joys of being a steward is the satisfaction I get from seeing the sense of community develop around them. When someone tells me how much they enjoy visiting them I admit that I do get a warm feeling inside. I am just so glad that others in our community share my love of reading! I have also met other library stewards in Calgary and we all love to share ideas and tips with each other. We are all amazed that these little buildings have become

so warmly welcomed by Calgarians and their popularity is still growing. There are now 150 Little Free Libraries and counting in our city. If you would like to visit them, the printable map can be found if you search on the Internet for “Little Free Library Calgary map”. Not only that, there are now over 30,000 official Little Free Libraries throughout the world. You can search for them at <http://littlefreelibrary.org/ourmap/> and also find out more about how Little Free Libraries promote literacy, especially in areas where access to traditional libraries is limited or non-existent.

Thank you everyone who has made our community LFL's such a success during their first year. Long may it continue! Please let me know about any feedback or ideas you have about our Libraries—any input is greatly appreciated.



Pet licensing is more than just your pet's ticket home

Your annual pet licensing fee helps us reunite you with your pet if it is ever lost and it helps to fund many programs that help us find homes for lost pets that don't have families.

Every week, The City of Calgary takes in an average of 70 lost pets. Of those, 80 per cent of dogs and 50 per cent of cats are returned to their owner. But those animals that are not claimed depend on the shelter for support. The programs we have in place

allow us to feed and shelter impounded animals and prepare them for successful adoptions by providing:

- Behavioural assessments
- Vaccinations
- Microchips
- Spaying or Neutering
- Dental care



To learn more about the benefits of pet licensing visit Calgary.ca

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Cochrane is the charming small town you've been looking for. A place where people are proud to know their neighbours, where shops close early, and children walk to school.



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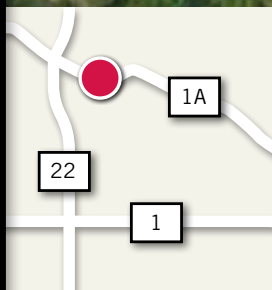


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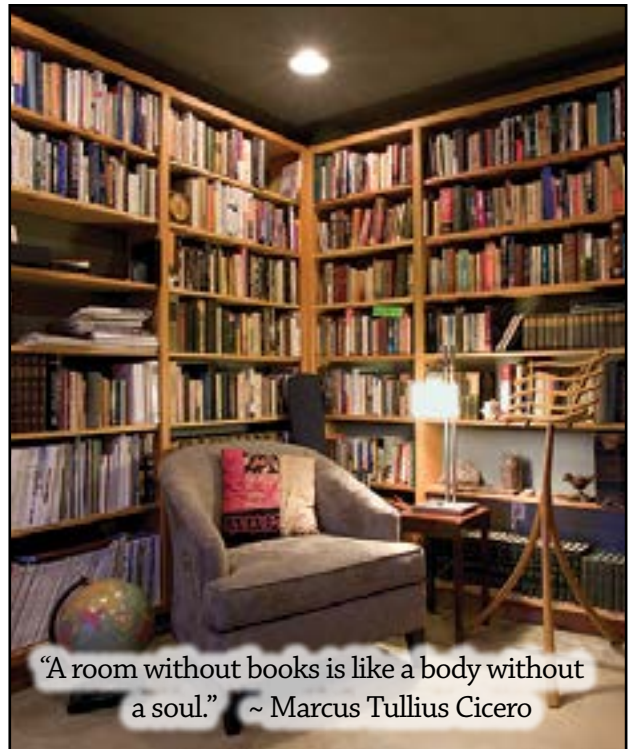
HEALTHY PEEPERS

The classroom is a place for children to learn and grow, but for those with a vision problem, it can be a real challenge. According to the Canadian Association of Optometrists, one in four school-aged children has a vision problem.

While experts recommend school-aged children receive an eye exam once a year, parents and guardians should be on the lookout for indicators of possible vision problems between visits. Watching for the following behaviours as a possible sign of a vision problem:

- Excessive squinting
- Lack of interest in reading things near or far
- Difficulty concentrating
- A constant tilting of the head
- Frequent eye rubbing
- Constantly knocking over toys
- Bumping into things

— News Canada



"A room without books is like a body without a soul." ~ Marcus Tullius Cicero

Responsible pet ownership in parks

With autumn in the air, dog owners are still enjoying being outside. Knowing and adhering to the regulations in the Responsible Pet Ownership Bylaw 23M2006 helps to ensure that dogs are not being a nuisance in the community and dogs and citizens are safe. The City of Calgary's Off-leash Ambassador program in Animal & Bylaw Services (ABS) is sponsoring two events this fall to promote public awareness of responsible dog ownership in our off-leash areas:

2nd Annual Community Working Dogs Day

Saturday, September 19 from 11 – 2 at Bowmont Park: Bring your family, come meet and learn about working dogs that keep your community safe. Bring your camera and have your photo taken with the dogs, the handlers and Mayor Nenshi!

FREE Dog Recall Training

Saturday, October 17 from 10 – 4 (4 sessions) at Falconridge Park. We are offering tips and techniques to help you keep your dog under control in designated off-leash areas. For details and to submit an entry, go to <http://bit.ly/YCOffLeash>

Animal & Bylaw Services would like to remind dog owners of the following:

- When off of their owner's property, dogs must be on a leash unless in a designated off-leash area.
- When in designated off-leash areas, dog owners must ensure their dog is under control, is within their sight and responds to commands.
- Parking lots adjacent to off-leash areas are on leash.
- Owners are responsible for picking up all waste produced by their dog.
- Dogs are not allowed in school grounds, playgrounds, sport fields, golf courses, cemeteries, wading and swimming areas, and other areas prohibited by signs.
- Dogs must be walked on the right hand side of the pathway on a leash that is no more than two metres in length and must not interfere with other pathway users.
- Owners cannot cycle, in-line skate or skateboard on a pathway with a leashed dog.
- Dogs must not enter or swim in any body of water within a park except a river that runs through, or is adjacent to, a City park.
- Have and wear a City of Calgary licence when the dog is three-months-old

Thank you for being responsible dog owners and valued community partners.

For more information about the Responsible Pet Ownership Bylaw, visit calgary.ca/animalservices or contact 311.



Babysitter Registry

By Angela Carter

Looking for a babysitter? Or, looking to put your babysitter credentials to work?

We are pleased to offer a Babysitter's Registry to help match RRROCA families with qualified babysitters, who hold a valid babysitter training certificate.

For Parents Seeking Babysitters

First, you will need an active RRROCA membership. Please visit our website at www.rrroca.org to register. Secondly, we don't publish the list of babysitter names but they will be provided to families upon request, once your membership status is confirmed.

RRROCA will not be pre-screening, sanctioning, or verifying any credentials for those babysitters using this service. As the parent/employer, you take on full responsibility for interviewing, screening and hiring the babysitters for your child.

Please contact babysitting@rrroca.org to get connected to a qualified babysitter today!

For Teens Seeking Babysitting Work

We have plenty of demand for qualified babysitters so please get in touch! First, your family will need to have an active RRROCA membership. Secondly, all babysitters on the registry are required to have a valid babysitter training certificate, regardless of age. Once you have these:

- Complete the appropriate Babysitter's Waiver Form: for youth ages 11-17, or for 18+ years. These forms can be found on our website www.rrroca.org. Note: youth ages 11-17 years will require a parent/guardian's signature on the waiver form.
- Send a photocopy of your Red Cross or Child Safe Babysitting Certification, along with your completed waiver, to babysitting@rrroca.org
- The Registry Coordinator will be in touch to confirm your acceptance to the registry.

For any questions, please contact babysitting@rrroca.org.

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Contact Sarah: Please visit my website for more information:

www.members.shaw.ca/rossington

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YOUR COMMUNITY ANNOUNCEMENTS

SEPT. 15

HAPPY 4TH BIRTHDAY BRIELLA!
WE HOPE YOU HAVE A TRULY MAGICAL DAY!

Love Mommy, Daddy, Bradley and Kaylee

SEPT. 19

HAPPY 6TH BIRTHDAY BRADLEY!
WE HOPE YOU HAVE AN AMAZING DAY!

Love Mommy, Daddy, Briella and Kaylee

SEPT. 26

HAPPY 7TH BIRTHDAY VICTORIA!

Love, Mom,
Dad and Lillian



Do you have a birthday or anniversary to celebrate?

Or perhaps a graduation, wedding, new baby or engagement announcement? Why not share these special milestones with your community? Please send your announcements and photos to newsletter@rrroca.org by the 8th of the month to be included in the next month's newsletter, and yes, **it's FREE.**

To place your announcement, email newsletter@rrroca.org



**WARD 1 COUNCILLOR
Ward Sutherland**

Phone: 403.268.2430
Email: ward01@calgary.ca
Web Site: www.Calgary.ca/ward1

HELLO WARD 1 NEIGHBOURS!

On July 27, council passed by a 12-3 vote the Paskapoo Slopes development. The following selected excerpts were taken from a Calgary Herald article, A fine balance on Paskapoo (2015, July 24), written by the Calgary Herald Editorial Board.

There was just no way any plan for the Paskapoo Slopes could please everyone... The bottom line is that Trinity Hills owns the land, and it is obviously unrealistic to expect that it would simply be allowed to lie financially fallow... The size of the land is 105 hectares, and only one-third of that would be developed...

Those who complain, à la Joni Mitchell, that council is poised to approve the paving of paradise, are simply wrong. Gone are the days when “paradise” was paved over with no thought for environmental concerns. The plan for a public regional park on the rest of the land attests to that, especially given the city’s pledge to invest \$3 million in improvements to the future park with a guarantee of maintenance.

Equally balanced are the amendments council has proposed out of concern for designing the buildings so as to be sensitive to the area’s history and the Blackfoot culture, as well as to the development’s effect on wildlife. We agree with Coun. Richard Pootmans that this is the best option for the Paskapoo Slopes because the status quo — leaving it alone — just can’t happen. That ship sailed long ago ... If city planners and the developer agree to council’s amendments, then the goal of being sensitive to diverse and many needs will be well on the way to being met.

View the full article: <http://calgaryherald.com/opinion/editorials/editorial-a-fine-balance-on-paskapoo> or learn more: <http://www.calgary.ca/councillors/ward-1/Pages/Ward-1-topics.aspx>

Kind regards,
Ward Sutherland



**WARD 2 COUNCILLOR
Joe Magliocca**

Phone: 403.268.3280
Email: ward02@calgary.ca
Web Site: www.Calgary.ca/ward2

HAPPY FALL WARD 2 FRIENDS!

Hope you all had an incredible summer and are ready to take on September.

It can be a challenge to come off the summer highs and get back into the day to day routine, especially the first few weeks of September.

But with kids in school and parents back to work, that means more cars on the road, more traffic and congestion and more waiting and frustration.

I want to remind you all to slow down and give yourself enough time for your daily commute. Planning ahead and making small changes (like dropping kids off at school a bit earlier) will insure you get to where you’re going safely, but will also reduce the chances of an accident.

Please also pay extra attention to street signage in and around schools zones like (No Parking, Slow Down, Reduce Speed, Bus Stop, etc.) these are there for a reason and can help reduce congestion, confusion and accidents immensely if followed properly.

JOE’S TIP:

Use caution on the roads when driving and watch carefully for children as they make their way to and from school. Kids can appear suddenly out of nowhere. Being alert and following the posted speed in school and playground zones will improve your reaction time.





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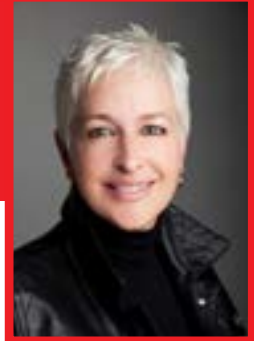
North-East Corner of Royal Oak Drive and Rocky Ridge Road, next to Royal Oak Victory Church and Church of Jesus Christ of Latter-day Saints.





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MARKET REPORT: continued weakness in housing demand will limit downward pressure on supply levels and cause prices to ease in the second half of the year, CREB said in its 2015 mid-year forecast. Despite this anticipated retraction, Calgary's benchmark prices are only expected to decline by less than one per cent on an annual basis.

Overall sales activity in Calgary is forecasted to total 19,798 in 2015, a 22 per cent decline relative to last year, but only six per cent lower than average activity over the past five years. Dramatic swings in new listings during the first half of the year caused inventory levels to rise, but by June, they remained below previous highs. Over the second half of the year, inventory levels traditionally ease as we move toward the fall and winter markets. However, this year housing supply levels are expected to remain relatively elevated due to improved selection in the rental markets, completion of projects under construction, and an easing in the rate of decline in resale new listings. While some price moderation is expected moving forward, it should be noted that it's not going to be the double-digit decline that some have suggested. In part, this is related to the limited supply in the market moving into this next cycle. Also, the forecasted pullback in employment and migration is not going to be as severe as what occurred last time we recorded significant price declines. Calgary's residential benchmark price is expected to average \$448,354 for 2015, a modest 0.20 per cent decline over 2014.

While slower demand is impacting all sectors of the market, the apartment sector is expected to record the largest pull-back in both sales and price growth in the second half. Challenges in this segment are linked to the rising supply in competing markets. There is more selection in the detached and attached segments, which makes it difficult to attract buyers. Meanwhile, activity in the detached segments will continue to vary based on price and location. Continued weakness in demand relative to supply levels, particularly in the higher price ranges, are expected to cause aggregate detached benchmark home prices to decline in the second half of this year. However, annual prices are expected to remain relatively unchanged compared to last year.

As with any market forecast, there are several factors that could influence the outlook. On the upside, if there is no further deterioration in the economic climate, it's possible that the pullback in housing demand could be less severe. In this scenario, potential buyers who are in the market may decide to take advantage of higher supply levels and overlook short-term risks in favour of the positive long-term outlook. This possibility could keep market conditions relatively balanced in the second half and prevent any further price declines.

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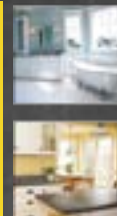
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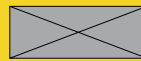
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